

# 3A

## NEVER HAVE I HAD SUCH A REWARDING EXPERIENCE

### 1 GRAMMAR Inversion

a Underline the correct words to complete the text.

Mary's Meals is a charity providing food to over one million schoolchildren in developing countries, but <sup>1</sup>not only / *no sooner* does the nutritious meal fill their stomachs, it is also a motivation to attend school in the first place.

<sup>2</sup>*It is rare* / *Seldom* has a single charity done so much to help so many people. The teachers themselves are amazed at the difference in their students: <sup>3</sup>*Never* / *Often* have I felt and seen such a change in my students. They used to be so tired and hungry they found it impossible to learn, yet not once <sup>4</sup>*I heard them* / *did I hear them* complain. Not until they started having a hot lunch every day <sup>5</sup>*did they start* / *they began* to be lively and eager to contribute and participate in class,' says one elementary schoolteacher.

The projects continue to grow. <sup>6</sup>*As soon as* / *No sooner* has one project been set up than we are asked to do something in a neighbouring village or town,' comments one of the volunteers.

The food is sourced locally and cooked by volunteers, often relatives of the children. 'Not in a thousand years <sup>7</sup>*I would think* / *did I ever think* a meal a day could change the lives of these kids so much, but not until every child has a meal every day <sup>8</sup>*can we really stop* / *we will never stop* our work,' another volunteer adds.



b Put the words in the correct order to make comments by volunteers.

- at no time / my old life in the UK / did I miss .  
At no time did I miss my old life in the UK.
- a difference / feel / making / did I / I wasn't / not once .  
\_\_\_\_\_
- kids learn to read / arrived in Bogotá / had / were helping / we / no sooner / than we .  
\_\_\_\_\_
- also made / help a lot of / people, / we / we / did / great friends / not only .  
\_\_\_\_\_
- will / ever forget / I / no way / things I saw there / the .  
\_\_\_\_\_
- really help / chance to / we / people / do / rarely / get a .  
\_\_\_\_\_

### 2 VOCABULARY Wealth and poverty

a Match 1–6 with a–f to make sentences.

- The charity helps people who are
- I've been lucky. I've never experienced any
- We had to sell our car to
- You'll get into debt if you don't learn to
- The boom was a time of economic
- They've got three cars, so they're obviously

- make ends meet.
- destitute.
- live within your means.
- well off.
- hardship.
- prosperity.

b Underline the correct words to complete the conversation.

- A How would you describe your early life?  
B Well, life was pretty tough. There was a lot of financial <sup>1</sup>hardship / *risk*.
- A Where were you brought up?  
B In a rather <sup>2</sup>*sparse* / deprived area with poor housing and not many amenities.
- A Were you very poor?  
B No, not really. We weren't exactly <sup>3</sup>*poverty* / impoverished. We were never rich but never <sup>4</sup>*destitute* / well off either. We had just enough money to live on and were careful to live <sup>5</sup>*affluent* / within our means.
- A Now that you've become rich and have a large <sup>6</sup>*available* / disposable income, how has your life changed?  
B Well, obviously I don't have to worry about <sup>7</sup>*wealth* / making ends meet. We live in a nice house in an affluent area.
- A And are you happier?  
B A good question. I would say my life is pretty comfortable now, but <sup>8</sup>*prosperity* / poverty doesn't always necessarily bring you happiness.

c 03.01 Listen and check.

### 3 PRONUNCIATION Word stress

a 03.02 Listen to the words in the box. What stress pattern do they have? Complete the table with the words.

neighbouring charity poverty destitute  
relatives enrolment everyone volunteer  
requirement improvement nutritious

Ooo	oOo	ooO
neighbouring		

# 3B

## I WAS EXPECTING IT TO BE TOUGH

### 1 GRAMMAR Future in the past; Narrative tenses

a Match 1–8 with a–h to make sentences.

- 1  f She was leaving for the station
- 2  Apparently she was going to tell me
- 3  I thought I would be waiting a while,
- 4  We were about to head to the airport
- 5  One day I would become a great salesperson,
- 6  I was supposed to study Italian
- 7  I was to have stayed in Bangkok for a year
- 8  I was about to accept a new job

- a but ended up with a degree in sociology.
- b but never had the right opportunity.
- c but actually stayed for three.
- d when my manager asked me into his office.
- e when we heard about the pilots' strike.
- f when her phone rang.
- g even if I was never to have much confidence.
- h so I bought myself a coffee.

b Read some sentences from a story about Oliver Broom, a man who travelled to Australia by bike to watch a cricket match. Underline the correct words to complete the sentences.

