Breeding, Growth and Resistance to Infection of Mice Fed on Six Natural Diets*

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(Received 3 April 1950)

In their comprehensive review, 'Influence of nutrition in experimental infection', Clark, McClung, Pinkerton, Price, Schneider & Trager (1949) noted that 'the great diversity of the experiments and the not infrequent inadequacy of controls, present such confusing and at times conflicting results that any attempt to generalize would seem premature'. They concluded that: 'Further efforts to unravel the snarled skein should continue.' This is a good summary of the present position.

In a series of valuable experiments Schneider (1948) defined a suitable technique for studying the influence of diet on salmonella infection of mice. He found (Schneider, 1949) that whole wheat contained a substance that he termed 'the mouse-salmonellosis resistance factor'. By fractionation studies he found that this factor was concentrated in wheat germ and began work for its isolation and characterization.

Another approach was indicated by Howie (1948–9), who proposed to test the resistance to infection of young mice born of parents fed on natural diets and mated continuously in order that this stress might reveal possible dietary imperfections, as described by Bruce & Emmens (1948). In accordance with this plan the work described here was undertaken to see whether the resistance to infection of animals fed on a particular diet was correlated with the value of the diet as judged by its capacity to support reproduction and growth. Sengupta & Howie (1948–9) described differences in the resistance to experimental tuberculosis of mice bred and reared on two diets of natural food (diets 1 and 2). These differences, though not great, were statistically significant. It seemed useful to attempt to increase the differences in resistance by modifying the diets; this paper gives the results of attempts to do this.

METHODS

Mice. The mice employed were albinos of the W-Swiss strain bred in the Institute colony, whose origin was described by Sengupta & Howie (1948-9).

Mating procedures. The system of monogamously mated pairs described by Bruce & Emmens (1948) was used in these experiments. All the parent mice for the experiment were born between 21 and 29 July 1948. They were born of animals fed on diet 3 (see below) and were themselves fed on diet 1 (see below) until given the appropriate experimental diet, numbered 1, 2, 3, 4, 5 or 24 (see below). The feeding of the experimental diets was begun when the pairs were mated on 4 October 1948, i.e. when they

• As used in this paper the term 'natural diet' means a diet of foodstuffs commonly used in animal husbandry, i.e. not a 'synthetic' or chemically defined diet.

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were between 65 and 73 days of age. For each of the six diets tested, twenty-six female mice were continuously mated with twenty-six male mice. Each mated pair had a separate cage 12 in. × 6 in. × 6 in. Throughout this experiment all cages rested on sawdust and each two animals had access to their own faeces. The males remained continuously with the females until the males were removed on 4 April 1949, i.e. 6 months after the first mating. The experiment ended on 24 May 1949, when the last litter was weaned. At mating the mice were divided into groups that were as even as possible in weight, the mean weights for the females being: diet 1, 21·9 g.; diet 2, 21·5 g.; diet 3, 21·1 g.; diet 4, 20·6 g.; diet 5, 21·0 g.; and diet 24, 21·3 g. Litter-mates were distributed among the six diets and brother-sister mating was avoided. Young mice were weaned at 21 days of age and for each mated pair a record card was kept showing the number of young born and weaned and the weight of the young at weaning.

The temperature of the animal house was kept as near 70° F. as could be arranged in the temporary building available. Apart from one sudden fall, from 68 to 42° F. on the night of 8-9 April 1949, excursions of temperature were few and slight.

Growth test. The ability of the test diets to support growth was examined by weekly weighing of a group of from twenty-one to thirty-seven young mice bred on each diet, litter-mate brothers and sisters being used to form the test groups wherever possible. Weekly weighings began when the mice were weaned at 3 weeks of age and were continued until they were 11 weeks old. After being weaned each mouse was housed in a separate cage 6 in. $\times 4$ in. $\times 4$ in. and identified by two numbers, one for the litter and one for the individual.

