

Editorial Questionnaire

Your comments are important to us. This form provides you with the opportunity to express your opinions. Our goal is to make CNS Spectrums your source for practical and clinical neuropsychiatric information. By filling out this Questionnaire, you enable us to incorporate your views about our editorial content in future issues. Please fill out this form in its entirety. Thank you.

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1. On a scale of 1 to 5 (1=Poor, 5=Excellent), please indicate your level of interest and/or satisfaction with the editorial content in this issue.

ORIGINAL RESEARCH

1 2 3 4 5

DEPARTMENTS

Editorial

1 2 3 4 5

Trends in Psychopharmacology

1 2 3 4 5

Clinical Updates in Neuropsychiatry

1 2 3 4 5

In Session

1 2 3 4 5

2. Which areas of neuropsychiatry would you like us to cover in the future?

3. Please describe your reading pattern for this issue:

- Read cover to cover
 Skimmed table of contents
 Read select items of interest
 Skimmed text
 Did not read

4. On a scale of 1 to 5 (1=Incomplete, 5=Comprehensive), how would you describe the depth of coverage for this issue?

1 2 3 4 5

5. Any other comments about CNS Spectrums' editorial content, design, or overall usefulness?

6. Please indicate your title:

- Neurologist Psychiatrist Other

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In the science of **ADHD**...

α 2A

It's Big

Defining the role of alpha-2A receptors within ADHD

New preclinical science suggests that stimulation of alpha-2A receptors located throughout the prefrontal cortex (PFC) strengthens executive function including working memory, which is thought to play an important role within ADHD.¹⁻³

Our current understanding of ADHD treatment includes, in part, increasing levels of norepinephrine that act at the alpha-2A receptor.¹ Directly engaging these receptors is thought to exert a positive effect on cognitive functioning, such as behavioral inhibition and impulse control.^{1,4}

As we continue to learn more about ADHD, we must consider the emerging role of the alpha-2A receptor—**it's big.**

References: **1.** Arnsten AFT, Li B-M. Neurobiology of executive functions: catecholamine influences on prefrontal cortical functions. *Biol Psychiatry*. 2005;57:1377-1384. **2.** Wang M, Ramos BP, Paspalas CD, et al. α 2A-adrenoceptors strengthen working memory networks by inhibiting cAMP-HCN channel signaling in prefrontal cortex. *Cell*. 2007;129:397-410. **3.** Mao Z-M, Arnsten AFT, Li B-M. Local infusion of an α -1 adrenergic agonist into the prefrontal cortex impairs spatial working memory performance in monkeys. *Biol Psychiatry*. 1999;46:1259-1265. **4.** Arnsten AFT, Steere JC, Hunt RD. The contribution of α_2 -noradrenergic mechanisms to prefrontal cortical cognitive function. *Arch Gen Psychiatry*. 1996;53:448-455.