

P-871 - PSYCHO-PATHOLOGICAL DISORDERS IN TEENAGE MOTHERS: IMPLICATIONS IN THE PROCESS OF MOTHER-CHILD BOND

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Portugal is the second country in Europe with a greater number of cases of teenage pregnancy, and this fact associated with the onset of many disorders psycho-pathology in this age group (INE, 2009). Against this background, this research aims to evaluate the response of social withdrawal in infants of adolescent mothers with depression and anxiety, three months after delivery. As tools to be used Bonding Scale, The Alarm Distress Bebe Scale (ADBB), the Postpartum Depression Screening Scale (PDSS) and the Inventory of State-Trait Anxiety (STAI). The sample of this research will consist of approximately 150 teenage mothers and their babies living in the central region of Portugal. The major goal behind this research project is that it be implemented in order to allow for future empirical contributions targeted strategies for the prevention of depression and anxiety in the postpartum period in adolescence, supported the preparation of manuals of good practice.