Tests of resistance to infection. For tests of resistance to infection the animals were caged individually as for the growth test and were transferred to a separate room in a separate building with separate attendants. Two cultures were used to test resistance to bacterial infection. (1) Mycobacterium tuberculosis H 905 was grown and 0.5-0.75 mg. of culture was injected intravenously, in 0.1 ml. sterile water, as described by Sengupta & Howie (1948-9). (2) Salmonella enteritidis MT-1-A was grown and 1-2 million organisms were given by stomach catheter as described by Schneider & Webster (1945). This culture when used by Schneider (1946) after mouse passage and colony selection was found unsuitable for eliciting differences of resistance due to feeding of different diets, but after subculture it regained its suitability for this type of work (Schneider, personal communication, 1947). The resistance of the infected animals was assessed by the proportion of survivors 28 days after infection. In four of the five infection tests the animals were all within a week of the same age and in the other (no. 2 of Table 10) within 12 days.

Experimental diets. The six diets tested were numbered 1, 2, 3, 4, 5 and 24. Diet 1 was the modified Rowett Institute stock cube used by Sengupta & Howie (1948–9). In the present experiments the cube alone was used for diet 1 without the supplements of whole milk and green food to the mated does, which is required for its proper use as a stock-breeding diet (Thomson, 1936). Thus diet 1 of this paper differed from the diet 1 of Sengupta & Howie (1948–9) who gave a daily supplement to breeding and lactating female mice of 5 ml. fresh liquid whole milk. The cube contained: wheat offal (bran) 17.7, wheat, whole ground 17.7, oats, Sussex-ground 17.7, maize, ground 8.8,

barley, ground 8.8, white-fish meal 4.5, meat-and-bone meal 8.8, dried skim milk 14, dried yeast 1.2, sodium chloride 0.4 and cod-liver oil 0.4 %. Its chemical composition is given with that of the other diets in Table 1.

Table 1.	Percentage	composition of	f experimental	diets

Diet	Dry				Carbo-				Ca:P
no.	matter*	Protein*	Fat	Fibre	hydrate	Ash	Calcium	Phosphorus	ratio
I	87.6	19.2	4'9	4.8	52.7	6∙0	1.28	0.99	1.3
2	88.3	14.7	9.5	1.3	59.9	2.9	0.32	0.21	0.69
3†	44.0	9.9	4.0	2.2	25.0	2.9	0.6	0.47	1.3
4	85.3	16.9	5.0	5.9	21.0	5.6	0.03	0.72	1.3
5	89.2	19.2	9.1	1.1	55.6	4.5	0.74	o·48	1.2
24	84.8	12.3	5.2	1.7	63· 2	2·1	0.10	0.42	0.45

[•] See Table 2 for approximate amounts of dry matter and protein consumed by mated pairs on the 10th day after birth of a litter.

Diet 2 was the slightly modified diet B of Sherman (Sherman & Campbell, 1924) and was the same as the diet 2 of Sengupta & Howie (1948-9). It consisted of whole ground wheat 66, whole dried milk 33 and sodium chloride 1 %.

Diet 3 was diet I plus a daily supplement to each mated pair of up to 40 ml. fresh liquid whole milk and fresh cabbage ad lib. After being weaned at 21 days of age the young received only diet I, but the parent male and female received the supplement of milk and cabbage throughout the continuous-breeding period. During the infection test they received diet I without supplements.

Diet 4 was a commercially prepared cube of 'National Pig Food no. 1 for sows and weaners'. Its composition was: ground barley 28, fine bran 14, manioc meal 5.8, extracted palm meal 8.3, palm-cake meal 5.8, white-fish meal 5.8, meat-and-bone meal 3.0, ground maize 16.5, flaked maize 3.0, maize-gluten meal 8.3, cod-liver oil 0.6, ground limestone 0.5 and salt 0.4%. This cube was given without supplements.

Diet 5 was a modification of diet 2, designed to increase the protein and calcium. It consisted of whole ground wheat 60, casein (lactic, unextracted, Glaxo Laboratories Ltd.) 5, whole dried milk 33, sodium chloride 1 and calcium carbonate 1 %.

