

Consensus on paramedic clinical decisions during high-acuity emergency calls: results of a Canadian Delphi study

Jan L. Jensen, ACP MAHSR*†; Pat Croskerry, PhD, MD‡§; Andrew H. Travers, MD, MSc‡‡§

ABSTRACT

Objectives: To establish consensus on the most important clinical decisions paramedics make during high-acuity emergency calls and to visualize these decisions on a process map of an emergency call. A secondary objective was to measure agreement among paramedics and medical director panel members.

Methods: A multiround online survey of Canadian paramedics and medical directors. In round 1, participants listed important clinical decisions. In round 2, participants scored each decision in terms of its importance for patient outcome and safety. In rounds 3 and 4, participants could revise their scores. Consensus was defined *a priori*: 80% or more agreement that a decision was important or extremely important. The included decisions were plotted on a process map of a typical emergency call.

Results: The panel response rates were as follows: round 1, 96%; round 2, 92%; round 3, 83%; and round 4, 96%. Consensus was reached on 42 decisions, grouped into six categories: airway management ($n = 13$); assessment ($n = 3$); cardiac management ($n = 7$); drug administration ($n = 9$); scene management ($n = 4$); and general treatment ($n = 6$). The on-scene treatment phase of the process map was found to have the highest decision density. Paramedics and medical directors differed in their scoring in 5 of 42 decisions ($p < 0.05$ or less).

Conclusion: Consensus was reached among paramedics and medical directors on 42 decisions important for clinical outcome and patient safety. These decisions were visualized on a process map of an emergency call to learn more about where decision density exists during a typical call.

RÉSUMÉ

Objectifs : Établir un consensus sur les décisions cliniques les plus importantes que les ambulanciers ont à prendre lors des appels d'urgence de gravité élevée et illustrer ces décisions sur un diagramme du processus de l'appel d'urgence. Un objectif secondaire était de mesurer l'accord entre les ambulanciers et les membres du groupe de directeurs médicaux.

Méthodes : Sondage échelonné, effectué en ligne par les ambulanciers et directeurs médicaux canadiens. Pendant le cycle 1, les participants ont établi la liste des décisions cliniques importantes. Au cycle 2, les participants ont accordé une note à chaque décision en ce qui a trait à son importance pour les résultats et la sécurité du patient. Aux cycles 3 et 4, les participants pouvaient réviser leurs notes. Le consensus a été défini *a priori*: l'accord à 80% ou plus sur le fait qu'une décision était importante ou extrêmement importante. Les décisions incluses étaient inscrites sur le diagramme du processus d'un appel d'urgence typique.

Résultats : Les taux de réponse du panel étaient les suivantes: cycle 1, 96%; cycle 2, 92%; cycle 3, 83%; cycle 4, 96%. Un consensus a été atteint pour 42 décisions, regroupées en six catégories: gestion des voies respiratoires ($n = 13$); évaluation ($n = 3$); gestion cardiaque ($n = 7$); administration de médicaments ($n = 9$); gestion des lieux ($n = 4$) et traitement général ($n = 6$). La phase de traitement sur les lieux du diagramme du processus comportait la plus grande densité de décision. Les ambulanciers et les directeurs médicaux différaient dans leurs scores pour 5 des 42 décisions ($p < 0.05$ ou moins).

Conclusion : Un consensus a été trouvé entre les ambulanciers et les directeurs médicaux pour 42 décisions importantes liées aux résultats et à la sécurité du patient. Ces

From the *Division of Emergency Medical Services, Dalhousie University, Halifax, NS; †Emergency Health Services, Dartmouth, NS; ‡Department of Emergency Medicine, Dalhousie University, Halifax, NS; §Capital District Health Authority, Halifax, NS.

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Correspondence to: Jan L. Jensen, Division of Emergency Medical Services, Dalhousie University, QEII Health Sciences Centre, 1796 Summer Street, Room 3022, Halifax, NS B3H 3A7; jljensen@dal.ca.

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décisions ont été inscrites sur un diagramme du processus d'appel d'urgence pour nous informer davantage sur la présence de densité décisionnelle pendant un appel typique.

