www.cambridge.org/jhl

Research Paper

Cite this article: Fagundes-Moreira R, Silveira E, Baggio-Souza V, Marques SMT, Vidor SB, de Jezus Castro SM, Spanamberg A, Henker LC, Pavarini SP, Soares JF and da Costa FVA (2023). Comparative analysis of diagnostic methods and risk factors for *Aelurostrongylus abstrusus* infection in brazilian cats. *Journal of Helminthology*, **97**, e91, 1–8 https://doi.org/10.1017/S0022149X23000755

Received: 09 July 2023 Revised: 20 November 2023 Accepted: 25 October 2023

Keywords:

Lungworms; metastrongilids; *Aelurostrongylus abstrusus* infection; Baermann method; PCR

Corresponding author: F.V.A. da Costa; Email: fernanda.amorim@ufrgs.br

Comparative analysis of diagnostic methods and risk factors for *Aelurostrongylus abstrusus* infection in brazilian cats

R. Fagundes-Moreira^{1,2}, E. Silveira¹, V. Baggio-Souza^{1,2}, S.M.T. Marques³, S.B. Vidor⁴, S.M. de Jezus Castro⁵, A. Spanamberg^{1,6}, L.C. Henker¹, S.P. Pavarini⁷, J.F. Soares^{1,2}, and F.V.A. da Costa⁸

¹Programa de Pós-Graduação em Ciências Veterinárias, Universidade Federal do Rio Grande do Sul, Porto Alegre, Brazil; ²Laboratório de Protozoologia e Rickettsioses Vetoriais (ProtozooVet), Faculdade de Veterinária da Universidade Federal do Rio Grande do Sul - UFRGS, Porto Alegre, RS, Brazil; ³Laboratório de Helmintologia, Universidade Federal do Rio Grande do Sul, Porto Alegre, Brazil; ⁴Laboratory of Teaching, Research, Extension and Production in Surgery and Veterinary Anesthesiology. Instituto Federal Farroupilha, Frederico Westphalen, Brazil; ⁵Department of Statistics, Universidade Federal do Rio Grande do Sul, Porto Alegre, Brazil; ⁶Laboratório de Micologia, Universidade Federal do Rio Grande do Sul, Porto Alegre, Brazil; ⁷Setor de Patologia Veterinária, Universidade Federal do Rio Grande do Sul, Porto Alegre, Brazil and ⁸Feline Medicine Service, Veterinary Clinics Hospital, Department of Animal Medicine, Faculty of Veterinary, Universidade Federal do Rio Grande do Sul, Porto Alegre, Brazil

Abstract

This study aimed to prospectively evaluate the risk factors of infection by *Aelurostrongylus abstrusus* in Brazilian cats with cough and/or radiographic changes, using as diagnostic tools the Baermann method (BM), polymerase chain reaction (PCR) of feces, bronchoalveolar lavage fluid (BALF), and cytology. Forty-three cats that were presented with cough or lung radiographic abnormalities compatible with bronchoalveolar disease were included in the study. After clinical evaluation, feces samples were collected to investigate lungworm parasitism through BM and PCR. BALF was performed to provide samples for cytology, bacteriology, and fungal culture. Stool PCR was considered the gold standard for diagnosis tests, and the other methods were evaluated by their agreement. PCR presented 74% (32/43) of positivity for *A. abstrusus*, while in the BM, 41% (18/43) were positive. BM showed sensitivity of 56.25% and specificity of 100% when compared with PCR. No larva was found in the cytological evaluation of 21 BALF samples. Lungworm is an important cause of bronchopulmonary disease in domestic cats in Brazil and should be included as a differential diagnosis when a cat is presented with cough or radiographic abnormalities. BM is a sensitive, non-invasive, and cheap technique to diagnose the disease, but it is not as sensitive as PCR.

Introduction

Aelurostrongylus abstrusus (Railiet, 1898) is a nematode of the superfamily Metastrongyloidea, which is considered a primary respiratory parasite of cats and infects terminal bronchioles, alveolar ducts, and alveoli (Traversa and Di Cesare 2013). Cats and wild felids are definitive hosts and become infected through the ingestion of intermediate (snails or slugs) or paratenic hosts (rodents, frogs, lizards, snakes, and birds) (Traversa and Di Cesare 2013). Domestic cockroaches (*American periplaneta*) and mice also represent a potential source of infection to cats (Falsone *et al.* 2017; Colella *et al.* 2019).

It is a cosmopolitan disease and, although most cats remain subclinically infected or show mild disease (Traversa and Di Cesare 2013, 2016), intense chronic cough, dyspnea, tachypnea, wheezing, severe respiratory distress, and death may occur in severely parasitized cats (Traversa and Di Cesare 2013; Vezzosi *et al.* 2020). A necropsy-based retrospective study conducted in Brazil showed that 22 (1.5%) of 1,489 cats were parasitized by *A. abstrusus* and presented different disease degrees, and this was the cause of death in 45.5% of the affected cats (Pereira *et al.* 2017).

Feline lungworm infections may lead to clinical signs similar to those of bronchitis and feline asthma; thus, lungworm infections may be misdiagnosed as allergic respiratory disease (Trzil and Reinero 2014). Additionally, patients with lungworm infection frequently show clinical improvement with symptomatic therapy, making clinical diagnosis even more difficult (Traversa *et al.* 2010). Radiographically, bronchial to bronchointerstitial lung patterns are typically noted in both diseases, as well as eosinophilia (Trzil and Reinero 2014). Some techniques used to detect the presence of *A. abstrusus* larvae are bronchoalveolar lavage fluid (BALF) cytology and fecal Baermann examination (Traversa and Di Cesare 2013, 2016; Trzil and Reinero 2014). However, the lack of larvae in these tests does not rule out lungworm infection, and empiric treatment with benzimidazoles or macrolactones may be necessary to exclude this parasitism (Traversa and Di Cesare 2013; Trzil and Reinero 2014).

© The Author(s), 2023. Published by Cambridge University Press.



