

P-949 - FUNCTIONING UNDER THE CONDITIONS OF THE SOCIAL AND ECONOMIC CRISIS OF THE PERSONS WITH THE PERSONAL DISORDER AND METHODS OF ACHIEVING THE THERAPEUTIC COMPENSATION

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Personal special features are that factor, which determines the uniqueness of the functioning of man and the unique nature of the appearing adaptive problems. Crisis period is that factor, which is checked against the strength of individual, the more vulnerable they occur those, who have the clinically expressed and unexpressed personal special features. In the work with the patients with the personal disorder was used firmware complex biofeedback technology - the apparatus psycho-correction method, which makes it possible not only to fix, but also to visualize the somatopsychic phenomena, which appear as the answer both to the exogenous, and to the endogenous stimulus; making it possible to manufacture the independence of functioning, to increase of effectiveness and peak performance of individual. As therapeutic targets with the work with the patients, who have the disorder of personality, can appear overcoming dependence, raising the level of self-appraisal, formation of new "I- concept" due to the realization of its own emotional and volitional resources, obtaining positive reinforcement, development of a feeling of effectiveness, realization of cognitive distortions and formation of the positive world view.

The technology of biofeedback makes it possible to conduct correction work complexly - at the biological and psychological levels, to obtain feedback and to objectify the results of psychotherapy. The change not only of the physiological parameters achieved in the process of a similar work, but also a change in the cognitive stereotypes and behavioral patterns undoubtedly will make it possible to optimize the social, professional and interpersonal functioning.