Diet 24 was slightly modified from the diet A of Sherman (Sherman & Campbell, 1924). It consisted of whole ground wheat 83, whole dried milk 16 and sodium chloride 1 %. Sherman's original diets A and B, of which our diets 24 and 2 respectively are slight modifications, were as follows: diet A—dried whole milk 1 part, ground whole wheat 5 parts, sodium chloride equal to 2 % of the weight of the wheat; diet B—dried whole milk 1 part, ground whole wheat 2 parts, sodium chloride equal to 2 % of the weight of the wheat.

Diets 1 and 4 were given as cubes without supplements; diet 3 was given as a cube with supplements of up to 40 ml. fresh whole milk daily per mated pair and fresh cabbage ad lib.; diets 2, 5 and 24 were fed as a moist dough prepared by addition of 30 ml. water to 100 g. diet. With all diets tap water was given ad lib. from drinking bottles. The diets also were given ad lib. except that for diet 3 the allowance of fresh whole milk per mated pair was restricted to 40 ml. daily. Food consumption, which

[†] Calculated for the proportions of cube, milk and cabbage eaten by mated pairs on the 10th day after birth of a litter (see Table 2).

was extremely variable, increased markedly during lactation even before the young themselves began to eat solid food, as they did about 15-17 days of age. For comparison between diets, approximate round figures for food consumed by mated pairs 10 days after the birth of litters are given in Table 2. The figures are based on observations made during this and other experiments.

Table 2. Food consumption on experimental diets expressed as approximate round figures based on observations during this and other similar experiments

Diet			d consum ng*) on d of	Amount consumed per mated pair on the 10th day after birth of a litter				
	Type of food	1	5	10	15	21 (weaning date)	Dry matter (g.)	Protein (g.)
1	Cube	18	20	22	28	34	19.3	4.5
2	Moist dough†	10	20	35	40	40	23.7	3.9
3	Cube Cabbage Fresh liquid whole milk (ml.)	5 4 15	7 5 25	25 5 30	30 5 30	25 5 40	26.3	5.9
4	Cube	18	20	22	28	34	18.8	3.7
5	Moist dough†	10	15	25	35	40	17·1	3.7
24	Moist dough†	10	20	35	40	40	22.8	3.3

- Young ate very variable amounts of food, but none before 15 days of age.
- † The moist dough was prepared by adding 30 ml. of tap water to 100 g. of dry diet.

Records available. At the beginning of the experiment there were 156 mated pairs, twenty-six on each of the six diets. At the end of the experiment completed records were available for 134 of the pairs, twenty-two on diets 1, 2, 4 and 5, and twenty-three on diets 3 and 24. Of the twenty-two pairs whose records were not analysed, one was rejected because no young were born to the pair, sixteen because the female died before the experiment ended*, two because the female was killed because of vaginal prolapse, and three because the female was accidentally killed by the fall of a cage lid.

Statistical treatment of data. The records of the 134 pairs that completed the experiment were analysed by Mr M. H. Quenouille, Lecturer in Statistics at Aberdeen University. The full records are too extensive for publication but the summarized data presented here give an adequate account of the influence of the six diets on breeding performance of the pairs, growth of the young mice to maturity and resistance to infection both of the young and of the adults after the end of the breeding test.

RESULTS

Breeding performance

To assess the relative efficiency of the diets under prolongation of the stress of continuous gestation and lactation, three periods of time were recognized: period 1, from first mating on 4 October 1948 to 12 December 1948; period 2, from 12 December 1948

* Seven of the sixteen deaths followed blowing of a fuse in the heating circuit and a sharp fall of temperature from 68 to 42° F. and nine were from causes not disclosed by post-mortem examination and culture for specific intestinal pathogenic bacteria.

to 12 February 1949 and period 3, from 12 February 1949 to 24 May 1949, when the last litter was weaned. A full time-table of the main events of the breeding experiment is given in Table 3. Figures were available for the weights of mice weaned and for the numbers of mice born and weaned, the difference between the last two being the number that died before weaning. In the analysis of the numbers born, weaned and dead a square-root transformation was used to make the variances homogeneous and the