The objective of this study was to (1) prospectively determine the occurrence of *A. abstrusus* infection in Brazilian cats with cough or radiographic changes of bronchoalveolar disease through fecal Baermann examination, polymerase chain reaction (PCR), and BALF cytology; (2) evaluate the sensitivity and specificity of the fecal Baermann technique and BALF cytology as diagnostic methods, with fecal PCR serving as the gold standard, and (3) assess the potential risk factors associated with the development of *A. abstrusus* infection in the examined feline population.

Materials and methods

Animals

This present study was approved by the Animal Ethics Committee (CEUA/UFRGS, approval 33344). The owners of each animal signed an informed consent to participate in this study. Animals included in this study were client-owned cats presented between December 2017 and December 2018 to the Feline Medicine Service (MedFel) of the veterinary teaching hospital of the Universidade Federal do Rio Grande do Sul (UFRGS). Inclusion criteria were i) client-owned cats presented with a history of cough and ii) asymptomatic cats with radiographic abnormalities compatible with bronchopulmonary disease.

Patients were classified according to cough frequency as (i) asymptomatic (no coughing episodes); (ii) patients with mild signs, with sporadic cough and no decrease in quality of life; (iii) patients with moderate signs, with intermittent cough more than three times a week, and (iii) patients with severe clinical signs, with daily episodes of cough.

Study design

Data were recorded for each animal at the time of enrollment (e.g., sex, age, breed, data on the living environment, hunting habits). Physical examination was performed on all cats, and cats were submitted to high-quality lateral and ventrodorsal radiographic views of the thorax. Doppler echocardiography was requested for patients over five years of age and for patients with a history of or abnormalities in auscultation compatible with heart disease.

Blood samples were collected from all cats to perform complete blood count (CBC), serum biochemistry (total proteins, serum albumin and creatinine levels and serum alanine aminotransferase (ALT) and alkaline phosphatase (AF) activity in serum), and feline leukemia virus (FeLV)/feline immunodeficiency virus (FIV) infection status.

Three consecutive fecal samples were collected by the owners. After collection, samples were kept refrigerated at 4°C for up to 24 hours, and then sent to the Helminthology Laboratory at UFRGS to perform the Willis technique (Willis 1921). To perform the Baermann method, 5 g of feces were subjected to a sieve (aperture 100 mm) and placed in a Baermann apparatus (Baermann 1917). The funnel was slowly filled with water (20–25°C) until half of the fecal sample was immersed in water. The apparatus was left at room temperature for at least 12 hours. By carefully opening the clamp, 2–3 drops were collected and placed on a glass slide, covered with a cover slip, and analyzed microscopically (100x magnification).

Faeces samples were also processed for DNA extraction using the commercial kit MagMAXtm CORE Nucleic Acid Purification (Thermo Fisher Scientific, Waltham, Massachusetts, USA) according to the manufacturer's recommendations. The duplex-PCR protocol for amplifying the ITS-2 region was carried out as per Annoscia *et al.* (2014) to enable simultaneous detection of two species. The protocol

utilizes AeluroF (5'-GCATTTATGCTAGTGATATC-3') as a forward primer to amplify 220 bp for *A. abstrusus*, and TrogloF (5'-GCACTTGAAATCTTCGACA-3') as a forward primer to amplify 370 bp for *Troglostrongylus brevior*; one single primer was used as reverse MetR (5'-TAAGCATATCATTTAGCGG-3'). In the analysis, two positive gender controls and negative control with Ultra-Pure ^m DNase / RNase-Free Distilled Water (Invitrogen ^m, Carlsbad, CA, USA) were used. The PCR products were subjected to 1.5% agarose gel electrophoresis, subsequently visualized on a Kasvi^{*} LED transilluminator (São José dos Pinhais, Paraná, Brazil).

Cats were submitted to a blind BALF protocol if they were suited to anesthesia procedure with owner agreement. Cats were premedicated with a bronchodilator (terbutaline at a dose of 0.2 mg/kg SC), acepromazine (0.03 mg/kg IM), and meperidine (4 mg/kg IM), and light general anesthesia was induced with propofol (2-4 mg/kg EV). Anesthetic maintenance was performed with isoflurane vaporized in 100% oxygen (100 mL/kg) through orotracheal intubation in a semi-open Baraka system. A soft catheter (e.g., 8F red rubber) was passed down the endotracheal tube and into the lower airway until it lodged in a bronchoalveolar unit. With the catheter in place, a volume of sterile saline (5-15 mL) was rapidly infused and then removed from the lower airway by applying suction to the catheter with a syringe. This procedure was repeated up to 3 times to yield enough sample volume for analysis. Following lavage, the cat's head was lowered to allow passive drainage of fluid from the airway through the endotracheal tube. This additional fluid was collected in a sterile specimen container. Supplemental oxygen was administered until extubating. Fluid samples were sent for cytology analysis, bacterial culture, and sensitivity profile and fungal culture.

Cytology slides were prepared with BALF samples. Direct cytology slides (at least two for each sample) were prepared by placing 100–200 μ l of uncentrifuged fluid on a slide and spreading it with a spreader slide. After this, the same BALF sample (2–4 ml) was centrifuged at 1500 rpm for 10 min, most of the supernatant liquid was discarded, the formed pellet was resuspended in a small amount of remaining fluid, and this fluid was used to prepare additional cytology slides (at least two for each sample). Uncentrifuged and centrifuged cytology preparations were stained with DiffQuik (Romanowsky stain) and evaluated under light microscopy for the presence of parasites. The presence of different inflammatory cells was subjectively graded as mild, moderate, and marked.

Statistical analysis

A descriptive analysis was performed by calculating (i) the mean and the standard deviation of the quantitative variables and (ii) the proportions of the qualitative variables. Descriptive statistics of PCR results were used to evaluate the performance of the BM to diagnose the parasitosis when compared to PCR as the gold standard method, through the sensitivity and specificity. Also, a Poisson Regression with Robust Variance model was used to estimate possible association between the variables (clinical signs, lifestyle, and hunting) and the outcome (positive PCR). Statistical analysis was performed using SAS Studio software and a 5% significance level for the statistical tests were used.