- 1 In late 2008, Oliver Broom was working / worked in London.
- 2 Having graduated six years before, he was earn / earning a good salary.
- 3 It seemed he was having / had a bright future.
- 4 A good friend had been / was seriously injured on holiday some time before.
- 5 This had made him question what he has done / was doing with his life.
- 6 On top of that, he has / had just split up with his girlfriend.
- 7 He suddenly decided he would / might cycle to Australia.
- 8 He worked out a route which had to / would take him through over 20 countries.
- 9 The last leg was from Darwin to Brisbane, which was / is going to be another 5,000 kilometres.
- 10 He said he should / would spend the first few months in Europe.
- 11 No sooner had he arrived in Thailand than he was suddenly struck down with dengue fever and was hospitalised / hospitalising.
- 12 Oli cycled into Brisbane the very day the cricket match was to start / has started.

c **03.03** Listen to the whole story and check your answers.



### 2 VOCABULARY Landscape features

a Match adjectives 1–8 with nouns a–h to make collocations.

- |  |             |
|--|-------------|
| 1 <input checked="" type="checkbox"/> c arid | a coastline |
| 2 <input type="checkbox"/> empty             | b waters    |
| 3 <input type="checkbox"/> pristine          | c desert    |
| 4 <input type="checkbox"/> rocky             | d beaches   |
| 5 <input type="checkbox"/> rugged            | e moorland  |
| 6 <input type="checkbox"/> sheer             | f cliffs    |
| 7 <input type="checkbox"/> turquoise         | g slopes    |
| 8 <input type="checkbox"/> wooded            | h ground    |

b Underline the correct words to complete the email.

✉ ✎ ☆ 🚩
✕

Hello all,

This place is amazing. It's a tropical paradise with everything you could ask for: pristine beaches, <sup>1</sup>dull / calm / cold turquoise waters to swim in and a forest canopy <sup>2</sup>full / rich / good with wildlife. Yesterday we took a boat trip and could see the rugged <sup>3</sup>beach / coastline / shore from the sea. It has dramatic, sheer cliffs, and we got a chance to see birds nesting on the cliff <sup>4</sup>side / hanger / face.

Today we hiked inland through rich, green meadows and up the <sup>5</sup>angled / wooded / slanting slopes of the valleys. The view from the top was stunning! To one side, we could see <sup>6</sup>dense / heavy / high forest and to the other, dry, rocky ground with hardly any vegetation. Tomorrow we are planning to go to the north where the terrain is completely different, with open, <sup>7</sup>empty / busy / wide moorland that stretches for miles. As you approach the sea, there are massive <sup>8</sup>beach / sand / cove dunes, apparently. I can't wait.

Love to you all,  
Tina

### 3 PRONUNCIATION

#### Different pronunciations of t

a **03.04** Listen to the sentences and notice how *t* is pronounced in the examples. Complete the table with the phrases in the box.

biggest egg can't find What a it's so got amazing  
can't ask great in biggest fish great cook got four

/t/ pronounced	/t/ not pronounced
got amazing	got four



## 1 USEFUL LANGUAGE

### Paraphrasing and summarising

- a** Underline the correct words to complete the conversation.

**ALEX** Hi, Dario. So what's this news you wanted to tell me?

**DARIO** Well, it really is quite exciting. <sup>1</sup>*Generally / Basically*, I have decided not to start work just yet.

**ALEX** Not work? But I thought you had a job offer.

**DARIO** I have, but, you know, we've only just graduated and I've been studying, taking exams, revising and so on for years. <sup>2</sup>*Shortly / In a nutshell*, I fancy doing something different and going somewhere new.

**ALEX** <sup>3</sup>*In other words / Said differently*, you're going travelling again.

**DARIO** But not just for pleasure. I did some reading, talked to some people, did some desk research, sent off some emails and <sup>4</sup>*to cut a long story short / that is to say*, I'm off to Uganda.

**ALEX** Wow! Africa. To do what?

**DARIO** Well, I wanted to do something meaningful, you know, help others. Give something back.

**ALEX** Not like people like me then!

**DARIO** No, <sup>5</sup>*what I meant was / my meaning was* that for me it's important to test myself a bit. Get out of the comfort zone. So I'm going to help build a primary school.

**ALEX** A school? That will be amazing! You out in the African heat and me at my hot desk at the bank. That just about sums it up. So, when are you off?

