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Transition From Child & Adolescent Psychiatry to Adult Psychiatry. the Views of the Cap Trainees and Early Career Cap Specialists.

A. Kanellopoulos¹, A. Moscoso¹

¹Child & Adolescent Psychiatry Working Group, European Federation Psychiatric Trainees, Athens, Greece

INTRODUCTION

There is a great concern amongst the CAP Trainees and the Early Career CAP Specialists regarding a patient's transition from the Child & Adolescent Psychiatrist to the Adult Psychiatrist after the 18th year of age.

OBJECTIVES

The main objective was to explore the views of the European CAP Trainees and Early Career CAP Specialists in order to create a framework and then present it to the UEMS CAP Section for further discussion.

AIMS

The central aim is to educate future specialists to handle the transition in an optimal manner. This will guarantee the patient's good care according to a balanced opinion of the patient, family and the clinicians.

METHODS

In a multicenter cross-sectional study, data was collected from 33 countries, using an on-line survey method.

RESULTS

The results that will be presented involve the views of the CAP trainees and Early Career CAP Specialists regarding the variable current conditions in every country and the general viewpoints of the participants. There were various issues that have been raised such as the timing of the transition, the professional respect across the boundary, the ethical preparation of the patient for the transition and the continuity of care.

CONCLUSION

The views of the European CAP Trainees and the Early Career CAP Specialists regarding transition from CAP to Adult Psychiatrist Services will be essential for drafting a framework within the UEMS CAP Section in order to promote the best quality of care for the patients.