

Editor

Patricia Casey

Editorial Board

Gwen Adshead
Dinesh Bhugra
Guy Brookes
Nick Brown
David Castle
John Cookson
Jonathan Green
Roger Ho
Julian Hughes
Sarah Huline-Dickens
Helen Killaspy

Simon Kyaga

Jair Mari
Femi Oyebo

Jan Scott

Daniel J. Smith

Michael Smith

Peter Tyrer

Marc Woodbury-Smith

Smith

Jessica Yakeley

David Yeomans

Rodolfo Zaratiegui

Trainee Editor

Afia Ali

Editorial Assistant

Victoria Walker

Staff Editors

Kasia Krawczyk

Lynnette Maddock

Zosia O'Connor

Subscriptions

Advances Volume 19, 2013 (six issues)
(full airmail £19/US\$34 extra)

	Members of the Royal College of Psychiatrists		
	Non-members	Institutions	
Print (+ free online)			
Europe (& UK)	£52	£147	£158
USA	US\$97	US\$230	US\$273
Elsewhere	£61	£157	£171
Online (only)			
Worldwide	Free	£115/US\$174	£145/US\$224

Payment may be made by cheque/money order, by Access/Master Card/Visa/American Express, or by UNESCO coupons. EC subscribers: please supply your Member State Code and Value Added Tax (VAT) number.

Payment should be made to Maney Publishing, Suite 1C, Joseph's Well, Hanover Walk, Leeds LS3 1AB, UK (tel: +44 (0)113 243 2800; fax: +44 (0)113 386 8178; email: subscriptions@maney.co.uk). For subscriptions in North America, please contact Maney Publishing, Two Penn Center Plaza, Suite 200, Philadelphia PA 19102, USA (tel: 1 (215) 854 6402; fax: 1 (215) 569 0216; email: northamerica@maneypublishing.com).

Continuing professional development (CPD) Those wishing to register for CPD with the Royal College of Psychiatrists should contact the CPD unit (tel: +44 (0)20 7235 2351, ext. 6108 or 6112). There is no charge for participation in the CPD scheme for Members, Fellows and Affiliates of the College.

CPD Online The College also publishes an interactive online learning facility for CPD in psychiatry. Further details, sample modules and subscription information can be viewed at www.psychiatrycpd.org. Discounts are available for *Advances* subscribers.

Correspondence Letters submitted for publication should be emailed to Professor Patricia Casey at apt@rcpsych.ac.uk or posted to *Advances in Psychiatric Treatment*, Royal College of Psychiatrists, 17 Belgrave Square, London SW1X 8PG.

Printed by Henry Ling Ltd, 23 High East Street, Dorchester, Dorset DT1 1HD.

© The Royal College of Psychiatrists 2013. Published by the Royal College of Psychiatrists, a charity registered in England and Wales (228636) and in Scotland (SC038369). Unless so stated, material in *Advances in Psychiatric Treatment* does not necessarily reflect the views of the Editor or the Royal College of Psychiatrists. The publishers are not responsible for any errors of omission or fact.

The College crest is a registered trade mark of the Royal College of Psychiatrists.
ISSN 1355-5146

New from CPD Online

CPD ONLINE

CPD Online is an e-learning resource offered by the Royal College of Psychiatrists. The website contains a range of learning modules and podcasts that provide a flexible, interactive way of keeping up to date with progress in mental health.

College members may use CPD Online for up to 25 CPD points in the UK. Access to the modules is through annual subscription, but we offer a series of free trial modules. For more information, visit the CPD Online website: www.psychiatrycpd.org.

Recent modules

Introduction to motivational interviewing

Motivational interviewing (MI) is a patient-centred and gently directive style of interaction used to negotiate behaviour change. Within psychiatry the approach has been applied to people with dual diagnosis, obsessive-compulsive disorders, eating disorders and anxiety. This module introduces the principles of MI and provides tools and techniques for its use in clinical practice. **CPD credits: 1.5**



Introduction to nidotherapy: a video-based module

Nidotherapy is a treatment devoted to changing the environment in all its forms so that a better fit can be established between an individual and every aspect of their surroundings. This module is authored by the pioneer of nidotherapy, Professor Peter Tyrer, and uses video footage to illustrate how it can be applied in practice. **CPD credits: 1**



Clinical audit in mental health practice: CCQI module 1

Clinical audit is one of the simplest and yet most effective clinical processes, practised since the middle of the 19th century. This module – the first in a series developed in association with the College Centre for Quality Improvement (CCQI) – enables practitioners to understand the basics of clinical audit and why they should use it. **CPD credits: 1**



Quality indicators and quality improvement methods: CCQI module 2

In all aspects of healthcare it is of vital importance that the processes used are analysed for quality, and that any areas found to be lacking in quality are improved. This module (the second in the CCQI series) provides an overview of quality indicators and gives examples of methods of quality improvement. **CPD credits: 1**

