

Cambridge Core

Bringing together over 32,000 ebooks
and 380 journals

Powerful search
functionality

Send content to
Dropbox, Google Drive
and Kindle

Easy citation with
multiple styles

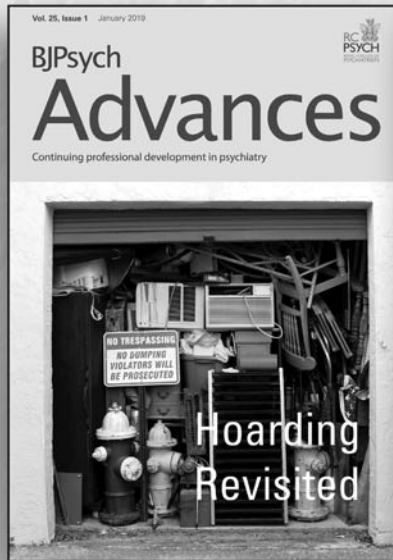
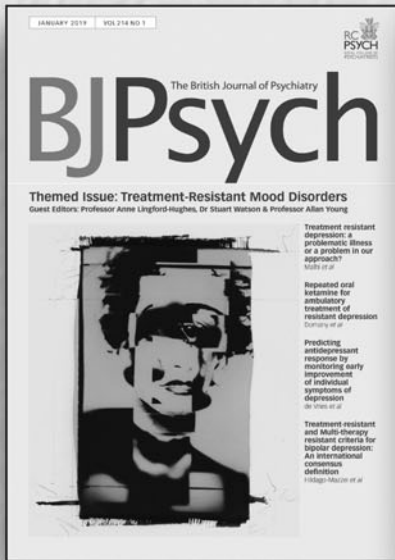
[cambridge.org/core](https://www.cambridge.org/core)



CAMBRIDGE
UNIVERSITY PRESS

CAMBRIDGE

Published on behalf of the
Royal College of Psychiatrists



www.cambridge.org/rcpsych

RC
PSYCH
ROYAL COLLEGE OF
PSYCHIATRISTS



CAMBRIDGE
UNIVERSITY PRESS

CPD Online

141 **New from CPD Online**

Editorial

142 **Stress: a global multidimensional common denominator**
Uriel Halbreich

Article

145 **Stress-related physical and mental disorders: a new paradigm**
Uriel Halbreich

Clinical Reflection

153 **Genetic interactions with stressful environments in depression and addiction**
Margit Burmeister & Srijan Sen

Articles

158 **The immunology of stress and the impact of inflammation on the brain and behaviour**
Meghna Ravi, Andrew H. Miller & Vasiliki Michopoulos

166 **Resilience in the age of COVID-19**
Halley Kaye-Kauderer, Jordyn H. Feingold, Adriana Feder, Steven Southwick & Dennis Charney

Refreshment

179 **Adjustment disorder or adaptive adjustment?**
Patricia Casey

Clinical Reflection

181 **Impact of global and national crises on people with severe mental illness**
Margarita Abi Zeid Daou, Uriel Halbreich & Jeffrey Geller

Refreshment

184 **Post-traumatic stress disorder: update on diagnosis and treatment**
Joshua C. Morganstein, Gary H. Wynn & James C. West

Article

187 **Psychosocial stress and immunosuppression in cancer: what can we learn from new research?**
Anurag K. Singh, Udit Chatterjee, Cameron R. MacDonald, Elizabeth A. Repasky & Uriel Halbreich

Clinical Reflections

198 **Non-Western interventions for stress reduction and resilience**
Patricia L. Gerbarg & Richard P. Brown

201 **Mental vaccines: can resilience and adaptation of vulnerable individuals and populations be enhanced before disasters and crises?**
Uriel Halbreich

Cochrane Corner

204 **Preventing occupational stress in healthcare workers: a Cochrane Review**
Jani H. Ruotsalainen, Jos H. Verbeek, Albert Mariné & Consol Serra

Round the Corner

205 **Strategies for preventing occupational stress in healthcare workers: past evidence, current problems**
Riccardo De Giorgi & Bianca M. Dinkelaar

On behalf of the editorial board, the Editor-in-Chief would like to thank the contribution of all peer reviewers in the period from January 2020 – December 2020. Their anonymous work for the journal forms the foundation to its success, and is highly appreciated. Please see full list at: <https://doi.org/10.1192/bja.2021.4>.

Cover image

Image: ©iStockphoto/Steven White

<https://www.cambridge.org/core/journals/bjpsych-advances>
ISSN 2056-4678

This themed issue was produced in collaboration with the World Psychiatric Association (WPA). The WPA proposed the theme of "Stress and Resilience" inspired by the Global impact of stress and hope to unite in overcoming its consequences. We would like to thank Professor Uriel Halbreich for coordinating the issue and for his contributions as an author.

Please email bjpadvances@rcpsych.ac.uk if you would like to discuss a potential collaboration.