Table 3. Time-table of the main events in the breeding tests

	•	<u> </u>
Date	Event	Notes
4. x. 48	Experimental diets began Mating began	Males allowed to remain continuously in same
23. x. 48	Earliest first litters born	cages as females and young —
4. x. 48–12. xii, 48 12. xii, 48–12. ii, 49 12. ii, 49–24. v. 49	Period 1 Period 2 Period 3	Three unequal periods of time were recognized in analysing the data. Period 1 included most first and second litters, period 2 most third and fourth litters and period 3 the subsequent litters
4. iv. 49	Mating ended	Males removed from breeding cages. Females left to rear all litters already conceived
8-9. iv. 49	Fuse blown in animal house; temperature fell overnight from 68 to 42° F.	Seven parent females died within the next 4 days, their records were excluded from the analysis
24. V. 49	Last litter weaned	-

means given are the squares of the mean square roots. In analysing the numbers born it was found that the few mice bearing no litter during any one period had an undue influence. After investigation, these zeros were changed to 6 for the purpose of the analysis. This had the effect of retaining a normal frequency distribution of the numbers born. If this change had not been made the frequency distribution would have been abnormal and the results would have been largely determined by the few failures to bear a litter. Thus it was better to change zero to 6, a figure just below the lowest for mothers which bore any young. Since the numbers on the different diets were not the same the standard errors given are only approximate, but all statements about significance of differences are based on exact analyses.

Weight of young weaned. The weight of young weaned (Table 4) showed that diet 5 was consistently poor. In period 3, diet 3 showed itself significantly better than diets 2, 5 and 24. Diets 1 and 4 were intermediate but the differences between these and the other diets were not significant.

Number of young weaned. The number of young weaned (Table 5) also showed the failure of diet 5 in comparison with diets 3 and 4 in all periods. In period 2, diet 1 was inferior to diet 3.

Number of young born. For livestock production, the weight and number of young weaned are probably the best criteria for the efficiency of a diet, but it was also important to know if the diets influenced the numbers born. Analysis of the results (Table 6) showed that in this respect also diet 5 was poor. Diets 3 and 4 were good in all periods and diet 4 was not significantly better than diet 3 in period 3. The high number of young born on diet 4 has been noted in other unpublished experiments at this Institute.

Table 4. Weight of young weaned on six different diets by female mice continuously mated for 6 months

Mean	weight o	f voung	weaned	per female

	No. of							
Diet no.	mated females	Period 1* (g.)	Period 2* (g.)	Period 3*				
I	22	77.0	71.1	103.2 /				
2	22	87.2	90.2	81.3				
3	23	98.3	117.5	130.9				
4	22	85.7	103.8	110.4				
5	22	47'9	55.6	73.3				
24	23	89.9	86.9	88.1				
Standard differen	l error of	± 15.4	± 17·6	± 20·1				

Statistically significant differences Period 1. Diet 5 less than all others except diet 1

Period 2. Diet 5 less than diets 3 and 4. Diet 3 greater than diet 1

Period 3. Diet 3 greater than diets 2, 5 and 24

Table 5. Number of young weaned on six different diets by female mice continuously mated for 6 months

Diet	No. of mated	Mean no. of	young weane	ed per female	
no.	femal e s	Period 1*	Period 2*	Period 3*	Statistically significant differences
1	22	8.9	7:5	10.0)	Period 1. Diet 5 less than diets 3 and 4
2	22	10.4	10.6	9.5	
3	23	11.2	14.1	13.7	Period 2. Diet 5 less than diets 3 and 4.
4	22	11.7	11.8	11.8	Diet 1 less than diet 3
5	22	6.3	5.7	6.7	
24	23	9·6	9.9	9.8	Period 3. Diet 5 less than diets 3 and 4
Standard		± 2·5	± 2·9	± 3·1)	

[•] See note in Table 3 for explanation of periods 1-3.

Table 6. Number of young born on six different diets to female mice continuously mated for 6 months

ъ.	No. of	Mean no. o	of young born	per female	
Diet no.	mated females	Period 1*	Period 2*	Period 3*	Statistically significant differences
I	22	13.7	11.8	15.57	Period 1. Diet 5 less than diets 3 and 24
2	22	13.8	14.7	14.8	
3	23	14.4	17.4	17.8	Period 2. Diets 3 and 4 greater than
4	22	13.5	16.6	21.6	diets 1 and 5
5	22	11.2	12.0	15.3	
24	23	14.2	14.4	17.0	Period 3. Diet 4 greater than diets 1, 2 and 5
Standard	d error of	± 1·5	<u>±</u> 2·2	± 2.7)	·

^{*} See note in Table 3 for explanation of periods 1-3.