Keywords: decision making, Delphi, emergency medical services, paramedics

Clinical decision making (CDM) by health care professionals is related to patient safety and clinical outcomes.¹ Decision making, together with skill performance, system design, and medication errors, is linked to adverse events. O'Connor and colleagues published a review of errors in emergency medical services (EMS) and discussed some of the more easily identified sources of error.² They included medication administration, endotracheal intubation, and nontransport. Although this article briefly discussed the potential impact of paramedic cognition on error rates, it did not establish how to improve paramedic CDM. Studies have been conducted on paramedic errors during specific interventions, such as airway management,³ and for general paramedic practice.⁴ Relatively little research has been conducted on decisions made by paramedics during high-acuity emergency calls.⁵ In an ethnographic study exploring errors, adverse events, and near misses in EMS, the predominant factor was found to be paramedic decision making.⁶ This finding was similar to that of a recent qualitative Canadian study in which EMS experts identified CDM as one of two predominant themes influencing patient safety in EMS.⁷

During a typical emergency call, paramedics may be presented with a wide spectrum of clinical complaints, scene complexities, and assessment and management demands. Because paramedic cognition is thought to be a factor influencing patient safety and likely clinical outcomes, to best determine how to minimize the chance of adverse events and errors, it is first necessary to identify which clinical decisions paramedics make that are likely to have the greatest impact.

The objectives of this study were to achieve consensus among a group of Canadian EMS experts on the most important decisions paramedics make during typical high-acuity emergency calls in terms of clinical outcome and patient safety; to visualize these decisions on a process map of an emergency call; and to determine the degree of consensus among the two participant subgroups (paramedics and EMS medical directors).

METHODS

Sample and setting

A sample of paramedics and EMS medical directors from across Canada was recruited through two national associations (the EMS Chiefs of Canada and the Canadian Association of Emergency Physicians – EMS Committee). E-mails advertising the study opportunity were sent out through group contact lists. Requirements for participation included the following: paramedics had to be advanced care paramedics or have a higher level of training, and medical directors had to directly oversee paramedic clinical practice or be regional or provincial EMS medical directors. Participants were informed that their identity would remain anonymous, and all signed consent forms prior to the start of the study. This study received approval from the Capital District Health Authority Research Ethics Board in Halifax, Nova Scotia (#CDHA-RS/2009-113).

Methods of measurement

An online survey tool was used to deliver the surveys.⁸ Each round of the Delphi study was open for 2 weeks. In the first round, participants entered clinical decisions (i.e., decisions made by paramedics in regard to assessment, treatment, or transport) they felt were important during a high-acuity emergency call in a free-text box. The responses were sorted into a list, maintaining the original wording of the respondent as much as possible.^{9,10} Duplicate decisions were removed from the list. In the second round of the survey, panelists scored the importance of each decision on a Likert scale: 1 = not important, very unlikely to impact patient clinical outcome or patient safety; 2 = not very important, unlikely to impact patient clinical outcome or patient safety; 3 = possibly important, may impact patient clinical outcome or patient safety; 4 = important; in most instances, these decisions will impact patient clinical outcome or patient safety; 5 =

extremely important, very likely that these decisions will impact patient clinical outcome or patient safety. Consensus on “important” was defined a priori if 80% of the panel scored a decision as 4 (“important”) or 5 (“extremely important”). Decisions that achieved panel consensus in round 2 were removed from the list for round 3, and the same process was followed for round 4. In rounds 2 and 3, participants were asked to add any new decisions they thought of and provide free-text comments. In rounds 3 and 4, participants viewed their own scores for each decision, as well as the panel mean score for each decision. Participants could change their scores from the previous round on any decision in light of the panel mean. It was decided a priori that the study would conclude after a maximum of four rounds to avoid sample fatigue.¹¹

Data analysis

Data were downloaded from the survey tool into a Microsoft *Excel* spreadsheet (Microsoft Corp., Redwood, CA), in which descriptive analysis of panel characteristics, categorization of free text, and preliminary analysis (mean scores and level of consensus) of each decision in each round were conducted. Scores for included decisions were entered into the statistical software program SPSS 15.0 (SPSS Inc, Chicago, IL). Independent sample *t*-tests were conducted to determine differences in paramedic and medical director scoring for each included decision and for each decision category. Significance was set at $p < 0.05$.