Results

A total of 43 cats were included in this study, and among them, 74% (32/43) were positive for *A. abstrusus* by PCR and 41% (18/43) in the BM. Of the patients with a positive PCR, 78% (25/32) had

abnormalities in the radiographic pattern and 25% (8/32) had eosinophilia on the CBC (Table 1). Twenty-one BALF samples were collected, and cytology did not detect the presence of lungworm larvae in any of the cases. Among parasitized patients, 93% (30/32) were mixed breed cats and 53% were males (17/32), with a mean age of 3.7 years (ranging from five months to eight years), in respect to 56% (18/32) having an outdoor lifestyle and 43% (14/32) hunting habits.

A total of 41% patients (18/43) were positive for *A. abstrusus* by the Baermann method of the feces, and 16% of them (3/18) were co-infected with one of the other helminths: *Toxocara* spp., *Ancylostoma* spp., and *Dipylidium* spp. The presence of *E. aerophilus* or other pulmonary parasites was not observed in the coproparasitological techniques.

Only 21/43 cats were submitted to BALF due to the lack of agreement of the owners, or because they were unstable to undergo anesthesia. In 14% (6/43) of the patients, there was a diagnosis of a comorbidity, such as heart disease, chronic kidney disease, or

hypertension. However, 66.6% (14/21) of them were PCR positive. Cytology showed patterns compatible with mild to moderate bronchitis. No larvae w found in the cytological evaluation of the 21 BALF samples. Pneumonia was diagnosed in 19% (4/21) of the patients, of which 14% (3/21) the culture identified *Pasteurella* sp. and 5% (1/21) *Proteus* sp. In the fungal culture, there were no positive results in any of the samples evaluated. In 24% (5/21) of the procedures performed, there was the complication of transient hypoxemia, which resolved with oxygen supply.

Descriptive measures of cats with positive PCR and negative PCR according to the EPF, RX, and eosinophilia results are presented in Table 2. Using PCR as the gold standard in the diagnosis of aelurostrongylosis, the BM presented a sensitivity value of 56.25% and a specificity value of 100%. BALF cytology could not be evaluated because it was done in only 21 cats, none of which were positive for lungworm larvae. Also, a Poisson Regression with Robust Variance model was used to estimate possible association between the variables (clinical signs, lifestyle, and hunting) and the

Table 1. Results of the evaluations of the 43 cats included in the study, according to the classification of the clinical sign of cough; detection of *Aelurostrongylus abstrusus* by PCR and by Baermann Method, cells present in the cytology of bronchoalveolar lavage samples, predominant pattern of thoracic radiography, presence of eosinophilia on blood count, FeLV antigen and FIV antibodies detection test

N.	Clinical signs	PCR ^a	BM^b	BALF ^c	Radiography	Eosin. ^d	FIV ^e /FeLV ^f
1	Asymptomatic	+	+	Neutrophils and Eosinophils	Normal	_	
2	Asymptomatic	+	_	Normal	Interstitial	-	
3	Asymptomatic	+	+	Eosinophils	Bronquial	+	
4	Asymptomatic	+	_	Normal	Interstitial	-	FeLV
5	Asymptomatic	+	+	Not performed	Bronquial	-	
6	Asymptomatic	+	_	Not performed	Bronquial	-	
7	Asymptomatic	+	+	Not performed	Bronquial	-	
8	Asymptomatic	+	_	Not performed	Bronquial	-	
9	Asymptomatic	+	_	Not performed	Bronquial	-	
10	Asymptomatic	+	+	Not performed	Bronquial	-	
11	Asymptomatic	-	_	Neutrophils	Bronquial	-	
12	Asymptomatic	-	_	Not performed	Bronquial	-	FeLV
13	Mild	+	+	Normal	Normal	-	
14	Mild	+	_	Normal	Interstitial	-	
15	Mild	+	+	Eosinophils	Bronquial	-	
16	Mild	+	_	Not performed	Bronquial	-	
17	Mild	+	+	Not performed	Bronquial	+	
18	Mild	+	_	Not performed	Bronquial	+	
19	Mild	+	-	Not performed	Normal	-	
20	Mild	+	+	Not performed	Bronquial	-	FeLV
21	Mild	+	+	Not performed	Bronquial	-	
22	Mild	+	_	Not performed	Bronquial	-	
23	Mild	+	+	Not performed	Bronquial	+	FeLV
24	Mild	-	-	Neutrophils	Bronquial	_	
25	Mild	-	-	Neutrophils	Bronquial	+	
26	Mild	-	_	Neutrophils, Eosinophils and <i>Proteus</i> spp.+	Bronquial	-	
27	Mild	_	-	Neutrophils	Normal		
28	Moderate	+	+	Neutrophils	Bronquial	+	
							(Continu

Table 1. (Continued)

N.	Clinical signs	PCR ^a	ВМ ^b	BALF ^c	Radiography	Eosin. ^d	FIV ^e /FeLV ^f
29	Moderate	+	+	Normal	Bronquial	+	
30	Moderate	+	+	Not performed	Bronquial	+	
31	Moderate	+	-	Not performed	Bronquial	-	
32	Moderate	_	-	Neutrophils and Pasteurella spp. +	Normal	-	
33	Moderate	-	_	Not performed	Bronquial	-	
34	Severe	+	_	Eosinophils	Normal	-	
35	Severe	+	-	Neutrophils and Pasteurella spp.+	Normal	-	FIV
36	Severe	+	+	Eosinophils	Bronquial	-	
37	Severe	+	+	Neutrophils, Eosinophils and Pasteurella spp.	Nodular	-	
38	Severe	+	+	Not performed	Normal	-	FeLV
39	Severe	+	+	Not performed	Nodular	+	
40	Severe	-	-	Normal	Bronquial	-	
41	Severe	-	_	-	Normal	_	
42	Severe	-	-	-	Bronquial	-	
43	Asymptomatic	+	_	Not performed	Normal	-	

