### **Free Topics**

#### Pharmacy Service in Slovenia

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In general, pharmacy services include:

- 1. Dispensing drugs and medical devices
- 2. Advice on selection and use of drugs and other products
- 3. Preparing "ex tempore" prescriptions for individual patients
- 4. Obtaining the assortment and quantity of drugs and medical devices relative to current needs
- Storing drugs, medical devices, and other products in appropriate conditions
- 6. Replenishing stocks of drugs in accordance with dates of expiration, permission of approval, etc.
- Professional eradication of expired drugs, pharmaceuticals, or other substances.

The general population, health centers, and other facilities are supplied by community pharmacies. Supplying drugs, medical devices, and other nursing care products to hospitalized patients is performed by hospital pharmacies.

Pharmacists also are trained to prepare demineralized water and other nursing care products. Some pharmacies have galenical and analytical laboratories. The galenical labs produce medicines and other products according to the appropriate regulations. Their main advantage is that they can tailor their production to the day's needs, and are capable of producing the majority of dosage forms. The production processes and drug testing are controlled by qualified specialists. Personnel in analytical laboratories are also trained in the qualitative and quantitative determination of substances not used in drugs.

When planning a reasonably cost-effective program for a catastrophic or military situation, the current healthcare system should be taken into account, as well as the practical experiences of pharmacists with special governmental stocks (SLO) in case of dire need.

Keywords: approval; communities; devices; drugs; formulation; hospitals; laboratories; nursing care; pharmacies; processes; production; stock; testing

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# Development of Pharmacy Services Within the Military Health Service

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Pharmaceutical service falls into the category of healthcare as an important discipline within the structure of the state defense that provides suitable sanitary material, sanitary sets, and medications for the dispensaries in order to ensure efficient work during a peaceful period as well as during war. The importance of the pharmacy in military and combat structures changes together with the development of science and the profession, as well as with the changes in geopolitical situations. At present, the service in the Republic of Slovenia is not fully defined by laws. And neither the conditions defining its activities nor its cooperation with the

authoritative institutions in the field of healthcare and pharmaceutical activity are fully satisfactory. The integration of Slovenia into NATO brings new demands in the field of organization and standardization of the pharmaceutical service.

Within the unified Military Health Service, the pharmacy service should gain the place it deserves, although forming and organizing the Military Health Service will be a long process. Therefore, the tasks to be carried out by the pharmaceutical service in the future are not yet fully defined, because it would be necessary to change the legislation in the field of healthcare in order to regulate its status.

Such a new organization will enable a wholesome level of sanitary care in compliance with the size and structure of the Slovene army whether in constant readiness for war or during wartime. It will also enable care during a state of emergency and during international operations. In addition, it will facilitate a wholesome level of healthcare of the military staff and employees of the Ministry of Defence. Cooperation in assuring high-quality healthcare during a state of emergency will be based on the internationally recognized standards within unified healthcare in the Republic of Slovenia.

Unfortunately, one cannot compare the pharmaceutical service in the Slovene Health Service with that of NATO members, mainly because of stricter legal regulations and organization of this service in these countries.

Keywords: army; health services; international operations; legislation; medical care; military; Ministry of Health; NATO; pharmacy services; Slovenia; standardization; war

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#### Hospital Pharmacy in Slovenia

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Supplying drugs, medical devices, and other nursing care products to hospitalized patients is performed by hospital pharmacies.

In general, hospital pharmacy services includes:

- 1. Dispensing drugs and medical devices
- Advising on selection and use of drugs and medical devices
- 3. Preparing "ex tempore" preparations for individual patients
- 4. Obtaining the assortment and quantity of drugs and medical devices regarding the current needs
- 5. Storing drugs, medical devices, and other products in appropriate conditions.
- 6. Replenishing stocks in view of expiration date, permission of approval, etc.
- Professional eradication of expired drugs or other substances.

In hospital pharmacies, drugs are prepared for individual parenteral and enteral use, while some have organized laboratories for potential solutions. Some pharmacies have galenical laboratories. The galenical labs manufacture drugs or other products according to the appropriate regulations. **Keywords**:

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## Supply of Medicinal Products in the Hospital — How Long Can We Hold Out?

