BJPsych Contents

A9 Editorial Board

A11 Highlights of this issue

Editorials

163 Recruitment into psychiatry: quantitative myths and qualitative challenges T. Davies

165 The First Shift – poem Victoria Cole

- **166 Biological psychiatry: time for new paradigms** D. Linden
- 168 Early intervention for psychosis in low- and middle-income countries needs a public health approach S. Faroog
- 170 Pros and cons of specialised care in bipolar disorder: an international perspective E. Vieta

171 Bereavement – in 100 words Colin Murray Parkes

Special article

172 Bipolar disorder and substance misuse: pathological and therapeutic implications of their comorbidity and cross-sensitisation R. M. Post and P. Kalivas

Review articles

177 Affective disorders and risk of developing dementia: systematic review J. da Silva, M. Gonçalves-Pereira, M. Xavier

and E. B. Mukaetova-Ladinska

186 Gambling – in 100 words Sanju George

187 Transitional interventions to reduce early psychiatric readmissions in adults: systematic review
 S. N. Vigod, P. A. Kurdyak, C.-L. Dennis, T. Leszcz, V. H. Taylor, D. M. Blumberger and D. P. Seitz

194 Back Ward at Glenside – poems by doctors Charles Montgomery

Papers

- 195 Country- and individual-level socioeconomic determinants of depression: multilevel cross-national comparison D. Rai, P. Zitko, K. Jones, J. Lynch and R. Araya
- 204 Behavioural activation v. antidepressant medication for treating depression in Iran: randomised trial
 L. Moradveisi, M. J. H. Huibers, F. Renner, M. Arasteh and A. Arntz

- 212 Treatment in a specialised out-patient mood disorder clinic v. standard out-patient treatment in the early course of bipolar disorder: randomised clinical trial
 L. V. Kessing, H. V. Hansen, A. Hvenegaard,
 E. M. Christensen, H. Dam, C. Gluud, J. Wetterslev and The Early Intervention Affective Disorders (EIA) Trial Group
- 220 Cost-effectiveness of an Improving Access to Psychological Therapies service

C. Mukuria, J. Brazier, M. Barkham, J. Connell, G. Hardy, R. Hutten, D. Saxon, K. Dent-Brown and G. Parry

228 Choice and rejection of psychiatry as a career: surveys of UK medical graduates from 1974 to 2009 M. J. Goldacre, S. Fazel, F. Smith and T. Lambert

Short report

- 235 Personalised intervention for people with depression and severe COPD G. S. Alexopoulos, D. N. Kiosses, J. A. Sirey, D. Kanellopoulos,
 - R. S. Novitch, S. Ghosh, J. K. Seirup and P. J. Raue

Columns

- 237 Correspondence
- 239 Book reviews
- 240 Contents of Advances in Psychiatric Treatment
- 241 Contents of the American Journal of Psychiatry
- 242 From the Editor's desk

Cover picture

Marlene Dietrich with Skull (gouache on paper, 1975) by Stanley Lench (1934–2000) Marlene Dietrich was at the peak of her film career between the 1920s and 1950s. She was well known for retaining her beauty through the use of wigs and cosmetics, and Lench reflects this in the overemphasis of the actress' facial features, hairstyle and long painted fingernails. The skull on the left undermines the preservation of youth by acting as a *memento mori* – a reminder of mortality.



Lench's bold and colourful work often depicts his childhood fascination with popular icons and stars of the silver screen. He experienced prolonged bouts of mental illness throughout his life, which on occasion forced him into a reclusive existence. Lench explained that he became an artist to 'cheat death and time'. This statement reflects the themes of Lench's work, but also highlights his ultimate goal: to be recognised and remembered for his art.

We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 17 Belgrave Square, London SW1X 8PG, UK or bjp@rcpsych.ac.uk.