The final important paramedic decisions were plotted onto a process map,¹² in the order of when they would likely arise during a typical emergency call. The investigators came to consensus about the plotting of each decision. The purpose of the process map is to diagram when paramedics make important decisions during emergency calls to learn more about when the highest decision densities are likely to occur.

The methods for this study have been previously described in detail.¹³

RESULTS

The panel consisted of 24 participants from across Canada, with a mean 16.5 years of experience (range 3–40 years). There were seven medical directors and 17 paramedics, the latter of whom worked a variety of

roles: ground ambulance paramedic, supervisor or manager, quality assurance, clinical development, and educator. The majority of panel members were from Ontario (Table 1). The panel response rate was excellent for all rounds of the study: round 1, 96%; round 2, 92%; round 3, 83%; and round 4, 96%.

Forty-two clinical decisions were determined to be important. Consensus was achieved for 19 decisions in round 2 (Table 2), 18 decisions in round 3 (Table 3), and 5 decisions in round 4 (Table 4). Clinical decisions were sorted into the following decision categories by one of the authors (J.L.J.): airway management ($n = 13$); assessment ($n = 3$); cardiac management ($n = 7$); drug administration ($n = 9$); general treatment ($n = 6$); and scene management ($n = 4$). The categories with the highest mean scores were airway management and cardiac management (both 4.49) (Table 5). The category with the highest consensus among the panel was assessment (97% of panel scored items in this category as 4 or 5).

Paramedics scored four decisions higher than medical directors: decide on airway device ($p < 0.05$);

Table 1. Panel characteristics

Primary Employment Role	<i>n</i>		
Panel members	24		
Paramedics	17		
Ground ambulance	3		
Supervisor/management	2		
Quality assurance	4		
Clinical development	5		
Educator	3		
Medical directors	7		
Direct oversight	3		
Regional/provincial	4		
Experience	Mean (yr)		
Panel	16.53		
Paramedics	20.15		
Medical directors	10.62		
Province	Panel	Paramedics	Medical directors
Alberta	3	3	–
British Columbia	2	1	1
Manitoba	3	2	1
Nova Scotia	1	–	1
Ontario	13	9	4
Saskatchewan	2	2	–

Table 2. Clinical decisions: consensus achieved in round 2 (22 respondents, n = 19 CDM items)

Decision	Consensus (%)	Mean		
		Panel	Paramedic	MD
Recognize signs of life-threatening trauma	100	4.59	4.60	4.57
Decide how to confirm intubation	95	4.58	4.46	4.85
Decide whether to perform cricothyrotomy	95	4.95	4.93	5.00
Decide to perform chest needle decompression**	95	4.85	5.00	4.50
Begin chest compressions on decompensated child (shock)*	95	4.51	4.67	4.17
Decide whether to attempt intubation in major trauma patient	91	4.44	4.38	4.57
Decision to defibrillate	91	4.95	5.00	4.83
Start CPR	91	4.85	4.87	4.80
Interpreting 12-lead ECG	91	4.46	4.40	4.60
Decide to use supraglottic device (King LT, Combitube, LMA), ETI, or BMV*	86	4.21	4.31	4.00
Provide positive pressure ventilation with BVM in respiratory distress	86	4.46	4.42	4.57
Failed attempt at intubation; try again for ETI or switch to supraglottic device or BVM	86	4.42	4.31	4.67
Give epinephrine for anaphylaxis*	86	4.79	4.71	5.00
Decide to give TNK for STEMI	86	4.58	4.58	4.57
Decide to use CPAP	82	4.39	4.42	4.33
Provide ASA	82	4.45	4.43	4.50
Provide bronchodilators	82	4.32	4.36	4.25
Decide when to leave scene v. manage/treatment on scene (load and go v. stay and play)*	82	4.27	4.38	4.00
Decide most appropriate destination (trauma, heart, stroke centre, community ED, other)	82	4.40	4.50	4.17

ASA = acetylsalicylic acid; BMV = bag-mask ventilation; CDM = clinical decision making; CPAP = continuous positive airway pressure; CPR = cardiopulmonary resuscitation; ECG = electrocardiogram; ED = emergency department; ETI = endotracheal intubation; LMA = laryngeal mask airway; LT = laryngeal tube; MD = medical director; STEMI = ST elevation myocardial infarction; TNK = tenecteplase.