[•] See note in Table 3 for explanation of periods 1-3.

Number of deaths before weaning. The viability of the young is also a matter of importance in judging the efficiency of a diet for reproduction. The figures (Table 7) showed only that the greater number of young born on diet 4 was offset in period 3 by a high number of deaths before weaning. Otherwise the diets did not differ in the numbers of young dying between birth and weaning.

Table 7. Number of young dying before weaning at 21 days. The young were born to, and reared by, female mice on six different diets, mated continuously for 6 months

Diet		Mean no. of	young dyin	g per female	:		
no.	mated females	Period 1*	Period 2*	Period 3*	Statistically significant differences		
I	22	2.4	1.7	2.4)			
2	22	1.7	3.4	3.6	Daried 1)		
3	23	1.7	1.7	3.2	Period 1 No differences between diets		
4	22	1.8	3.4	7.6}	Teriod 2)		
5	22	3∙6	3.5	6.2	Period 3. Diet 4 greater than diets 1 and 3		
24	23	2.1	2.1	4.1	renod 3. Diet 4 greater than diets 1 and 3		
Standard	error of	± 1.3	± 1.2	± 2·0)			

[•] See note in Table 3 for explanation of periods 1-3. Since the values are squared mean square roots the means in this table do not correspond to the difference between the means of Tables 5 and 6.

Summary of reproduction tests. Apparently the diets differed chiefly in the weight of young weaned. Over the whole period of the test the most clearly established and consistent points are the superiority of diet 3 and the failure of diet 5 (Table 8).

Table 8. Summary of reproduction tests
(Results in Tables 4-7 combined for periods 1-3)

	(100dies in 1 abset 4 / commenter for persons - 3/									
Diet no.	No. of mated females	Mean weight of young weaned per female (g.)	Mean no. of young weaned per female	Mean no. of young born per female	Mean no. of young dying per female*					
1 22 22 3 4 22 5 22 3		251·6 26·4 259·0 30·5 346·7 39·0 299·9 35·3 176·8 18·6		41.0 43.3 49.6 51.7 38.8 45.9	6·5 8·7 6·9 12·8 13·0 8·3					
24 Standard erro	23 or of differences	264·9 ± 30·84	29·3 ± 4·93	± 3·79	± 2·77					
Statistically significant differences		Diet 3 greater than diets 1, 2, 5 and 24, and diet 5 less than the rest	Diet 3 greater than diets 1, 2, 5 and 24, and diet 5 less than the rest except diet 1	Diet 3 greater than diets I and 5; diet 5 less than diets 3 and 4; diet 4 greater than diets I and 5	Diets 1, 3 and 24 less than diets 4 and 5					

[•] Since the values are squared mean square roots the figures in this column do not correspond to the differences between those of the two preceding columns.

Growth test

As already described, the diets were tested for their capacity to support growth from weaning at 3 weeks to maturity at 11 weeks of age. In analysing the data the mean weight at 11 weeks of age was adjusted for the weaning weight since, for this observation

it was desired to take account only of diet effects after weaning. This was done by using an analysis of covariance to eliminate the effect of differences in weaning weight.

At this stage diet 3 was in effect the same as diet 1, since the supplements of milk and cabbage were withdrawn at weaning. The results (Table 9) show that the highest weaning weights were those for diets 3 and 24 and that the lowest gains between 3 and 11 weeks of age were made by mice fed on diets 1 and 4.

