

BJPpsych

The British Journal of Psychiatry

Editor-in-Chief: Professor Gin Malhi



Medical assistance in dying for mental illness: a complex intervention requiring a correspondingly complex evaluation approach

Bastidas-Bilbao et al

Ethnic Density and first episode psychosis in the British Pakistani population: findings from the East Lancashire Early Intervention Service

Qi et al

Dosage effects of psychodynamic and schema therapy in people with comorbid depression and personality disorder: four-arm pragmatic randomised controlled trial

Kool et al

Interaction between mental disorders and social disconnectedness on mortality: a population-based cohort study

Laustsen et al

BJP_{Psych} The British Journal of Psychiatry

ISSN 0007 - 1250

Editor-in-Chief and College

Editor Professor Gin Malhi (Australia)

Deputy Editors

Emilio Fernandez Egea (UK)

Editorial Advisors

German Berrios (UK)
Tamsin Ford (UK)
John Geddes (UK)
Scott Henderson (Australia)
Belinda Lennox (UK)
John Rush (Singapore)
Thomas G. Schulze (Germany)

Section Leaders

David Baldwin (UK)
Dinesh Bhugra (UK)
Colin Campbell (UK)
Sam Chamberlain (UK)
Erika Comasco (Sweden)
Hugo Critchley (UK)
Edgar Jones (UK)
Veena Kumari (UK)
Stephen Lawrie (UK)
William Lee (UK)
Roger Mulder (NZ)
Allan Young (UK)

Section Editors

Katherine Adlington (UK)
Adam Al-Diwani (UK)
Shehzad Ali (UK)
Allan Beveridge (UK)
Sarah Byford (UK)
Rakesh K. Chadda (India)
Angharad de Cates (UK)
Astrid Cheavance (FR)
Riccardo De Giorgi (UK)
Judith Harrison (UK)
Joseph Hayes (UK)
Cyrus Ho (Singapore)
Philipp Homan (Switzerland)
Konstantinos Ioannidis (UK)

Lana Kambeitz-Illankovic (Germany)

Eirini Karyotaki (The Netherlands)
Rajeev Krishnadas (UK)
Philip McGuire (UK)
Edoardo Ostinelli (UK)
Femi Oyebode (UK)
Alexandra Pitman (UK)
Thomas Reilly (UK)
Emmert Roberts (UK)
Zena Samaan (Canada)
Frauke Schultze-Lutter (Germany)
James Shearer (UK)
Katharine Smith (UK)
Mustafa Soomro (UK)
Shuichi Suetani (Australia)
Athula Sumathipala (UK)
Melvyn Zhang (Singapore)

International Editorial Board

Regi Alexander (UK)
Asit Biswas (UK)
Alec Buchanan (USA)
Patricia Casey (Ireland)
Andrew Cheng (Taiwan)
John Cookson (UK)
Pim Cuijpers (The Netherlands)
Claire de Oliveira (UK)
Colin Drummond (UK)
Jianfeng Feng (China)
Andrew Forrester (UK)
Sinan Guloksuz (The Netherlands)
Peter Haddad (UK)
Madelyn Hicks (USA)
Khalida Ismail (UK)
Navneet Kapur (UK)
Kenneth Kaufman (USA)
Steve Kisely (Australia)
Ivan Koychev (UK)

Marinos Kyriakopoulos (Greece)
Lin Lu (China)
Kwame McKenzie (Canada)
Marco Mula (UK)
Martin Orrell (UK)
Sarah Peters (UK)
Michael Phillips (China)
Mariana Pinto Da Costa (UK)
Sukhwinder Shergill (UK)
Dan Siskind (Australia)
Eric Tan (Singapore)
Leila Tarokh (Switzerland)
Derek Tracy (UK)
Richard Williams (UK)
Yaara Zisman-Ilani (USA)

Statistical Advisors

Pak Chung Sham (China)
Dawn Holmes (USA)
Anikó Lovik (Sweden)
Nick Meader (UK)
Prathiba Natesan Batley (USA)
Eva Petkova (USA)
Rob Saunders (UK)
Jingwei Wu (USA)
Min Yang (China)
Nanhua Zhang (USA)

Staff

Head of Publishing
Hannah Cole
Managing Editor
Holly Drury
Senior Publishing Coordinator
Diandra Roberts

Past Editors

Eliot Slater 1961–72
Edward H. Hare 1973–77
John L. Crammer 1978–83
Hugh L. Freeman 1984–93
Greg Wilkinson 1994–2003
Peter Tyrer 2003–13
Kamaldeep Bhui 2013–23

Subscriptions

British Journal of Psychiatry (ISSN 0007-1250) is published monthly. The six issues starting January 2024 comprise Volume 224, the six issues starting July 2024 comprise Volume 225. Orders from non-members of the College, which must be accompanied by payment, may be sent to any bookseller or subscription agent or direct to the publishers: Cambridge University Press & Assessment, Shaftesbury Road, Cambridge, CB2 8EA, UK, email journals@cambridge.org; or in the USA, Canada and Mexico, to Cambridge University Press & Assessment, Journals Fulfillment Department, 1 Liberty Plaza, Floor 20, New York, NY 10006, USA, email subscriptions_newyork@cambridge.org. Japanese prices for institutions are available from Kinokuniya Company Ltd, P.O. Box 55, Chitose, Tokyo 156, Japan.

The annual subscription prices (including delivery by air but excluding VAT) for Volumes 224/225 are as follows:

	INSTITUTIONS	INDIVIDUALS
Print and online	£702/\$1248	£566/\$880
Online only	£473/\$725	£307/\$481

Single issues are £67 (US\$120 in the USA, Canada and Mexico) plus postage. EU subscribers (outside the UK) who are not registered for VAT should add VAT at their country's rate. VAT registered subscribers should provide their VAT registration number. Claims for missing issues should be made immediately on receipt of the subsequent issue.

