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## **REACTION OF MEN AND WOMEN TO DIVORCE IN KAUNAS**

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### **Objectives:**

1. To find out and compare man's and female reaction to the stress caused by divorce and their capability to overcome stress.
2. To find out to the aid what professionals more often persons during divorce rely.
3. To find out as during divorce of the man and the woman perceive functions of the social worker.

**Methods:** The divorced men and women who visit groups of rendering of mutual aid in Kaunas (Lithuania) archdiocese the Family center and in HPC day time the center "Solija" were investigated. In research have taken part 62 exploratory, 32 from them were women and 30 men.

**Results:** The most part exploratory has specified, that after divorce feels alone, divorce has changed their life, and that after divorce their quality of a life became worse. Stress caused by divorce of the man and the woman overcome differently. From stresses caused by divorce of the man overcome withdraw in itself, and women openly showing the feelings. To the majority exploratory men and women, psychologists have helped to overcome the stress caused by divorce.

### **Conclusions:**

1. Comparing men and women during from divorce, the majority of men feel rage on representatives of an opposite floor.
2. Comparing men and women during from divorce, the majority of men feel lonely.
3. With stress during divorce of the man and the woman overcome differently.
4. Comparing men and women, during divorce, the women capable after divorce to search the professional help, it is more.