Table 9. Growth of mice between 3 and 11 weeks of age. The mice, from first litters, were born, suckled, and reared on the experimental diets

(Weights at 11 weeks adjusted for weaning weights (see p. 181))

		Males	Males		Females	3	Sexes combined			
		Mean wt. at			Mean wt. at			Mean wt. at		
Diet no.	No. of	3 weeks (g.)	11 weeks (adjusted) (g.)	No. of mice	3 weeks (g.)	11 weeks (adjusted) (g.)	No. of mice	3 weeks (g.)	11 weeks (adjusted) (g.)	
I	11	7.2	23.0	14	7.4	20.5	25	7.3	21.6	
2	18	8∙o	26.3	18	7.6	22.3	36	7·8	24.3	
3*	20	8.8	24.8	17	8.8	21.9	37	8.8	23.4	
4	14	7.9	24.0	17	7.6	19.6	31	7.8	21.8	
5	9	7:3	24.4	13	7.3	21.2	22	7:3	23.0	
24	11	8.8	26.4	10	8.3	21.1	21	8.6	23.7	
Standard difference		± 0.2	± 1.0	_	± 0·5	+ 1.0		± 0·4	± 0.7	
Regressio weaning		b=0.93 ± 6	0.30	i	b=0.50±0	5.1 9		_		

Statistically significant differences

Males. Weaning weights greater for diets 3 and 24 than for diets 1 and 5. Adjusted 11-week weights greater for diets 2 and 24 than for diets 1 and 4.

Females. Weaning weights greater for diet 3 than for diets 1, 2, 4 and 5. Adjusted 11-week weights greater for diets 2, 3 and 5 than for diet 4; greater also for diet 2 than for diet 1.

Sexes combined. Weaning weights greater for diets 3 and 24 than for all other diets. Adjusted 11-week weights less for diets 1 and 4 than for all other diets.

 The supplements of milk and cabbage were withdrawn at weaning and from then onwards mice received only diet-1 cube.

Infection tests

Five infection tests were carried out, three on offspring of the mated pairs and one each on the parent males and parent females. The results (Tables 10 and 11) show that diet had some influence on survival rate after infection. Since the survival rates of animals on the different diets appeared to be fairly consistent in the different tests, an analysis of variance was carried out on the survival rates transformed to make the variance homogeneous. This showed that, over all the five tests, differences in survival due to diet just failed to be significant at the 5 % level.

DISCUSSION

These results must be considered against a background of the confused state of our present knowledge about diet and resistance to infection. One negative conclusion may be safely drawn: because a diet is better than another for reproduction and growth it

Table 10. Summary of survival rates in infection tests with mice fed on six experimental diets

			experi	тепі	aı arei	2				
Te st			Age at	Diet	No. infected		No. alive 28 days after infection		Survival rate (%)	
no.	Infection	Animals	(weeks)	no.		Females	Males	Females	Males	Females
I	Tubercle	First litters	6.5- 2.5	1	14	14	11 18	11	79	79
				2	2 I	21		15	86	71
				3	22	23	9	9	41	39
				4	18	20	10	6	56	30
				5	13	14	8	7	62	50
				24	13	11	5	8	38	73
2	Salmonella	Third litters	7:3- 9:0	I	12	13	11	9	92	69
				2	20	33	18	25	90	76
				3	46	29	3 I	15	67	52
				4	20	7	17	7	85	100
				5	16	17	13	II	8 r	65
				24	26	21	22	13	85	62
3	Tubercle	First litters	14.0-12.0	1	6	11	5	8	83	73
				2	17	18	15	12	88	67
				3	18	15	12	11	67	73
				4	14	16	14	12	100	75
				5	7	11	7	6	100	55
				24	9	7	9	5	100	71
4	Salmonella	Parent males	36.0-37.0	1	26	_	17	_	65	
	(On experime	ntal diets for		2	26		15	_	58	-
	26 weeks)			3	26		21	_	81	_
				4	26	_	21		81	
				5	26	-	15		58	_
				24	26	_	16		62	
5	Salmonella	Parent females	44.0-45.0	I	_	23*	-	17		74
		ental diets for		2	-	22		15	-	68
		nfection 1 week		3	_	23	_	11	-	48
	after last you	ing weaned)		4	_	22	_	18	_	82
				5		22		8	-	36
				24	_	23	_	14		61

[•] Includes one mouse which bore no young. She died 14 days after infection.