^aPolimerase chain reaction

^bBaermann method ^cBronchoalveolar lavage

dEosinophilia

^eFeline immunodeficiency virus

^fFeline leukemia virus

Table 2. Descriptive measures of the variables results of the Baermann method, presence of radiographic abnormalities, and occurrence of eosino-philia in the hemogram in relation to PCR results for *Aelurostrongylus abstrusus* of 43 cats with clinical signs of cough or radiographic alterations compatible with bronchopulmonary disease

Technique	Results	Negative PCR ^a (11)	Positive PCR (32)	
Baermann	Negative	11 (100.00%)	14 (43.75%)	
method	Positive	0 (0.00%)	18 (56.25%)	
Radiography	Normal	3 (27.27%)	7 (21,88%)	
	Abnormal	8 (72.73%)	25 (78.13%)	
Eosinophilia	Absent	10 (91.91%)	24 (75.00%)	
	Present	1 (9.09%)	8 (25.00%)	

^aPolymerase chain reaction

outcome (positive PCR) (Table 3). The variable 'hunting' had a prevalence ratio of 0.6198 (0.4331–0.8869). The prevalence of PCR-positive *A. abstrusus* in hunting cats is approximately 38% higher than in non-hunting cats (p=0.0089).

Three patients (3/43=6.9%) included in this study died, one of them due to the severity of the parasitosis (Figure 1A, B), another due to primary lung carcinoma, and the third one due to traumatic diaphragmatic hernia.

Discussion

In the current investigation, the prevalence of lungworm infection was found to be higher in cats using both BM (41%) and PCR (74%)

Table 3. Crude associations between the variables of anamnesis factors in parasitized and non-parasitized patients. The p-values for the crude associations were obtained using the Poison Regression with Robust Variance model

Variable	Negative PCR ^a (11)	Positive PCR (32)	Total	P value
Clinical signs				
Asymptomatic	2 (18.18%)	10 (31.25%)	12	0.795
Mild	4 (36.36%)	12 (37.50%)	16	
Moderate	2 (18.18%)	4 (12.50%)	6	_
Severe	3 (27.27%)	6 (18.75%)	9	_
Lifestyle				
Indoor	3 (27.27%)	14 (43.75%)	17	0.3139
Outdoor	8 (72.73%)	18 (53.25%)	26	_
Hunting				
No	1 (9.09%)	16 (53.33%)	17	0.0089*
Yes	10 (90.91%)	14 (46.67%)	24	
No data	0	2	2	_

^aPolymerase chain reaction

compared to the prevalence described in South America by Penagos-Tabares *et al.* (2018). Prevalence rates reported in the literature vary depending on factors such as lifestyle, geographic origin, and diagnostic methods employed, ranging from 0.21% in

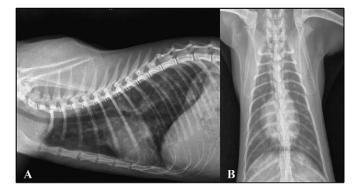


Figure 1. Thoracic radiographs. Left lateral (A) and ventrodorsal (B) positions of a cat infected with Aelurostrongylus abstrusus, showing a bronchial pattern

Colombia (Echeverry *et al.* 2012) to 35.3% in Argentina (Cardillo *et al.* 2014) using the Ritchie and Baermann methods, respectively. The high prevalence observed in the present study could be attributed to the study design, as the enrolled cats exhibited respiratory signs or pulmonary radiographic changes, thus constituting a selected sample of the population. Moreover, it is important to note that the use of fecal diagnosis alone may not reflect the true prevalence among exposed populations (Morelli *et al.* 2020), and therefore, the use of serological detection methods such as ELISA has been proposed as a useful tool for detecting infection in endemic areas (Vismarra *et al.* 2023).

The prevalence of *A. abstrusus* in felines varies widely among countries and regions worldwide, with the disease considered endemic in the European continent (Knaus *et al.* 2011; Echeverry *et al.* 2012; Barutzki and Schaper 2013; Olsen *et al.* 2015). In Brazil, several states have reported this parasite, including Minas Gerais (Mundim *et al.* 2004), Mato Grosso (Ramos *et al.* 2013), Goiás (Campos *et al.* 1974), Rio de Janeiro (Scofield *et al.* 2005; Ferreira *et al.* 2007), São Paulo (Fenerich *et al.* 1975; Matsui *et al.* 2018), and Rio Grande do Sul (Ehlers *et al.* 2013; Rigão *et al.* 2019; Ferraz *et al.* 2020). Since this lungworm was confirmed as an important cause of death in cats in our region (Pereira *et al.* 2017), we were motivated to study its occurrence among our patients presented with cough or evidence of bronchopulmonary disease on radiographic evaluation.

There was a wide age range of parasitized cats included in this study, from kittens to seniors. A study conducted in Brazil in the 1990s indicated that young cats (<4 years old) were more frequently infected with *A. abstrusus* (Headley 2005). However, the nematode can infect cats of any age, regardless of their lifestyle, breed, or sex. Younger cats may be more susceptible to infection due to their less developed immune system, but adult cats also have a cumulative risk of exposure due to hunting (Headley 2005; Cavalera *et al.* 2019; Carruth *et al.* 2019; Ferraz *et al.* 2020). Hunting increases the chances of cats ingesting intermediate and paratenic hosts (Knaus *et al.* 2011; Traversa *et al.* 2008a). Additionally, some suspected paratenic hosts can be present inside houses and apartments, exposing indoor cats to infection (Falsone *et al.* 2017; Colella *et al.* 2019). This may partly explain why approximately 44% of indoor cats had positive PCR results in this study.