* = significant difference in paramedic and physician scoring found ($p < 0.05$).

** = significant difference in paramedic and physician scoring found ($p < 0.01$).

perform chest decompression ($p < 0.01$); begin chest compressions on a decompensated child ($p < 0.05$); and decide when to leave the scene versus stay ($p < 0.05$). Medical directors scored one decision higher than paramedics: give epinephrine for anaphylaxis ($p < 0.05$). No differences were found in paramedic or medical director mean scores for each decision category (see Table 5).

The included decisions were plotted on a process map of an emergency call (Figure 1, Table 6). Visualization of this map shows that the majority of decisions that have implications for clinical outcome and safety occur during the on-scene treatment phase. Decisions in the airway management, cardiac management, and drug administration categories predominate this phase of the process map.

DISCUSSION

Identifying areas of importance can have a direct impact on paramedic training and patient outcomes. Recognition that airway management, cardiac management, drug administration, and assessment decisions categories were considered most important in terms of patient safety and clinical outcome should impact the focus of paramedic teaching and metacognition. Paramedics, especially those practicing at an advanced level, should be aware of the decisions found to be important for patient safety and outcome and the time period during a typical call when they can expect to make most of these decisions. Clinical evaluations and training sessions should include scenarios that include these findings to increase the

Table 3. Clinical decisions: consensus achieved in round 3 (20 respondents, n = 18 CDM items)

Decisions	Consensus (%)	Mean		
		Panel	Paramedic	MD
Give epinephrine for severe asthma	100	4.35	4.43	4.17
Decide to extubate if unsure of placement	100	4.50	4.57	4.33
Decide on appropriate treatment	95	4.58	4.54	4.67
Recognize contraindications/reason to withhold therapy	95	4.63	4.64	4.60
Decision to change care plan (switch protocol/medical directive) based on patient changes	95	4.16	4.14	4.20
Decide if patient has capacity to refuse or consent	95	4.37	4.31	4.50
Initial assessment: is patient critical; level of distress/acute, decide whether to start treatment right away, or complete assessment	95	4.47	4.38	4.67
Decide to use drugs to facilitate intubation (sedation, opiates, paralytics)	90	4.27	4.17	4.50
How to clear obstructed airway (Heimlich manoeuvre, suction, forceps)	90	4.82	4.92	4.60
Determine if patient requires immediate treatment or can wait until en route, arrival at ED	90	4.39	4.38	4.40
Give epinephrine for pediatric shock	90	4.33	4.38	4.20
Remind/correct chest compressor on CPR quality; have chest compressors switch	90	4.22	4.23	4.20
Decide on manual airway positioning—if necessary and how (e.g., head tilt, jaw thrust)	85	4.18	4.15	4.25
Reassess patient after giving a treatment; decision on next action (e.g., stop drug, change, give another dose)	85	4.34	4.38	4.25
Decide on drug for tachycardia (amiodarone/lidocaine/adenosine)	85	4.11	4.15	4.00
Decide to check/triage patients at scene with several patients	85	4.11	4.15	4.00
Analyze cardiac rhythm (3- or 4-lead strip)	80	4.12	4.09	4.20
Recognize potential hazards (e.g., people, animals, environment, chemical/radiologic/biologic risks); scene safety	80	4.31	4.27	4.40

CDM = clinical decision making; CPR = cardiopulmonary resuscitation; ED = emergency department; MD = medical director.

ecologic validity of scenarios to portray real-time CDM demands¹⁴ (i.e., the learner is required to make many decisions during the on-scene treatment phase, and scenarios should include decisions found to be important in this study). Paramedics and medical directors who work in EMS continuous quality improvement should be aware of these findings and seek ways to improve paramedic CDM in their

service, such as providing paramedics with effective and novel resources during the on-scene treatment phase, including quick access to medical control and quick reference guides.

