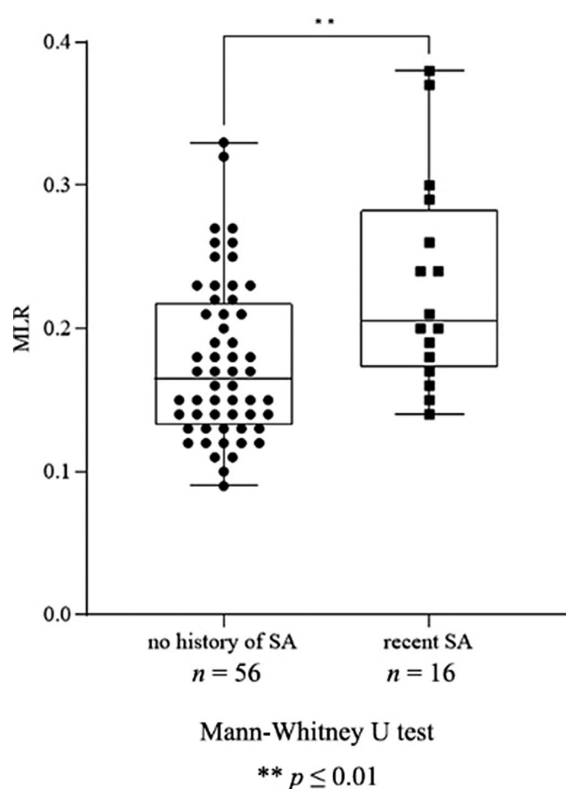


Image 3:



Conclusions: Assuming immunological mechanisms in the background of MDD and SB, our findings support the role of NLR as a biomarker of acute SR, though its alterations may be masked by AD therapy in the long term. However, MLR – remaining unaffected by AD treatment – may be a possible indicator of both acute and long term suicidal vulnerability. In order to further specify the diagnostic value of these parameters, future prospective research is needed. The study was supported by the FIKP-IV and the TNIL projects.

Disclosure of Interest: None Declared

Training in Psychiatry

EPV1077

Supervision an essential tool in medical (and psychiatric) training

R. J. Van Der Gaag

Psychiatry, Radboud University Medical Centre, Nijmegen, Netherlands

doi: 10.1192/j.eurpsy.2024.1652

Introduction: Supervision is an essential tool in medical training and especially in psychiatry and psychotherapy. It encompasses two distinct aspects namely: coaching in the workplace aimed at

developing competences (pyramid of Miller) and on the other side a safe place to reflect on one's personal development as a professional. This mentoring should be distinguished from the personal training psychotherapy. The mentoring supervisor will take the doctor's pledge as a starting point of professional development. But will also encourage the resident to become aware of elements of transference and counter transference in his/her clinical work, helping to foster empathy "maximal understanding with respect for professional distance. This, not only for the benefit of the patient and his/her security, but also in order to take care of one's own health and developing a sound balance between work and private life.

Too often supervision is taken for granted once the resident has become a consultant. Along with examples of the techniques and the pitfalls of supervision, the presenters will plea for training and intervision as part of the development of the supervisor!

Objectives: Raise awareness for the competences needed to become a valuable supervisor and the place supervision in its two aspects (coaching and place of reflection) should take in the training of medical doctors and especially psychiatrists

Methods:

- an inventory of the place of supervision in training in psychiatry throughout Europe
- looking into competences needed in order to develop a sound professional attitude
- looking into the competencies needed to become a valuable supervisor

Results:

- supervision is differently defined and given in training in psychiatry throughout Europe
- the competences needed in order to develop a sound professional attitude are defined in the Doctor's Pledge (World Medical Association 2017) but should be refined according to the specialty with special attention to aspects of psychiatry alien to other specialities
- along with Teaching the Teachers - special trainings are available to become a supervisor

Conclusions: Supervision is an essential tool in medical/psychiatric training, but it needs to be taken seriously in terms of developing the competences needed but also maintaining them in intervision with the colleagues of the training staff

Disclosure of Interest: None Declared

EPV1078

Promoting well-being: Investigating self-efficacy and academic burnout among trainee teachers

Z. Boumaaize¹, A. Bouhaba^{1*}, M. A. Lafraxo¹, H. Guider¹, Y. El Madhi² and H. Hami¹

¹Laboratory of Biology and Health, Faculty of Sciences, Ibn Tofail University, Kenitra and ²Regional Center for Education and Training Professions, Rabat, Morocco

*Corresponding author.

doi: 10.1192/j.eurpsy.2024.1653