

P-1471 - THE SOURCE OF DEPRESSION IN WOMEN WHO COMMIT SUICIDE

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Introduction: It is estimated that every year more than half a million people commit suicide in the world. However, in the third world and developing countries, the death resulted from committing suicide is remained hidden. This unpleasant phenomena is quite problematic, first for the families and then for the societies, especially when it is presenting among the women. For this reason in 2003 the world health organization (WHO) dedicated 10th of september as the international day of suicide.

Objectives and aims: The aim of this reaserch is to investigate the source of depression as a risk factor for suicide among women by considering its cultural and social aspects.

Methods: In this investigation from the tajik women who had committed suicide 46 women were chosen randomly. They were tested using the depression test of beck together with a self-made questionnaire to check the intimate family relationships between the cases and their family members.

Results: The average of the depression rate among these women was 15-58. The questionnaire showed these women had severly experienced violence from their family and especially from their husbands, which was the source of their depression. After tolerating many years of violence, these battered women had found suicide as their only way to free themselves from their tough lives.

Conclusion: Governmental and non-governmental institutions and organizations can provide educational facilities and possibilities for the families, to help increasing family behavior understandings, which in turn leads to decrease the level of violence in the families and toward women.