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Zimovane™

zopiclone



23 million sleep nights in
Ireland since launch

Zimovane is manufactured for the world in Nenagh, Co. Tipperary.

Prescribing Information: **Presentation:** White elliptical tablet containing 7.5mg Zopiclone. The tablet also contains lactose and wheat starch. **Pharmacology:** Zopiclone a cyclopyrrolone derivative, has a pharmacological profile resembling a benzodiazepine. **Indications:** Short term management of insomnia which is severe, disabling or subjecting the individual to extreme distress. **Dosage and Administration:** *Adults:* 7.5mg shortly before retiring. *Elderly:* An initial dose of 3.75mg is recommended. Dosage should be kept to a minimum. *Children:* Not established. In patients with impaired liver function or chronic respiratory insufficiency initiate treatment at 3.75mg. **Renal insufficiency:** a starting dose 3.75mg. Daily dose of 7.5mg should not be exceeded. Zopiclone is removed by dialysis. **Contraindications:** Pregnancy, lactation, myasthenia gravis, hypersensitivity to Zopiclone, benzodiazepine and benzodiazepine-like agents, severe respiratory insufficiency, sleep apnoea syndrome, severe hepatic insufficiency. **Precautions:** Caution should be exercised in patients with epilepsy, renal, hepatic or respiratory insufficiency, or a history of alcohol/drug abuse. **Withdrawal:** Consideration must be given to withdrawal symptoms or rebound phenomena with abrupt termination of treatment. It is recommended that the dosage is gradually decreased. There is an absence of any marked tolerance with Zimovane for treatment periods of up to four weeks. **Interactions:** Alcohol, CNS depressants, tricyclic antidepressants, compounds that inhibit cytochrome P450. **Adverse Effects:** Bitter taste is the most common side effect, drowsiness during the day or incoordination, headache, dizziness and dry mouth. Occasional irritability, depression and nervousness, amnesia, automatism, inappropriate behaviour, confusion, nightmare, hangover and GI disturbance, these reactions are more likely to occur in the elderly. Should psychiatric and paradoxical reactions occur, treatment should be discontinued. **Pharmaceutical Precautions:** Protect from light. Store in a dry place below 25°C. Zimovane is a trademark, GMS price €8.75. Further information is available on request from Rhône-Poulenc Rorer Ireland Ltd. **Date:** September 1997. **Legal Category:** S.I.A. Prescription Only Medicine.

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Cover illustration: 'A frost piece', James Arthur O'Connor (c. 1792-1841)

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