

GENDER INEQUALITY, DEPRESSION AND JOB OPPORTUNITIES

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In most traditional and in-transition societies, the superstition of superiority of men to women has been a great barrier for women's progress in social life. As women have limited job opportunities in these societies, they are always under stress and anxiety get a job to be independent or to keep it in a tight competition with men. The presence of negative competitions at work causes the women to transfer their problems to the house and express their anger form inequality to their husbands and sons. The phrases such as “ Men are always the same” or “Men can do but prejudice” at home refer to the negative interactions they have had at work. On the other hand gender inequality for women has a negative feedback and they try to percolate it to the system. The experienced women always make fun of the novice and increase their anxiety. The hierarchy of depression for these novice women became wider and wider at the bottom. This depression and anxiety from losing the job result in different reactions. They don't mention their mother's status at work as an important thing or the sign of superiority. This paper investigates the psychological effects of gender inequality for women at work and home.