

Behavioural and Cognitive Psychotherapy

Instructions to Authors

Submission to Behavioural and Cognitive Psychotherapy

Articles written in English and not submitted for publication elsewhere should be sent via <http://mc.manuscriptcentral.com/babcp>.

Manuscript preparation

A Word document of the manuscript must be submitted electronically and original figures can be supplied as attachments.

Articles must be typed double-spaced throughout allowing wide margins all round. Where unpublished material e.g. behaviour rating scales, therapy manuals etc, is referred to in an article, copies should be submitted as an additional document to facilitate review.

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Tharp, R. G. and Wetzel, R. J. (1969). *Behaviour Modification in the Natural Environment*. New York: Academic Press.**Roskies, E. and Lazarus, R. S.** (1980). Coping theory and the teaching of coping skills. In P. O. Davidson and S. M. Davidson (Eds), *Behavioural Medicine: changing health lifestyles*. New York: Brunner/Mazel.
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Contents

EMPIRICALLY GROUNDED CLINICAL INTERVENTIONS

- The Use of Rescripting Imagery for People with Psychosis Who Hear Voices** 129
Ison, R., Medoro, L., Keen, N. & Kuipers, E.

MAIN ARTICLES

- Rumination, Depressive Symptoms and Awareness of Illness in Schizophrenia** 143
Thomas, N., Ribaux, D. & Phillips, L. J.

- Living Through Distress: A Skills Training Group for Reducing Deliberate Self-Harm** 156
Booth, R., Keogh, K., Doyle, J. & Owens, T.

- Metacognitive Therapy in Treatment-Resistant Psychosis: A Multiple-Baseline Study** 166
Hutton, P., Morrison, A. P., Wardle, M. & Wells, A.

- The Work and Social Adjustment Scale as a Measure of Dysfunction in Chronic Insomnia: Reliability and Validity** 186
Jansson-Fröjmark, M.

- A Mixed-Methods Evaluation of a Pilot Psychosocial Intervention Group for Older People with Schizophrenia** 199
Berry, K., Purandare, N., Drake, R., Elmsley, R., Jones, L. & Barrowclough, C.

- The Relationship between Perfectionism and Rumination in Post Traumatic Stress Disorder** 211
Egan, S. J., Hattaway, M. & Kane, R. T.

- Early Improvement in Eating Attitudes during Cognitive Behavioural Therapy for Eating Disorders: The Impact of Personality Disorder Cognitions** 224
Park, E. C., Waller, G. & Gannon, K.

BRIEF CLINICAL REPORTS

- A Preliminary Attempt to Experimentally Induce Post Event Processing in Social Anxiety Disorder** 238
Rowa, K., Antony, M. M., Swinson, R. P. & McCabe, R. E.

- An Initial Evaluation of the Clinical and Fitness for Work Outcomes of a Military Group Behavioural Activation Programme** 243
Wesson, M., Whybrow, D., Gould, M. & Greenberg, N.

- Developing a Compassionate Mind to Enhance Trauma-Focused CBT with an Adolescent Female: A Case Study** 248
Bowyer, L., Wallis, J. & Lee, D.

- Book Reviews** 255