The Baermann method is the preferred parasitological method for diagnosing lung parasite infections, and it exhibited 100% specificity in our study. However, the Baermann method can only detect parasites during the patency period and may suffer from reduced sensitivity due to intermittent or low excretion of larvae (Iorio and Traversa 2008). Alternative diagnostic tools for feline aelurostrongylosis have been proposed, including molecular detection methods using samples of feces or pharyngeal swabs. In our study, we employed a single-step duplex polymerase chain reaction (duplex-PCR) on the ribosomal internal transcribed spacer 2 region (ITS-2) to simultaneously detect and differentiate T. brevior and A. abstrusus. These two parasites share similar biology and ecological niches and can potentially co-infect cats, but their first-stage larvae (L1) are difficult to differentiate due to morphological similarities (Bowman 2021). Our results align with those of Morelli et al. (2022), who confirmed that PCR is more sensitive and specific than the Baermann method for diagnosing A. abstrusus infections in domestic cats. Molecular methods, including PCR, have proven to be powerful in a range of studies, including those focused on diagnostic purposes in clinical cases (Traversa and Guglielmini 2008; Traversa et al. 2008b; Di Cesare et al. 2014; Hawley et al. 2016), postmortem evaluations (Crisi et al. 2015; Traversa et al. 2018), and anthelmintic evaluations (Traversa et al. 2014).

No larvae were observed in the BALF cytology samples. According to the literature, A. abstrusus larvae are cytologically detected in 20.8% to 36.4% of naturally infected cats (Crisi et al. 2019, 2020). However, even when evaluating experimental infections using high parasite loads (800 larvae per cat), the number of animals with positive cytology for A. abstrusus larvae was low (3 in 14 cats, representing 21.4%) (Lacorcia et al. 2009). The reasons for our results in the 13 PCR-positive cats that underwent BALF testing may include a low parasite load in the population studied and the fact that not all cats were sampled due to external circumstances (Annoscia et al. 2014). It is essential to highlight that cytological findings in aelurostrongylosis are not specific and may overlap with those of other feline airway diseases, unless larvae are detected (Crisi et al. 2020). In this study, some owners did not consent to the BALF procedure for their cats due to concerns about potential respiratory complications from the invasive nature of the procedure. However, among the cats that underwent the procedure, only mild and transient hypoxemia was observed, which was treated with the administration of oxygen. Previous studies by Lacorcia et al. (2019) and Crisi et al. (2019, 2020) also reported no anesthetic or procedure-related complications.

Blood cell count and thoracic radiography are screening tests for pulmonary parasitosis, but they lack specificity. Only 25% of the cats positive for PCR had eosinophilia, which is consistent with other feline bronchopulmonary diseases (Trzil and Reinero 2014). Among parasitized cats, 78% had an abnormal radiographic pattern, including bronchial, interstitial, and nodular patterns. Thoracic imaging can reveal a range of patterns, from multifocal distributions of bronchial, nodular, and unstructured interstitial patterns in early stages to generalized alveolar patterns in severe cases (Ribeiro et al. 2014; Pennisi et al. 2015; Morelli et al. 2021). These findings may resemble and need to be distinguished from chronic bronchial disease, metastatic neoplasms, and bacterial or mycotic conditions (Pennisi et al. 2015; Traversa and Di Cesare 2016; Morelli et al. 2021). The correlation between the presence and severity of clinical scores and radiographic changes is only partial, as many infected cats show radiographic changes without evident clinical signs, while cats that show clinical signs often have evident radiographic abnormalities (Traversa and Di Cesare 2016; Febo et al. 2019).

Differential diagnoses for lungworms include bacterial infections, as well as other parasitic infections such as pulmonary toxoplasmosis, respiratory mycoses, feline bronchial disease/asthma, airway foreign bodies, and pulmonary tumors (Traversa *et al.* 2008a; Foster and Martin 2011). Bacterial pneumonia was diagnosed in 19% of the samples collected by BAL, and the bacteria identified from the culture, including *Pasteurella* sp. and *Proteus* sp., are described in the literature as being associated with pneumonia, bronchopneumonia, and bacterial bronchitis in cats (Reinero 2010). Thus, the BALF method is important to investigate other causes of bronchopulmonary diseases in addition to parasitic diseases and should be performed whenever possible. In a previous study using BALF in cats (Johnson and Vernau, 2011), this test was able to differentiate between pneumonia (29%), neoplasms (15%), bronchitis/asthma (48%), and other conditions (8%).

The clinical signs caused by *A. abstrusus* may mimic those associated with feline bronchial disease and asthma (Foster and Martin 2011). Moreover, treatment with corticosteroids and bronchodilators may result in a clinical improvement in cats with respiratory parasitosis (Foster and Martin 2011; Trzil and Reinero 2014). Therefore, treatment without identification of the etiologic agent may lead to unfavorable outcomes for patients. This highlights the importance of including BM and PCR as essential triage tests for all patients presenting with cough or radiographic abnormalities to identify lungworms as a potential differential diagnosis in the clinical setting.

Conclusions

The study demonstrated that *A. abstrusus* is a significant cause of bronchopulmonary disease in domestic cats in southern Brazil, with a prevalence of 74% among cats presenting with cough or radiographic abnormalities. Although the Baermann method is a quick, non-invasive, and cost-effective technique for detecting first-stage larvae in feces, its sensitivity is low compared to the PCR method, which is considered the gold standard. In addition, the cytological evaluation of the 21 BALF samples did not reveal any larvae. These findings highlight the importance of using the PCR method as a triage test to accurately diagnose *A. abstrusus* infections in cats with respiratory signs and to ensure proper treatment.

Data availability statement. All data used in this study are available in the records of the Hospital de Clínicas Veterinárias at Universidade Federal do Rio Grande do Sul.

Authors' contribution. Renata Fagundes-Moreira: conceptualization, methodology, formal analysis, writing – original draft preparation.

Elissandra Silveira: conceptualization, investigation, data analysis, methodology, writing – original draft preparation.

Vinícius Baggio-Souza: conceptualization, formal analysis, writing – original draft preparation.

Sandra Márcia Tietz Marques: conceptualization, investigation, data analysis, methodology, writing – original draft preparation.

Silvana Bellini Vidor: investigation, data analysis, methodology.

Stela Maris de Jezus Castro: investigation, data analysis, methodology.

