

P03-37 - TESTING A NEW TECHNIQUE FOR THE REHABILITATION OF SCHIZOPHRENIA AND OTHER PSYCHOSES BASED ON VIEWING FICTION FILMS

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Fiction films offer unexplored opportunities of rehabilitation for schizophrenia and other psychoses. Schizophrenia produces deficits y distortions in the perception and comprehension of reality, also expressed in the perception and comprehension of films. After a year of an “ad hoc” experience, the following technique was developed:

- 1) Selecting a fiction film for its narrative, affective, cognitive and social cognitive content
- 2) Briefly presenting of the film to a group of 8-16 patients with diverse psychosis.
- 3) Screening of the film to the patients and the therapeutic team.
- 4) Summarizing of the plot by a patient. Group correcting of distortions and deficits caused by problems of attention and working memory, as well as positive, negative, affective and social cognitive symptoms (emotional perception, theory of mind, attributive style)
- 5) Selecting 1-2 sequences by each patient, and group commenting using the same technique.
- 6) Field recording of all the commentaries obtained.
- 7) Second screening of the film two days after, repeating points 2 to 6.
- 8) Comparing both field records.

An experimental study using this technique is presented. 8 patients with schizophrenia and other psychoses watched 4 fiction films (“The 39 Steps”, “Charade”, “M”, “The General”). The differences founded in both viewings by two external evaluators (using CGI and analogical scales of the main variables) are presented and commented. An evaluation of the perceived usefulness and satisfaction of the participants was included.