Interestingly, paramedics and medical directors differed on their scoring on only 5 of the included 42 decisions, which justifies this method of inter-professional consensus building. The paramedics who

Table 4. Clinical decisions: consensus achieved in round 4 (23 respondents, n = 5 CDM items)

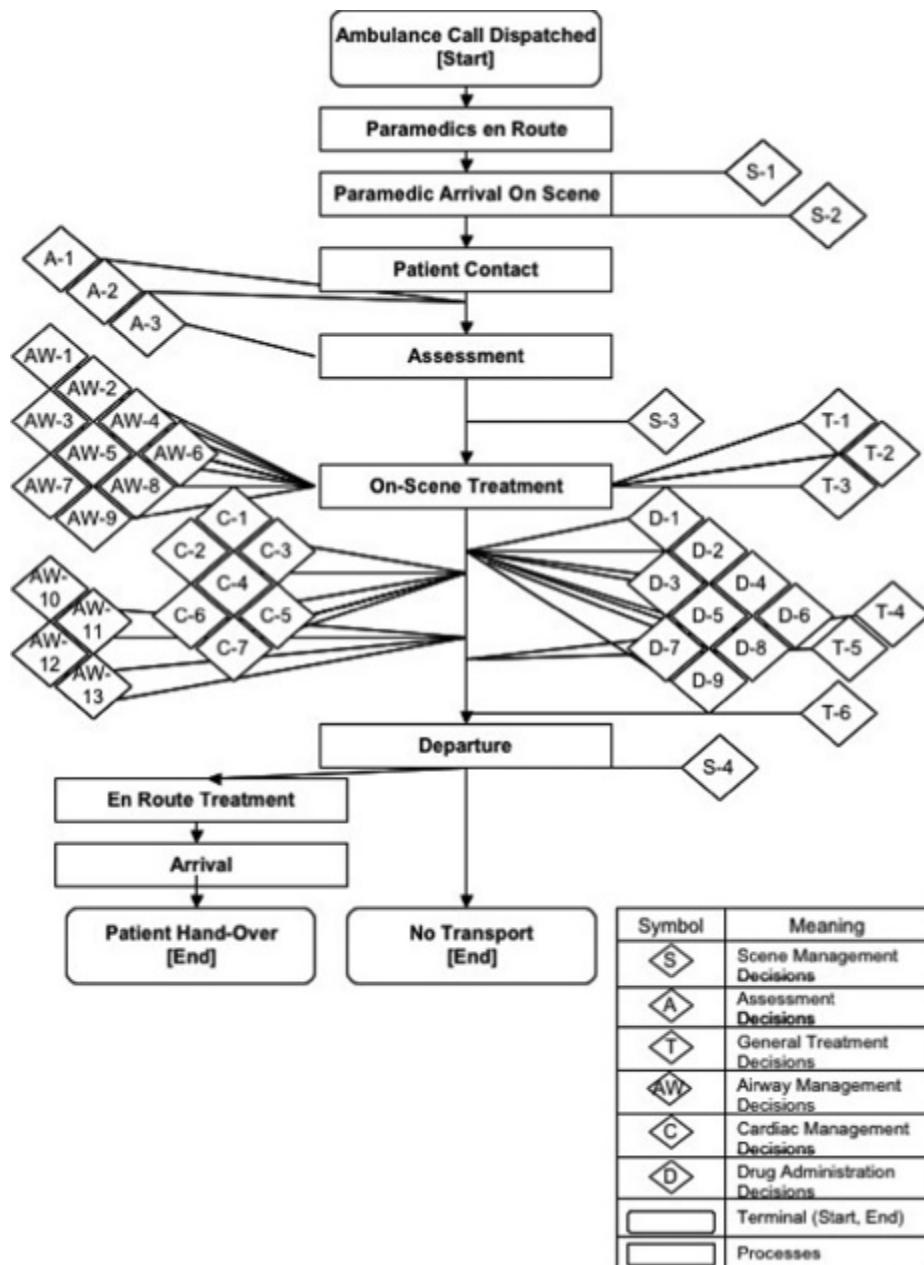
Decision	Consensus (%)	Mean		
		Panel	Paramedic	MD
Decide whether to attempt intubation in pediatric patient	91	4.29	4.23	4.43
Decide to insert airway adjuncts (OPA, NPA)	82	4.11	4.08	4.20
Decide whether to administer vasopressor	82	4.00	4.00	4.00
Decide on electrical cardioversion or medications for SVT	82	4.10	4.14	4.00
Decide how to manage labour and delivery	82	4.00	4.00	4.00

CDM = clinical decision making; MD = medical director; NPA = nasopharyngeal airway; OPA = oropharyngeal airway; SVT = supraventricular tachycardia.