Andréia Spanamberg: investigation, data analysis, methodology.

Luan Cleber Henker: investigation, data analysis, methodology.

Saulo Petinatti Pavarini: investigation, data analysis, methodology, supervision, writing – review and editing.

João Fabio Soares: conceptualization, formal analysis, supervision, writing – review and editing.

Fernanda Vieira Amorim da Costa: conceptualization, investigation, methodology, data analysis, project administration, supervision, writing – review and editing.

Funding. This study was supported by research grants from the Conselho Nacional de Pesquisa e Desenvolvimento Científico e Tecnológico (CNPq) (grant number 131701/2018-5 and 312576/2021-8), Coordenação de Aperfeiçoamento de Pessoal de Nível Superior – Brasil (CAPES) (Finance code 001), and Fundação de Amparo à Pesquisa do Rio Grande do Sul (FAPERGS) (Finance code:19/2551–0001842–8). The author JFS is funded by CNPq (grant #312576/2021-8).

Competing interest. Declarations of interest: none

Ethical approval. This work involved non-experimental animals (owned or unowned) and procedures that differed from internationally established and recognized high standards ('best practice') of veterinary clinical care for the individual patient. The study, therefore, had ethical approval from an established committee as stated in the manuscript.

Authorizations. All authors approve the submitted version and agree to the copyright conditions.

References

- Annoscia G, Latrofa MS, Campbell BE, Giannelli A, Ramos RA, Nascimento Dantas-Torres F, Brianti E, and Otranto D (2014) Simultaneous detection of the feline lungworms Troglostrongylus brevior and Aelurostrongylus abstrusus by a newly developed duplex-PCR. Veterinary Parasitology 199 (3–4), 172–178. doi: 10.1016/j.vetpar.2013.10.015.
- Barutzki D and Schaper R (2013) Occurrence and regional distribution of Aelurostrongylus abstrusus in cats in Germany. *Parasitology Research* 112 (2), 855–861. doi: 10.1007/s00436-012-3207-0.
- Baermann G (1917) Eine einfache methode zur auffindung von ankylostomum (Nematoden) larven in erdproben. Geneesk Tijdschr Ned-Indië 57, 131–137.
- Bowman DD (2021) Georgis' parasitology for veterinarians. St. Louis, Elsevier. doi: 10.1016/C2016-0-02298-2.
- Campos D, Garibaldi I, and Carneiro J (1974) Prevalência de helmintos em gatos (*Felis catus domesticus*) de Goiânia. *Journal of Tropical Pathology* 3, 355–359.
- Cardillo N, Clemente A, Pasqualetti M, Borrás P, Rosa A, and Ribicich M (2014) First report of *Aelurostrongylus abstrusus* in domestic land snail *Rumina decollata*, in the Autonomous city of Buenos Aires. *Investigacion Veterinaria* 16, 15–22.
- Carruth AJ, Buch JS, Braff JC, Chandrashekar R, and Bowman DD (2019) Distribution of the feline lungworm *Aelurostrongylus abstrusus* in the USA based on fecal testing. *Journal of Feline Medicine and Surgery Open Reports* 5 (2), 205511691986905. doi: 10.1177/2055116919869053.
- Cavalera MA, Schnyder M, Gueldner EK, Furlanello T, Iatta R, Brianti E, Strube C, Colella V, and Otranto D (2019) Serological survey and risk factors of *Aelurostrongylus abstrusus* infection among owned cats in Italy. *Parasitology Research* 118(8), 2377–2382. doi: 10.1007/s00436-019-06373-z.
- Colella V, Knaus M, Lai O, Cantile C, Abramo F, Rehbein S, and Otranto D (2019) Mice as paratenic hosts of *Aelurostrongylus abstrusus*. *Parasites & Vectors* **12(1)**, 49. doi: 10.1186/s13071-019-3293-2.
- Crisi PE, Di Cesare A, Traversa D, Vignoli M, Morelli S, Di Tommaso M, De Santis F, Pampurini F, Schaper R, and Boari A (2020) Controlled field study evaluating the clinical efficacy of a topical formulation containing emodepside and praziquantel in the treatment of natural cat aelurostrongylosis. *Veterinary Record* 187(5). doi: 10.1136/vr.105528.
- Crisi PE, Johnson LR, Di Cesare A, De Santis F, Di Tommaso M, Morelli S, Pantaleo S, Luciani A, Schaper R, Pampurini F, and Boari A (2019) Evaluation of bronchoscopy and bronchoalveolar lavage findings in cats with *Aelurostrongylus abstrusus* in comparison to cats with feline bronchial disease. *Frontiers in Veterinary Science* 6. doi: 10.3389/fvets.2019.00337.
- Crisi PE, Traversa D, Di Cesare A, Luciani A, Civitella C, Santori D, and Boari A (2015) Irreversible pulmonary hypertension associated with *Tro*glostrongylus brevior infection in a kitten. *Research in Veterinary Science* 102, 223–227. doi: 10.1016/j.rvsc.2015.08.019.
- Di Cesare A, Frangipane di Regalbono A, Tessarin C, Seghetti M, Iorio R, Simonato G, and Traversa D (2014) Mixed infection by *Aelurostrongylus abstrusus* and *Troglostrongylus brevior* in kittens from the same litter in Italy. *Parasitology Research* **113**(2), 613–618. doi: 10.1007/s00436-013-3690-y.
- Echeverry DM, Giraldo MI, and Castaño JC (2012) [Prevalence of intestinal helminths in cats in Quindío, Colombia]. *Biomedica: Revista Del Instituto Nacional de Salud* 32(3), 430–436. doi: 10.1590/S0120-41572012000300013.