**DARIO** In two weeks. Can't wait. So much to do.

**ALEX** Can I just say ... How shall I put this? I'm very proud.

- b** 03.05 Listen and check.

- c** Complete the sentences with the phrases in the box. There may be more than one possible answer.

in a nutshell to put it another way in other words  
that is to say to cut a long story short what I meant was

- My job is quite difficult to explain but, in a nutshell, I help companies find solutions.
- How did I end up here in China? Well, \_\_\_\_\_, I got a teaching job here 20 years ago.
- Sorry, but that's not my point – \_\_\_\_\_ that the young should support older people.
- People waste so much money on clothes, fast food, music ... \_\_\_\_\_, stuff they don't need.
- A** Hmm, it could be at five o'clock ... or maybe six.  
**B** \_\_\_\_\_, you don't know!
- People who eat their five a day, \_\_\_\_\_ fruit and vegetables, probably stay fitter.

## 2 PRONUNCIATION

### Consonant clusters across two words

- a** Match the underlined letters 1–8 with the consonant clusters a–h.

- |   |          |
|---|----------|
| 1 <input checked="" type="checkbox"/> <u>h</u> just <u>gr</u> aduated | a /mw/   |
| 2 <input type="checkbox"/> difficult to <u>ex</u> plain               | b /ŋj/   |
| 3 <input type="checkbox"/> <u>des</u> k <u>re</u> search              | c /stf/  |
| 4 <input type="checkbox"/> <u>so</u> me <u>wh</u> ere new             | d /zpr/  |
| 5 <input type="checkbox"/> some <u>thi</u> ng <u>me</u> aningful      | e /ksp/  |
| 6 <input type="checkbox"/> the you <u>ng</u> <u>sh</u> ould support   | f /ŋm/   |
| 7 <input type="checkbox"/> not <u>ju</u> st <u>for</u> pleasure       | g /skr/  |
| 8 <input type="checkbox"/> <u>ve</u> getables <u>pr</u> obably        | h /stgr/ |

- b** 03.06 Listen and check.

# 3D

## SKILLS FOR WRITING

The view is stunning

### TRAVEL

### CITY BREAK OF THE WEEK ...



## ISTANBUL

With one foot in Europe and the other in Asia, Istanbul is undoubtedly one of the greatest and largest cosmopolitan cities in the world. Whether you arrive from the airport on the east or the west, you will be stunned by the sheer size of the city. Its perfect geographic position has made it a target for emperors throughout history, and nothing takes you back in time more than a cruise along the Bosphorus, the river that not only divides the city but also acts as its lifeblood, ferrying thousands of commuters back and forth all day long. There is nothing to beat a city where you can go to work by ferry and relax on the water for half an hour at the beginning of your day.

Throughout the city, the traffic is loud and frequently gridlocked: taxis and buses fight for space and angry motorists use their horns liberally. Yet wherever you go, people are continually taking time out from the bustle of the city to sip tea or coffee, grab some cake or a kebab, or simply stop to chat.

The tourist sees history all around, from the wooded slopes leading down to the waterfront to the imposing fortresses atop the hills. The most ornate and intricate mosques of great architectural splendour are set amid the rapidly growing new commercial buildings soaring to the sky.

The smells and sounds of the city will be a lasting memory, as will the picturesque waterfront walks and the sumptuous décor of some of the palaces. Haggle in the bazaars, smell the fragrance of the spices, be amazed by the sheer size of the city. Have no doubt, Istanbul will delight you.

### 1 READING

a Read the review. Are the sentences true or false, or is there not enough information to be sure?

- 1 Geographically, Istanbul is perfectly situated.
- 2 The ferries run 24 hours a day.
- 3 Locals seem to enjoy eating and drinking.
- 4 You are not really aware of history in a city like this.
- 5 There are no skyscrapers in the city.
- 6 Some of the palaces have beautiful interiors.

b Read the review again. Complete the sentences with the words in the box.

vastness by boat negotiate  
buildings cruise traffic jams

- 1 Visitors are initially stunned by the vastness of Istanbul.
- 2 The writer loves cities where you can commute \_\_\_\_\_.
- 3 A \_\_\_\_\_ along the Bosphorus gives you a historical view of the city.
- 4 There are regular \_\_\_\_\_ on the city's streets.
- 5 The city has an amazing mix of \_\_\_\_\_, from fortresses to mosques.
- 6 One place you must visit is a bazaar, where you can try to \_\_\_\_\_.

