

rates (participants attending 3 or fewer sessions out of the total number of participants starting the intervention) was performed.

Results: Of the 135 patients included, 8 did not participate in the interventions (5 face-to-face; 3 online), which represents a 5.93% rejection rate; 6.76% for the face-to-face intervention and 4.92% for the online intervention. Of the remaining sample (127 participants), a total dropout rate of 12.6% was obtained, with 8.69% in the face-to-face intervention versus 17.24% online.

Conclusions: A higher dropout rate was obtained in online interventions compared to face-to-face, with an increase of almost double. Research on specific factors that may interfere with treatment adherence to online group interventions is needed.

Disclosure: No significant relationships.

Keywords: group psychotherapy; online intervention; Mindfulness; dropout rate

EPP0624

Art therapy and psychosis – experiences from the University psychiatric hospital „Sveti Ivan“

I. Barun^{1*}, S. Vuk Pisk¹, D. Šago², T. Zadravec³ and I. Filipic¹

¹University psychiatric hospital “Sveti Ivan”, Department Of Integrative Psychiatry, Zagreb, Croatia; ²University psychiatric hospital “Sveti Ivan”, Day Hospital For Psychotic Disorders, Zagreb, Croatia and ³University psychiatric hospital “Sveti Ivan”, Day Hospital For Integrative Psychiatry, Zagreb, Croatia

*Corresponding author.

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Introduction: The language of visual arts speaks to us in a way that words cannot. Acknowledging the therapeutic effects of artistic expression, art therapy – a psychotherapeutic approach that integrates expressive characteristics of art and explorative characteristics of psychotherapy – has developed. From its beginnings, it has been used with people with psychotic disorders and is enlisted in NICE guidelines as psychological therapy for psychosis and schizophrenia.

Objectives: To understand and to activate the potential of artistic expression in people with psychotic disorders treated on acute ward, in day hospitals and as a form of long-term therapy in the Patients club of the University psychiatric hospital „Sveti Ivan“.

Methods: Art therapy programme is conducted separately on acute ward (Ward for integrative psychiatry), day hospitals (Day hospital for integrative psychiatry and Day hospital for psychotic disorders) and in the Patients club with patients with psychotic disorders. The workshops are adjusted for people with psychotic disorders to enable them to strengthen their sense of self, to empower them and to express their authentic feelings in a safe environment.

Results: The artwork of people who have taken part in the art therapy programmes for psychosis of the University psychiatric hospital „Sveti Ivan“ will be presented and will serve as an example of an art therapy process, therapeutic goals, as well as the significance of this method for psychotic disorders.

Conclusions: Art therapy can be of great benefit for people with psychosis both on acute wards and as a long-term therapy.

Disclosure: No significant relationships.

Keywords: art therapy; clinical practice; Psychosis

Suicidology and Suicide Prevention 02

EPP0625

Risk of suicide attempt and suicide in young adult refugees compared to their Swedish-born peers: a register-based cohort study

G. Geirsdottir, E. Mittendorfer-Rutz and R. Amin*

Karolinska Institutet, Clinical Neuroscience, solna, Sweden

*Corresponding author.

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Introduction: Refugees, especially minors, who often have experienced traumatic events, are a vulnerable group regarding poor mental health. Little is known, however, of their risk of suicidal behaviour as young adults.

Objectives: We aimed to investigate the risk of suicidal behaviour for young adult refugees who migrated as minors. The moderating role of education and history of mental disorders in this association was also investigated.

Methods: In this register linkage study, all 19-30-year-old Swedish-born (n = 1,149,855) and refugees (n = 51,098) residing in Sweden on December 31st, 2009 were included. The follow-up period covered 2010-2016. Cox models were used to calculate hazard ratios (HRs) with 95% confidence intervals (CIs). The multivariate models were adjusted for socio-demographic, labour market marginalisation and health-related factors.

Results: Compared to Swedish-born, the risk of suicide attempt was lower for all refugees (HR 0.78, 95% CI 0.70-0.87), and accompanied refugee minors (HR 0.77, 95% CI 0.69-0.87), but estimates did not differ for unaccompanied refugee minors (HR 0.83, 95% CI 0.62-1.10). Low education and previous mental disorders increased the risk of suicide attempt in both refugees and Swedish-born, with lower excess risks in refugees. Findings for suicide were similar to those of suicide attempt.

Conclusions: Young adult refugees have a lower risk of suicidal behaviour than their Swedish-born peers, even if they have low educational level or have mental disorders. Young refugees who entered Sweden unaccompanied do not seem to be equally protected and need specific attention.

Disclosure: No significant relationships.

Keywords: suicide attempt; Refugee; Unaccompanied minor; Suicide

EPP0626

Long-term suicide risk of children and adolescents with attention deficit and hyperactivity disorder – a systematic review

P. Garas^{1*} and J. Balazs^{2,3}

¹Semmelweis University, Mental Health Sciences School Of Ph.d. Studies, Budapest, Hungary; ²Eotvos Lorant University, Developmental And Clinical Child Psychology, Budapest, Hungary and ³Bjorknes University College, -, Oslo, Norway

*Corresponding author.

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Introduction: Several studies showed the high suicide risk of patients with attention deficit and hyperactivity disorder (ADHD), however most of these studies had cross-sectional design.

Objectives: The aim of the current study was to review systematically those studies which investigated the suicide risk among ADHD patients with longitudinal design.