Table 5. Decision categories

Decision category	Number of decisions	Mean		
		Panel	Paramedic	MD
Airway management	13	4.49	4.49	4.49
Assessment	3	4.48	4.43	4.58
Cardiac management	7	4.49	4.51	4.44
Drug administration	9	4.36	4.36	4.35
General treatment decisions	6	4.42	4.42	4.42
Scene management	4	4.27	4.33	4.14

MD = medical director.

**Figure 1. Process map.**

Symbol	Meaning
(S)	Scene Management Decisions
(A)	Assessment Decisions
(T)	General Treatment Decisions
(AW)	Airway Management Decisions
(C)	Cardiac Management Decisions
(D)	Drug Administration Decisions
[]	Terminal (Start, End)
[]	Processes

Table 6. Included decisions, in order on process map

Code	Decision
S-1	Recognize potential hazards (e.g., people, animals, environment, chemical/radiologic/biologic risks); scene safety
S-2	Decide to check for/triage patients at scene with several patients
A-1	Initial assessment: is patient critical; level of distress/acute, decide whether to start treatment right away, or complete assessment
A-2	Recognize signs of life-threatening trauma
A-3	Decide if patient has capacity to refuse or consent
S-3	Decide when to leave scene v. manage/treat on scene (load and go v. stay and play)
T-1	Decide on appropriate treatment
T-2	Determine if patient requires immediate treatment or can wait until en route, arrival at ED
T-3	Recognize contraindications/reason to withhold therapy
T-4	Reassess patient after giving a treatment; decision on next action (e.g., stop drug, change, give another dose)
T-5	Decision to change care plan (switch protocol/medical directive) based on patient changes
T-6	Decide how to manage labour and delivery
D-1	Provide ASA
D-2	Give epinephrine for anaphylaxis
D-3	Give epinephrine for severe asthma
D-4	Give epinephrine for pediatric shock
D-5	Decide to give TNK for STEMI
D-6	Provide bronchodilators
D-7	Decide to use drugs to facilitate intubation (sedation, opiates, paralytics)
D-8	Decide on drug for tachycardia (amiodarone/lidocaine/adenosine)
D-9	Decide whether to administer vasopressor
AW-1	Decide on manual airway positioning—if necessary and how (e.g., head tilt, jaw thrust)
AW-2	Decide to insert airway adjuncts (OPA, NPA)
AW-3	Decide to use supraglottic device (King LT, Combitube, LMA), ETI, or BMV
AW-4	Provide positive pressure ventilation with BVM in respiratory distress
AW-5	Decide whether to attempt intubation in pediatric patient
AW-6	Decide whether to attempt intubation in major trauma patient
AW-7	Decide to use CPAP
AW-8	Decide to perform chest needle decompression
AW-9	How to clear obstructed airway (Heimlich manoeuvre, suction, forceps)
C-1	Start CPR
C-2	Begin chest compressions on decompensated child (shock)
C-3	Remind/correct chest compressor on CPR quality; have chest compressors switch
C-4	Decision to defibrillate
C-5	Analyze cardiac rhythm (3- or 4-lead strip)
C-6	Interpreting 12-lead ECG
C-7	Decide on electrical cardioversion or medications for SVT
AW-10	Decide how to confirm intubation
AW-11	Decide to extubate if unsure of placement
AW-12	Failed attempt at intubation; try again for ETI or switch to supraglottic device or BVM
AW-13	Decide whether to perform cricothyrotomy
S-4	Decide most appropriate destination (trauma, heart, stroke centre, community ED, other)