### 2 WRITING SKILLS Descriptive language; Writing briefly

a Complete the text with the words in the box.

breathtaking heart-stopping freshly baked  
highly recommended absolutely delicious  
long weekend stunning views excellent value for money

We chose the Doubletree Hilton for our recent <sup>1</sup>long weekend in Istanbul and we were not disappointed. On arrival, we were presented with <sup>2</sup>\_\_\_\_\_ cookies and then shown to our room with <sup>3</sup>\_\_\_\_\_ of the sea and the Princes' Islands in the distance. We were on the Asian side, which meant there were slightly fewer tourists, but within a stone's throw of the hotel, streets lined with restaurants were all serving <sup>4</sup>\_\_\_\_\_ dishes. We could access all the tourist attractions on a <sup>5</sup>\_\_\_\_\_ taxi ride through busy traffic and enormous crowds, where people are buzzing past you at every moment. One other means of reaching the sights is the ferries – they're always packed but are <sup>6</sup>\_\_\_\_\_. Some of the sights were <sup>7</sup>\_\_\_\_\_ and the mix of up-to-the-minute and back-in-time makes Istanbul a must-see city. It's <sup>8</sup>\_\_\_\_\_.

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56 7

### 3 WRITING

a Write a review (200 words) of a recent trip you have taken to post on a travel website. Remember to use descriptive phrases to describe the place and your accommodation. Use these notes to help you:

- Introduce the destination. History? Size? Sights? Access?
- Describe your accommodation. Type? Price? Facilities?
- What was good and what was bad?

# UNIT 3

## Reading and listening extension

### 1 READING

a Read the blog. Put the words in the correct order to make sentences about it.

- work because / adventurous / the author / he is / loves his  
\_\_\_\_\_
- from working / doing expedition / very different / in a hospital / medicine is  
\_\_\_\_\_
- on an expedition / would benefit / the author thinks / from working / that all doctors  
\_\_\_\_\_

b Read the blog again. Tick (✓) the correct answer.

- The author feels that he has ...
  - been able to choose his career
  - been lucky with his job
  - been self-indulgent in his work
- He has worked in ...
  - a wide variety of landscapes
  - mountainous regions
  - the places he likes most
- For an expedition doctor, medical skills are ...
  - as important as practical skills
  - more important than practical skills
  - less important than practical skills
- Expedition doctors sometimes have to use unusual techniques because ...
  - they keep their equipment in a rucksack
  - unexpected things can happen
  - they don't have the resources of a hospital
- On his first training course, the author ...
  - learned about caring for people's teeth
  - had to pull out someone's tooth
  - decided he didn't want to be a dentist
- The author works for ethical companies because ...
  - he wants to make sure that his clients are safe at all times during the expedition
  - he feels uncomfortable about the difference between rich tourists and poor local people
  - they organise expeditions in the remote areas he enjoys visiting

c Imagine you are doing your job, or a job you would like to have, in a different country or in difficult conditions. Write a blog post about it. Include the answers to these questions:

- Where are you working?
- Who are you working with?
- What is the landscape like?
- What are the challenges?
- What do you enjoy or dislike about the job?

## TRUST ME - I'm an expedition doctor

Ever since I was a young child, I've had a taste for adventure, but I never imagined I'd be able to indulge this passion at regular intervals because of my chosen career.

My work as an expedition doctor has taken me all over the world, from mosquito-infested swamps in Botswana to the untouched wilderness of Antarctica. However, my favourite trips, and the ones in which I now specialise, are those involving mountains. Never do I feel more inspired by nature than when I look up at their towering peaks and begin to prepare myself mentally for the challenges ahead.

I trained as a doctor in the UK, but there was little in that training to prepare me for strapping up a broken leg during a storm on the almost sheer side of a mountain! In fact, I'd say that medical skills are towards the bottom of the list of job requirements after stamina, flexibility, problem-solving and communication.

This kind of medicine is a million miles away from the controlled, sterile environment of a hospital, and your medical kit basically consists of whatever you can carry, so you sometimes have to be prepared to improvise. For example, I've learned that some drugs can be used for several conditions, and I've even had to resort to cutting branches off a small tree to make a splint to support a broken arm.

That isn't to say that you can't train to be an expedition doctor; on the contrary, there are some excellent courses available. Not only do they teach medical techniques, but also practical skills such as carrying out risk assessments, crossing rivers safely and using satellite phones. The first course I took included a module on expedition dentistry, though I must admit I still don't like the idea of pulling out someone's tooth!

