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Cover picture

Two Hearts (2015)
by Jephson Robb (b. 1970)

Robb was commissioned by NHS Greater Glasgow and Clyde through Gartnavel Royal Hospital's 'Art in the Gart' initiative to design a sculpture to mark the 200 years since the opening of Glasgow's first asylum in 1814. The work (comprising *Two Hearts* and *Sun and Moon*, see next month's *BJPsych*) was unveiled on 27 May 2015 by staff and patients. This was part of a year-long series of creative and interactive activities to celebrate the bicentenary.

Robb spent 6 weeks at Gartnavel Royal Hospital; the hospital staff enabled him to access all wards and grounds to gain insights from patients and staff. In addition he researched the history of mental health, and its constant companion, the stigma of mental illness. He concluded that despite many mistakes, the pursuit of better care of the mentally ill had been paramount. He felt it was not possible to see 200 years of mental healthcare from any single point of view; rather, he proposed that not one but two sculptures should be placed at different locations within the hospital.

Two Hearts is a large red 2 sitting on a 4 m² mirror polished plinth, with an overall height of 2.5 m. The 2 makes reference to 200 years but rotated counter-clockwise through 90° the 2, normally a familiar shape, is transformed into a new form. Only by adjusting their viewpoint does the viewer recognise the familiar. Mental illness can have a similar effect, quickly transforming the familiar into the unfamiliar, stripping away that by which we would normally identify ourselves or another person. The sculpture asks us to adjust our way of seeing when dealing with mental illness.

Even in its altered position the 2 is still very much a 2 just as anyone with a mental illness is still very much a human being of equal value. Viewed from close range on either side, the 2 is reflected in the plinth, creating a heart shape that symbolises the love and care that Robb noted when working among staff and patients in the hospital.

Thanks to Jephson Robb, Dr Anne Nightingale, Dr Iain Smith, Ms Fiona Sinclair and Mr Colin McCormack.

We are always looking for interesting and visually appealing images for the cover of the *Journal* and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescott Street, London E1 8BB, UK or bjp@rcpsych.ac.uk.