- Ehlers A, Jane de Mattos MT, and T Marques SM (2013) Prevalence of Aelurostrongylus abstrusus (Nematoda, Strongylida) in cats from Porto Alegre, Rio Grande do Sul. Revista da Faculdade de Zootecnia, Veterinária e Agronomia 19, 97–104.
- Falsone L, Colella V, Napoli E, Brianti E, and Otranto D (2017) The cockroach Periplaneta americana as a potential paratenic host of the lungworm *Aelur-ostrongylus abstrusus*. *Experimental Parasitology* 182, 54–57. doi: 10.1016/j. exppara.2017.09.023.
- Febo E, Crisi PE, Traversa D, Luciani A, Di Tommaso M, Pantaleo S, Santori D, Di Cesare A, Boari A, Terragni R, and Vignoli M (2019) Comparison of clinical and imaging findings in cats with single and mixed lungworm infection. *Journal of Feline Medicine and Surgery* 21(6), 581–589. doi: 10.1177/1098612X18793445.
- Fenerich F, Santos S, and Ribeiro L (1975) The incidence of Aelurostrongylus abstrusus (Railliet, 1898) (Nematoda: Protostrongylidae) in stray cats of Sao Paulo City [Brazil]. Biológico 41, 57–58.
- Ferraz A, Pires BS, Santos EM, Barwaldt ET, Dallmann PRJ, Sapin CF, Lima CM, Pinto DM, Nobre MO, and Nizoli LQ (2020) Presença de Aelurostrongylus abstrusus em amostras fecais de gatos no município de Pelotas, RS, Brasil. Revista Acadêmica Ciência Animal 18, 1. doi: 10.7213/2596-2868.2020.18009.
- Ferreira AMR, Souza-Dantas LM, and Labarthe N (2007) Registro de um caso de Aelurostrongylus abstrusus (Railliet, 1898) em um gato doméstico no Rio de Janeiro, RJ. Brazilian Journal of Veterinary Research and Animal Science 44(1), 24–26.
- Foster SF and Martin P (2011) Lower respiratory tract infections in cats. Journal of Feline Medicine and Surgery 13(5), 313–332. doi: 10.1016/j. jfms.2011.03.009.
- Hawley MM, Johnson LR, Traversa D, Bucy D, Vernau KM, and Vernau W (2016) Respiratory distress associated with lungworm infection in a kitten. *Journal of Feline Medicine and Surgery Open Reports* 2(2), 205511691667580. doi: 10.1177/2055116916675801.
- Headley A (2005) Aelurostrongylus abstrusus induced pneumonia in cats. Semina Ciências Agrárias 26, 373–380.
- Iorio R and Traversa D (2008) New epidemiological and molecular insights into feline lungworm infection. *Annals of the New York Academy of Sciences* 1149(1), 174–176. doi: 10.1196/annals.1428.042.
- Johnson LR and Vernau W (2011) Bronchoscopic findings in 48 cats with spontaneous lower respiratory tract disease (2002–2009). Journal of Veterinary Internal Medicine 25(2), 236–243. doi: 10.1111/j.1939-1676.2011.00688.x.
- Knaus M, Kusi I, Rapti D, Xhaxhiu D, Winter R, Visser M, and Rehbein S (2011) Endoparasites of cats from the Tirana area and the first report on Aelurostrongylus abstrusus (Railliet, 1898) in Albania. Wiener Klinische Wochenschrift 123(S1), 31–35. doi: 10.1007/s00508-011-1588-1.
- Lacorcia L, Gasser RB, Anderson GA, and Beveridge I (2009) Comparison of bronchoalveolar lavage fluid examination and other diagnostic techniques with the Baermann technique for detection of naturally occurring *Aelurostrongylus abstrusus* infection in cats. *Journal of the American Veterinary Medical Association* 235(1), 43–49. doi: 10.2460/javma.235.1.43.
- Matsui A, Luzzi MC, Ferreira VA, Santos PCD, Moreira PRR, and André MR (2018) Lack of diagnosis leading to death of a cat with Aelurostrongylus abstrusus: case report. Revista De Educação Continuada Em Medicina Veterinária E Zootecnia Do CRMV-SP 16(1), 57.
- Morelli S, Diakou A, Di Cesare A, Schnyder M, Colombo M, Strube C, Dimzas D, Latino R, and Traversa D (2020) Feline lungworms in Greece: copromicroscopic, molecular and serological study. *Parasitology Research* 119(9), 2877–2883. doi: 10.1007/s00436-020-06839-5.
- Morelli S, Diakou A, Colombo M, Di Cesare A, Barlaam A, Dimzas D, and Traversa D (2021) Cat respiratory nematodes: current knowledge, novel data and warranted studies on clinical features, treatment and control. *Pathogens* 10(4), 454. doi: 10.3390/pathogens10040454.
- Morelli S, Traversa D, Diakou A, Colombo M, Russi I, Mestek A, Chandrashekar R, Beall M, Paoletti B, Iorio R, Tsokana A, De Cristofaro D, Barlaam A, Simonato G, and Di Cesare A (2022) A comparison of copromicroscopic and molecular methods for the diagnosis of cat Aelurostrongylosis. Animals 12(8), 1024. doi: 10.3390/ani12081024.

