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THE STUDY OF THE RELATIONSHIP BETWEEN SATISFACTION WITH LIFE AND TRUST IN AMONG UNDERGRADUATE STUDENTS

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Nowadays Spirituality Plays curtail role in psychology and mental health to extent that the finding prove the positive role of religion in mental health .This positive role becomes prominent when a researcher put aside religion pretence in this study. Because when religiosity is based on external environmental, social, sources. It has no effect on mental health. If it is for a Persons own sake and spirituality. There is no doubt that it performs positive role in mental health. This study attempts to study the relationship between satisfaction with life and the extent of trust in god among university students.

Methodology: In this descriptive - analytic study 150 university student were asked to fill in the satisfaction with life Scale (SWLS) and trust (21question).

The data is analyzed by SPSS software and chi-sqdne statistical tests.

Finding:

- 1- There is significant relationship between satisfaction with life scal & extent of students trust in God.
- 2- The more the extents of students trust in God the more their satisfaction life scale is.
- 3- There is no significant relationship between satisfaction with life scal and students trust extent in terms of education, birth order, sex, age variable.