ASA = acetylsalicylic acid; BMV = bag-mask ventilation; CPAP = continuous positive airway pressure; CPR = cardiopulmonary resuscitation; ECG = electrocardiogram; ED = emergency department; ETI = endotracheal intubation; LMA = laryngeal mask airway; LT = laryngeal tube; NPA = nasopharyngeal airway; OPA = oropharyngeal airway; STEMI = ST elevation myocardial infarction; SVT = supraventricular tachycardia; TNK = tenecteplase.

participated were all advanced care paramedics with considerable EMS experience, so it is possible that the same level of agreement may not be found between all paramedics and medical directors. Reasons why paramedics and medical directors scored these decisions differently were not explored further in this study. An important future study would be to evaluate why paramedics and medical directors feel that different decisions are more important for outcome and safety.

The consensus decisions were plotted onto an emergency call process map. This representation of the processes and decisions involved in a typical call allows one to identify areas of high decision density and determine the point of the call susceptible to near misses, adverse events, and errors. It is apparent from this process map that most of the decisions are consolidated around the on-scene treatment process of the call. This is also the period of a typical emergency call when paramedics deal with uncontrolled settings (outside the ambulance) and are likely to have the least amount of clinical support (e.g., when a paramedic crew arrives on scene and then calls for another crew to give assistance). Although not all of the decisions on the map happen during each emergency call, the map is valuable for increasing awareness of when paramedics are likely to be inundated with many decisions of high risk for lapses in patient safety or outcome. Situations of high decision density are susceptible to provider error.¹⁵ It should not be misconstrued that this map is an attempt to plot the thinking process that occurs in a paramedic's mind (consciously or subconsciously) as decision making is never a linear process. However, events that occur during an emergency ambulance call are generally predictable, and in most instances, an emergency call is a linear process through time.

This study has consequences for future research on paramedic CDM. Process mapping of specific interventions is valuable for determining the complexities and potential sources of error.¹⁶ This Delphi study has provided methodological direction for similar studies on interventions known to be of high importance to clinical outcome or patient safety. For example, a similar Delphi study with process mapping could be conducted to analyze paramedic CDM during management of ST segment elevation myocardial infarction patients.

LIMITATIONS

The results of this study should be considered along with the methodological limitations of a Delphi study.¹⁷ The decisions found to be important may have differed if the panel was entirely made up of paramedics or medical directors rather than a mix of these groups. Only opinions submitted by panel members were scored, so some important decisions may be missing from this collection. The study was terminated at four rounds, regardless of the number of decisions in which consensus was achieved, to minimize sample fatigue and decreasing response rates. Potentially, additional decisions would have been found to be important if the panel members had the opportunity to review their scores and the panel scores one more time. The Delphi technique calls for panel members to be given the opportunity to rescore items after viewing the panel mean score and their individual previous score for each item. Viewing the group mean may have caused some panel members to score items closer to the group mean, whereas others may have inflated their score to a more extreme value to contradict the group mean.

Decisions were categorized based on the judgment of one of the authors. A post hoc analysis was conducted by the other two authors to check for bias. The authors had good agreement on the classification of the decisions, but the rigour of this process would have been improved with independent analysis by two authors, with third-party adjudication.

The decisions selected as most important for patient safety and clinical outcome were determined by consensus and are not verified by actual patient outcomes or safety data.

The authors reviewed relevant literature and consulted their own knowledge and experience to develop the phases of the process map. The researchers believe that the phases are a good representation of how emergency calls occur in most jurisdictions most of the time. The phases are not the result of empirical research; however, this is another potentially valuable research question.

Finally, and most importantly, the present study took the nominal responses of the Delphi panel at face value to determine a set of decisions paramedics are likely to make during a high-acuity emergency call that are important. The results of this study could be enriched with triangulation with qualitative methods to

learn more about why the panel felt that the decisions were important, what the process map means to them, and why the paramedics and medical directors scored some decisions differently.

CONCLUSION

In a Delphi study of CDM by paramedics during high-acuity emergency calls, consensus was reached on 42 decisions in six categories. The phase of an emergency call found to have the highest density of important decisions was the on-scene treatment phase. These findings should be a focus of paramedic training, continuing education, and continuous quality improvement in an effort to minimize clinical errors and improve EMS patient safety and clinical outcomes.

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