- Mundim TCD, Oliveira Júnior SD, Rodrigues DC, and Cury MC (2004) Freqüência de helmintos em gatos de Uberlândia, Minas Gerais. *Arquivo Brasileiro de Medicina Veterinária e Zootecnia* 56(4), 562–563. doi: 10.1590/ S0102-09352004000400022.
- Olsen CS, Willesen JL, Pipper CB, and Mejer H (2015) Occurrence of Aelurostrongylus abstrusus (Railliet, 1898) in Danish cats: a modified lung digestion method for isolating adult worms. Veterinary Parasitology 210(1–2), 32–39. doi: 10.1016/j.vetpar.2015.03.016.
- Penagos-Tabares F, Lange MK, Chaparro-Gutiérrez JJ, Taubert A, and Hermosilla C (2018) Angiostrongylus vasorum and Aelurostrongylus abstrusus: neglected and underestimated parasites in South America. Parasites & Vectors 11(1), 208. doi: 10.1186/s13071-018-2765-0.
- Pennisi MG, Hartmann K, Addie DD, Boucraut-Baralon C, Egberink H, Frymus T, Gruffydd-Jones T, Horzinek MC, Hosie MJ, Lloret A, Lutz H, Marsilio F, Radford AD, Thiry E, Truyen U, and Möstl K (2015) Lungworm disease in cats. *Journal of Feline Medicine and Surgery* 17(7), 626–636. doi: 10.1177/1098612X15588455.
- Ramos DGS, Scheremeta RGAC, Oliveira ACS, Sinkoc AL, and Pacheco RC (2013) Survey of helminth parasites of cats from the metropolitan area of Cuiabá, Mato Grosso, *Brazil.* Revista Brasileira de Parasitologia Veterinária 22(2), 201–206. doi: 10.1590/S1984-29612013000200040.
- Reinero CR (2010) Bronchoalveolar lavage fluid collection using a blind technique. NAVC Clinicians Brief 3, 58–61.
- Pereira PR, Argenta FF, Rolim VM, Oliveira EO, Sonne L, Pavarini SP, and Driemeier D (2017) Retrospective study of pneumony by *Aelurostrongylus abstrusus* in cats. *Acta Scientiae Veterinariae* **45**(October 2016), 1433.
- Ribeiro VM, Barçante JMP, Negrão-Correa D, Barçante TA, Klein A, and Lima WS (2014) Bronchoalveolar lavage as a tool for evaluation of cellular alteration during *Aelurostrongylus abstrusus* infection in cats. *Pesquisa Veterinária Brasileira* 34(10), 990–995. doi: 10.1590/S0100-736X2014001000011.
- Rigão GC, Franco M, Machado RS, and Rosa LD (2019) Infecção por Aelurostrongylus abstrusus em felino-Relato de caso. Brazilian Journal of Development 5(6), 6269–6277. doi: 10.34117/bjdv5n6-134.
- Scofield A, Madureira RC, de Oliveira CJF, Guedes Junior DS, Soares CO, and da Fonseca AH (2005) Diagnóstico pós-morte de Aelurostrongylus abstrusus e caracterização morfométrica de ovos e mórulas por meio de histologia e impressão de tecido. Ciência Rural 35(4), 952–955. doi: 10.1590/S0103-84782005000400036.
- Traversa D, Di Cesare A, and Conboy G (2010) Canine and feline cardiopulmonary parasitic nematodes in Europe: emerging and underestimated. *Parasites & Vectors* **3**(1), 62. doi: 10.1186/1756-3305-3-62.
- Traversa D and Di Cesare A (2016) Diagnosis and management of lungworm infections in cats. *Journal of Feline Medicine and Surgery* 18(1), 7–20. doi: 10.1177/1098612X15623113.
- Traversa D and Di Cesare A (2013) Feline lungworms: what a dilemma. *Trends in Parasitology* **29(9)**, 423–430. doi: 10.1016/j.pt.2013.07.004.
- Traversa D and Guglielmini C (2008) Feline aelurostrongylosis and canine angiostrongylosis: a challenging diagnosis for two emerging verminous pneumonia infections. *Veterinary Parasitology* 157(3–4), 163–174. doi: 10.1016/j.vetpar.2008.07.020.
- Traversa D, Iorio R, and Otranto D (2008b) Diagnostic and clinical implications of a nested PCR specific for ribosomal DNA of the feline lungworm *Aelurostrongylus abstrusus* (Nematoda, Strongylida). *Journal of Clinical Microbiology* 46(5), 1811–1817. doi: 10.1128/JCM.01612-07.
- Traversa D, Lia RP, Iorio R, Boari A, Paradies P, Capelli G, Avolio S, and Otranto D (2008a) Diagnosis and risk factors of *Aelurostrongylus abstrusus* (Nematoda, Strongylida) infection in cats from Italy. *Veterinary Parasitology* 153(1–2), 182–186. doi: 10.1016/j.vetpar.2008.01.024.
- Traversa D, Romanucci M, Di Cesare A, Malatesta D, Cassini R, Iorio R, Seghetti M, and Della Salda L (2014) Gross and histopathological changes associated with *Aelurostrongylus abstrusus* and *Troglostrongylus brevior* in a kitten. *Veterinary Parasitology* 201(1–2), 158–162. doi: 10.1016/j.vetpar.2014.01.020.
- Traversa D, Salda L Della, Diakou A, Sforzato C, Romanucci M, di Regalbono AF, Lorio R, Colaberardino V, and Di Cesare A (2018) Fatal patent troglostrongylosis in a litter of kittens. *Journal of Parasitology* **104(4)**, 418. doi: 10.1645/17-172.

- Traversa D, Di Cesare A, Milillo P, Iorio R, Otranto D (2009) Infection by *Eucoleus aerophilus* in dogs and cats: Is another extra-intestinal parasitic nematode of pets emerging in Italy? Research in Veterinary Science, [S. l.], v. 87, n. 2, p. 270–272, 2009. DOI: 10.1016/j.rvsc.2009.02.006. Disponível em: https://linkinghub.elsevier.com/retrieve/pii/S0034528809000381.
- Trzil JE and Reinero CR (2014) Update on feline asthma. Veterinary Clinics of North America: Small Animal Practice 44(1), 91–105. doi: 10.1016/j. cvsm.2013.08.006.
- Vezzosi T, Perrucci S, Parisi F, Morelli S, Maestrini M, Mennuni G, Traversa D, and Poli A (2020) Fatal pulmonary hypertension and right-sided

congestive heart failure in a kitten infected with *Aelurostrongylus abstrusus*. *Animals* **10(12)**, 2263. doi: 10.3390/ani10122263.

- Vismarra A, Schnyder M, Strube C, Kramer L, Colombo L, and Genchi M (2023) Diagnostic challenges for *Aelurostrongylus abstrusus* infection in cats from endemic areas in Italy. *Parasites & Vectors* 16(1), 187. doi: 10.1186/ s13071-023-05808-y.
- Willis HH (1921) A simple levitation method for the detection of hookworm ova. *Medical Journal of Australia* 2(18), 375–376. doi: 10.5694/j.1326-5377.1921.tb60654.x.