Methods: The systematic search was made on OVID Medline, PsychInfo, PubMed, Scopus, and Web of Science. The search terms were (ADHD OR attention deficit hyperactivity disorder) AND (suicide OR suicidal OR suicidality) AND (follow-up OR longitudinal study OR prospective study). Inclusion criteria were: written in English; participants under 18 years at the baseline; longitudinal, prospective studies; ADHD population at the baseline and at the follow-up; suicide behavior as primary outcome. Exclusion criteria were: the study did not contain empirical data, and reviews/meta-analyses and studies which aimed to investigate the drug treatment efficacy of ADHD.

Results: 18 papers were included in the systematic review. 10 articles were published in the last 5 years. 9 studies enrolled children aged under 12 at baseline. The follow-up periods varied between 2 and 17 years. 17 studies found a significant positive association between ADHD diagnosis at baseline and the future suicidal behavior and/or attempts at the follow-up. The affective comorbidity showed an association with the future suicide risk.

Conclusions: These results highlight the importance of screening suicidality in patient with ADHD and consider it during treatment. Further studies are needed to clarify the role of the treatment and comorbidities of ADHD in the increased suicide risk.

Disclosure: No significant relationships.

Keywords: ADHD; suicidality; review; children

EPP0627

Clinical-EEG-Neuroimmunological Correlations in Depressive Female Adolescents with Non-Suicidal Self-Injuries

A. Iznak^{1*}, E. Iznak¹, I. Oleichik² and S. Zozulya³

¹Mental Health Research Centre, Laboratory Of Neurophysiology, Moscow, Russian Federation; ²Mental Health Research Centre, Department Of Endogenous Mental Disorders And Affective Conditions, Moscow, Russian Federation and ³Mental Health Research Centre, Laboratory Of Neuroimmunology, Moscow, Russian Federation

*Corresponding author.

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Introduction: Non-suicidal self-injurious behavior (NSSI) is rather widespread in adolescents, especially in females, and is an important risk factor for future suicide. The search for neurobiological markers of NSSI is therefore an actual medical and social problem.

Objectives: The aim of the study was to determine the relationships between pre-treatment quantitative clinical, EEG, and neuroimmunological parameters in female depressive adolescents with NSSI.

Methods: 40 female depressive patients (all right-handed, 16–25 years old, mean 17.6±2.2 years old) were included in the study. Total HDRS-17 scores varied from 14 to 38 (mean 26.0±6.9). Multichannel eyes closed resting EEG was recorded with subsequent spectral power (SP) measurements in narrow frequency sub-bands. Enzymatic activities of leukocyte elastase (LE) and its antagonist α -1 proteinase inhibitor (α 1-PI), as neuroinflammation markers, and the

levels of autoantibodies to S100b protein (AAB-S100b) and to basic myelin protein (AAB-BMP), as neuroplasticity markers, were measured in the blood plasma. Spearman's rank correlations were calculated between clinical, EEG, and neuroimmunological parameters.

Results: HDRS-17 scores correlated positively ($p < 0.05$) with beta2 (20–30 Hz) SP in the right anterior and mid-temporal leads. AAB-S100b values correlated positively with alpha2 (9–11 Hz) and alpha3 (11–13 Hz) SP in central-temporal-parietal-occipital leads, and correlated negatively with beta1 (13–20 Hz) and beta2 SP in the right anterior temporal lead.

Conclusions: The structure of clinical–neurobiological correlations obtained indicates that processes of neuroinflammation in depressive adolescents with NSSI are relatively mild and/or compensated by anti-inflammatory mechanisms. The study supported by RBRF grant No.20-013-00129a.

Disclosure: No significant relationships.

Keywords: Adolescents; non-suicidal self-injuries; quantitative EEG; neuroimmunology

EPP0630

The impact of SARS-CoV-2 pandemic on suicidal ideation admissions: a single adolescent and young adult psychiatry center experience

D. Vila-Chã*, B. Leal, I. Pinto, R. Mateiro, M. Avelino and J. Salgado

Centro Hospitalar Psiquiátrico de Lisboa, Psiquiatria, Lisboa, Portugal

*Corresponding author.

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Introduction: The COVID-19 pandemic and the lockdown brought about a sense of fear and anxiety around the globe. This phenomenon led to both short and long term psychosocial and mental health implications for children and adolescents.

Objectives: To evaluate the effect of COVID-19 pandemic on hospital admissions for suicidal ideation in a Portuguese adolescent and young adult psychiatry service.

Methods: We conducted a single-center, retrospective study including adolescent and young adult patients (15–25 years old) admitted to our service with suicidal ideation within a year before and a year after the declaration date of SARS-CoV-2 disease as a pandemic. Patients were divided in two groups: Group A - patients admitted before the pandemic (March 11, 2019 and March 11, 2020) and Group B - patients admitted after the pandemic declaration (March 12, 2020 and March 12, 2021). The groups characteristics and outcomes were assessed and compared.

Results: A total of 647 admissions were assessed (Group A, n= 372 and Group B, n=275). Demographic characteristics were similar between groups. 75 patients (vs 25 patients) were admitted with suicidal ideation in the year before the pandemic. There was a lower proportion of patients admitted with suicidal ideation during the year after the pandemic year - OR 0.374 (95% CI 0.228–0.614, $P < 0.001$).

Conclusions: Our study showed a decrease in admissions for suicidal ideation in this service in the year after the pandemic. More studies are needed to understand the factors that may justify this decline and evaluate the longer effects of this pandemic in mental health.

Disclosure: No significant relationships.

Keywords: suicidal ideation; pandemic; SARS-CoV-2