does not follow that it will confer superior resistance to infection. The reverse, indeed, has already been established for certain infections caused by viruses (see, for example, references quoted by Howie (1948–9, p. 336)) and some infections caused by anaerobic bacteria, e.g. infectious enterotoxaemia of sheep caused by Clostridium welchii type D (Bacillus ovitoxicus) (Bennetts, 1932) and black-quarter of sheep caused by Clostridium chauvoei (Minett, 1948). In the present work salmonella and tubercle were used as test infections. Both infections are caused by aerobic bacteria and both have been frequently used by earlier workers in this field. In the three infection tests where dietary effects were significant it will be seen that mice on diet 3 had low survival rates (see tests 1, 2 and 5 in Tables 10 and 11). In the reproduction tests, on the other hand, diet 3 appeared better than any of the others and it was also a good diet for growth (Tables 4–9). Diet 5 was consistently poor for reproduction, but the survival rates after infection were not so low with diet 5 as with diet 3, except in one of the three tests (test no. 5) where a significant dietary effect was observed.

Table 11. Statistical analysis to test for presence or absence of a dietary influence on the results of infection tests

(See Table 10 for results)

	X(5)			P			
Test no.	Males	Females	Sexes combined	Males	Females	Sexes combined	Remarks
I	13.85	14.31	22.17	< 0.03	< 0.03	< 0.001	Significant dietary effect. Diets 3 and 4 showed much lower survival rates than the others
2	7.52	7.92	11.52	>0.1	>0.1	<0.05	Dietary effect just significant for sexes combined. Diet 3 had a much lower survival rate than any other; but diet 4 had the highest survival rate
3			3.85			>0.2	Numbers too small for separate testing of each sex. No significant dietary effect for sexes combined
4	6.90			> 0.3			No significant dietary effect
5		13.44		_	< 0.02	_	Significant dietary effect. Much lower survival rates with diets 3 and 5 than with other diets
1-5*	Analysis of variance performed on survival rates trans- formed to make variability comparable						Dietary effect just fails to reach significance at the 5 % level

[•] Combined results.

Having reached this point it is worth considering the next step. It is tempting to speculate about possible explanations for the dietary effects observed; in our opinion this is premature since they are neither great enough nor consistent enough. In this respect we remain where we were when these experiments were begun; but we are encouraged to continue our comparisons of good and poor natural diets. Although the differences observed between diets in the present experiments were neither of the magnitude hoped for nor in the expected direction, they none the less afford some encouragement for supposing that interesting phenomena may still await discovery. The use of infection as a stress for testing diets may well elicit information about nutrient values not disclosed by tests of reproduction and growth. If diet 3 is not a good source of some unknown substance, essential for resistance to infection, the very fact of its being a good diet for rapid growth before and after weaning may only serve to increase the need for whatever is lacking.

Moreover, our attempts to improve diet 2, the slightly modified diet B of Sherman, disclosed how easily this diet may be unbalanced—in our experiments by reduction of wheat combined with increases in casein and chalk. The comparative failure of reproduction with diet 5 is so clear-cut that it seems to deserve, and is receiving, separate investigation.

Our experiments confirm that there is something in the belief of a relation between nutrition and resistance to infection. The facts of the relationship remain confused, but so long as our efforts to disentangle them continue to produce new facts about nutrition, however unexpected and inexplicable these may be for the present, we think it worth presenting what we find and continuing the inquiry.

SUMMARY

- 1. Six experimental diets of natural food were tested in mice for their capacity to support reproduction, growth, and resistance to infection.
- 2. There were clear-cut differences in the relative efficiency of the diets for reproduction and growth. Differences in the relative efficiency of the diets for resistance to infection with tubercle bacilli or salmonella organisms were less marked and consistent, and the best diet for reproduction (diet 3), which was also a good diet for growth, was the poorest for resistance to infection.
- 3. The dietary effects upon resistance to infection were quite clear in some tests but less marked in others. The relatively low order of the differences between diets and the inconsistency of the results between different tests renders it necessary to continue inquiry into the relations between diet and resistance to infection.
- 4. When 6 % of the whole wheat in the B diet of Sherman was replaced by 5 % casein and 1 % calcium carbonate (diet 5), the capacity of the diet to support reproduction of mice was seriously impaired.

We are very grateful to Mr M. H. Quenouille for the statistical analyses.

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