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At the University Medical Centre (UMC), medicinal products (MP) and medical devices (MD) are stored at five locations: (1) the pharmacy, (2) clinical departments with their own stock; (3) MD warehouse; (4) national reserves of MP, kept in the pharmacy; and (5) stock of the Defence, Security, and Safety Service in the UMC. The UMC pharmacy has approximately 1,400 MP available in different pharmaceutical forms and substances for the preparation of galenic and "ex tempore" preparations. The supplies of MP are limited and can cover a period of up to 14 days, while the stock of certain imported drugs (such as antidotes and MP used in transplantations) can cover a longer period of time.

In the UMC wards, regular audits are conducted of consumption and storage of drugs and to maintain the cold chain of the vaccine supply. In the UMC pharmacy, the national reserves of MP are stored and updated. The quantity of the reserves is adjusted to a level sufficient to cover three months of consumption by the UMC. However, we are aware of the increased requirements for specific MP that must be met during emergency situations. Good communication, a well-organized transport service, and a high level of awareness among the pharmacy staff members are of key importance for an appropriate supply of MP, and their rapid and efficient distribution to the injured in an emergency situation.

**Keywords**: audit; consumption; disaster; emergency; pharmacy; requirements; storage; stores; supplies; transport *Prebosp Disast Med* 2003:18:s(1)s8.

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### Preparation of Parenteral Solutions – How Far We May Deviate From the Regulations?

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Parenteral therapy is fundamental in the hospital environment, as it allows for rapid introduction of drugs into the body and facilitates a rapid onset of its action. The primary raw materials for the preparation of parenteral products are purified water and water for injections. They are prepared from microbiologically pure drinking water using a special procedure that involves considerable energy consumption. The manufacture of sterile products must be carried out in clean areas, i.e., following extremely stringent preparation requirements to minimize the risk of contamination with micro-organisms, mechanical particles, and pyrogens. Sterile solutions are prepared using sophisticated equipment that is regularly maintained, serviced, and validated. The whole process of preparing these products is supported by appropriate production documentation. All of the products are subjected to quality control and analyses in line with the current regulations.

The proper conduct of the production process requires

highly technically qualified pharmaceutical personnel with thorough knowledge of the principles of quality work in aseptic environments. As a rule, in emergency situations an increased need for sterile solutions occurs, which, considering the small scale of production in a hospital pharmacy setting, greatly affects the dynamics of the process of preparation of the solutions. In view of the fact that the regular market supply of solutions will be hindered or even prevented in emergency situations, it is even more important to preserve the operation of this type of manufacturing facilities.

Keywords: disaster; emergency; manufacture; personnel; preparation; process; production; solutions, parenteral; supplies Prehosp Disast Med 2003:18:s(1)s8.

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### Importance of Aseptic Preparation of Products for External Use

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Good manufacturing practice requires that some medicinal products for external use should be prepared with aseptic techniques. These include: (1) eye preparations; (2) solutions for inhalation; (3) disinfectants; (4) products containing antimicrobials; (5) agents for stimulation of epithelization; and (5) ointments for the treatment of burns. Essential conditions: The area, personnel, equipment, and documentation have to be in line with the current regulations.

For the treatment of injuries and eye diseases and for diagnostic and test purposes, we prepare a broad range of eye drops and eye irrigation solutions in water or in oil and ointments. For ophthalmic surgical procedures, we prepare methyl-cellulose gels in intraocular solution. For the treatment of chronic diseases and for patients in intensive care units, we prepare inhalation solutions that may contain various active substances.

The pharmacy prepares aseptically disinfectants for skin and mucous membranes. Appropriate disinfection is the basic principle of the prevention of hospital infections; the whole system is led and supervised by the Commission for the Prevention of Hospital Infections.

In emergency situations, disinfectants are of special importance, as the risk of spreading of micro-organisms and epidemic outbreaks is greatly increased. In emergency situations such as war, catastrophes, or natural disasters, an uninterrupted supply of aseptically prepared products must be ensured that considers both the nature of the problems posed by the given situation and the requirements to be met in aseptic preparation.

Keywords: antimicrobial; catastrophes; disasters; disinfectants; epidemics; infections; intensive care; intraocular; nebulization; phar-

macy; preparations; topicals Prebosp Disast Med 2003:18:s(1)s8. E-mail: tajda.gala@kclj.si