I do most of my work for adventure travel companies that organise trips to remote places. When I started out, these trips were pretty rare, but they have become much more mainstream now that we've all seen celebrities climbing Kilimanjaro or watched reality shows about people surviving in jungles.

I do have mixed feelings about all these people with large amounts of disposable income coming to impoverished areas just for their own enjoyment, so I try to make sure that the companies I work for have high ethical standards and benefit the local communities. And of course, tourism provides employment and it also opens the eyes of affluent visitors to the hardship that many people are forced to endure.

I realise that this kind of life isn't for everyone, but I'd recommend that all doctors try it at least once, if only to make them appreciate the comforts of their usual working environment!





## 2 LISTENING

- a** ▶ **03.07** Listen to Gemma and her mum talking about adventurous women. Tick (✓) the correct answer.
- Which sentence best summarises Gemma's attitude?
    - She thinks that life had more potential for excitement in the past.
    - The women's stories make her want excitement in her own life.
    - She is disappointed that her mum isn't more adventurous.
  - Which sentence best summarises her mum's attitude?
    - She thinks that most of the world's challenges have already been achieved.
    - She focuses on the negative aspects of adventure.
    - She is worried that Gemma will put herself in danger.
- b** ▶ **03.07** Listen again. Match people 1–4 with jobs a–d.
- |   |                      |
|---|----------------------|
| 1 <input type="checkbox"/> Gertrude Bell        | a astronaut          |
| 2 <input type="checkbox"/> Amelia Earhart       | b pilot              |
| 3 <input type="checkbox"/> Martha Gellhorn      | c journalist         |
| 4 <input type="checkbox"/> Valentina Tereshkova | d government adviser |
- c** Are the sentences true or false, or is there not enough information to be sure?
- Gemma's mum has travelled in jungles and deserts.
  - Gemma is impressed by the fact that many explorers have become famous.
  - Gertrude Bell's role in shaping modern Iraq was extremely positive.
  - A lot of men had flown across the Atlantic before Amelia Earhart did it.
  - Gemma's mum thinks that activities like Amelia Earhart's are too dangerous.
  - She says that Gemma isn't rich enough to be an explorer.
  - Martha Gellhorn reported mainly on wars in America during the Great Depression.
  - Gemma thinks that environmental problems will force us into more space exploration.
- d** Write a conversation between two people who are discussing the challenges of going to the moon. Think about these questions or use ideas of your own:
- Would the people be interested in taking part in an expedition to the moon? Why? / Why not?
  - What do they think would be the main challenges?
  - How would they feel if someone in their family went to the moon?

# Review and extension

## 1 GRAMMAR AND VOCABULARY

Correct the errors in the underlined words.

- The journey not only will be longer but more expensive.  
*Not only will the journey be longer but more expensive.*
- The staff not only were helpful but very patient.
- He knew that nobody was to notice he was missing for at least two hours.
- Under no circumstances confidential documents should be removed from the building.
- The teachers were never available when we had needed them.
- The atmosphere was really strange, as if something awful would happen.
- Never before we have received complaints.
- I would like a trial period. Only then I will be sure if I like the service.
- I became very upset when the bus had broken down and the trip was cancelled.
- As the number of homes increased, the amount of wilderness decreased.
- Fields cover the lower valley and extend into wooded pools.
- The film shows the beauty of the rain-forest set to music.

## 2 WORDPOWER Idioms: Landscapes

Rewrite the sentences. Replace the underlined words with the words in the box. Make any changes needed.

get bogged down   be swamped   a drop in the ocean  
an uphill struggle   be out of the woods

- I'm trying to save money to buy a car, but the amount I have so far is nowhere near enough.  
*I'm trying to save money to buy a car, but the amount I have so far is a drop in the ocean.*
- I found maths really difficult at school. I tried really hard, but I never seemed to make any progress.
- My cat has been really ill, but the vet has told us that her life is no longer in danger. The kids will be happy!
- My husband is really stressed – he has so much work on at the moment.
- My sister's really good at looking at a problem and seeing a solution – I just get too involved in the details.

## REVIEW YOUR PROGRESS

Look again at Review your progress on p. 42 of the Student's Book. How well can you do these things now?

3 = very well   2 = well   1 = not so well

### I CAN ...

- |   |                          |
|---|--------------------------|
| emphasise positive and negative experiences | <input type="checkbox"/> |
| describe journeys and landscapes            | <input type="checkbox"/> |
| paraphrase and summarise                    | <input type="checkbox"/> |
| write a travel review.                      | <input type="checkbox"/> |