Queries from College members about missing or faulty copies should be sent to Customer Services, Cambridge University Press & Assessment, email journals_societies@cambridge.org, tel. +44 (0)1223 326070.

Online access

British Journal of Psychiatry is hosted on the Cambridge Core service at <https://www.cambridge.org/core/journals/the-british-journal-of-psychiatry>.

Information about the College's publications is available at <https://www.rcpsych.ac.uk>.

Instructions to authors

Full instructions to authors are given at <https://www.cambridge.org/core/journals/the-british-journal-of-psychiatry/information/instructions-contributors>.

Advertising

Correspondence and copy should be addressed to: Stephen H. P. Mell, Advertising Manager, PTM Publishers Ltd, 41 Hart Close, Uckfield, East Sussex TN22 2DA, UK (email advertising@ptmpublishers.com; tel. 020 8642 0162)

Founded by J. C. Bucknill in 1853 as the *Asylum Journal* and known as the *Journal of Mental Science* from 1858 to 1963.

©The Royal College of Psychiatrists 2024. Unless so stated, material in the *British Journal of Psychiatry* does not necessarily reflect the views of the Editor or the Royal College of Psychiatrists. The publishers are not responsible for any error of omission or fact.

Printed in Great Britain by Henry Ling Limited, The Dorset Press, Dorchester, Dorset DT1 1HD.

This journal issue has been printed on FSC™-certified paper and cover board. FSC is an independent, non-governmental, not-for-profit organization established to promote the responsible management of the world's forests. Please see www.fsc.org for information.



The *British Journal of Psychiatry* is published monthly by the Royal College of Psychiatrists (a charity registered in England and Wales (228636) and in Scotland (SC038369)). The Journal publishes original work in all fields of psychiatry. Manuscripts for publication should be submitted online at <https://mc.manuscriptcentral.com/bjpsych>.

All papers in this journal are peer-reviewed. No person is permitted to take any role in the peer-review of a paper in which they have an interest, defined as follows: fees or grants from, employment by, consultancy for, shared ownership in, or any close relationship with, an organisation whose interests, financial or otherwise, may be affected by the publication of the paper.

A13 Editorial Board

BJPsych Editorial

- 259 **Assisted dying for mental illness: a contemporary concern that requires careful and compassionate consideration**
Gin S. Malhi

Guest Editorial

- 262 **All psychiatric disorders are equal, but some are more equal than others! An unconscious bias that calls for precision terminology**
Shokouh Arjmand, Matti Bock Guldager and Gregers Wegener

Feature

- 264 **Medical assistance in dying for mental illness: a complex intervention requiring a correspondingly complex evaluation approach**
Hamer Bastidas-Bilbao, David Castle, Mona Gupta, Vicky Stergiopoulos and Lisa D. Hawke

Original Articles

- 268 **Ethnic density and first episode psychosis in the British Pakistani population: findings from the East Lancashire Early Intervention Service**
Robert Qi, Masood Qureshi, Nadeem Gire, Imran B. Chaudhry, Victoria Vass, Jason C. McIntyre, Kaylee Barlow, Richard P. Bentall, Ross G. White and Nusrat Husain
- 274 **Dosage effects of psychodynamic and schema therapy in people with comorbid depression and personality disorder: four-arm pragmatic randomised controlled trial**
Marit Kool, Henricus Van, Arnoud Arntz, Anna Bartak, Jaap Peen, Linda Dil, Katinka de Boer and Jack Dekker
- 282 **Interaction between mental disorders and social disconnect-edness on mortality: a population-based cohort study**
Lisbeth Mølgaard Laustsen, Linda Ejlskov, Danni Chen, Mathias Lasgaard, Jaimie L. Gradus, Søren Dinesen Østergaard, Marie Stjerne GrønkJær and Oleguer Plana-Ripoll

- 289 **Psychiatry in television – Queen Charlotte (and ‘the mad king’): where lived experience is more important than diagnosis**
Harry Barker and Paul O. Wilkinson

Letter

- 290 **Meritocracy in psychiatry training: abandoning the common good**
Harrison Howarth, Dominic Kennedy and Mark Berelowitz

Commentaries

- 292 **Medical assistance in dying for mental illness: a complex intervention requiring a correspondingly complex evaluation approach: commentary, Breen**
Eugene G. Breen
- 293 **General psychiatry, still in no-man’s land after all these years: commentary, Pelosi**
Anthony Pelosi
- 294 **General psychiatry, still in no-man’s land after all these years: commentary, Deahl**
Martin Deahl

Columns

- 295 **Contents of BJPsych Advances**
296 **Book Reviews**

- 298 **Psychiatry in history – Franz Nissl: psychiatrist and ‘Prinzenarzt’ to King Otto of Bavaria and his landmark discovery in 1899**
Madhusudan Dalvi

Cover picture**Waves by Morag Macgilchrist**

(Digital print photo-collage with etching, 2022)

Scraped words inspired by Art Extraordinary artist, Adam Christie. This is how I felt when the sea trapped and isolated us on islands like Arran and Shetland.

Morag lives and works in Glasgow but was raised on the Isle of Arran. She practices at Project Ability, a Glasgow-based arts charity, and her work explores her mental ill health and her special interests of dolls, superheroes and anime.

Morag has worked in collaboration with the Art Extraordinary collection - a unique collection of Scottish “outsider art” collected by Scottish art therapist Joyce Laing - and has developed many creative responses to the work. She is an Honorary Researcher in the School of Geographical & Earth Sciences at the University of Glasgow where she continues her research into the arts and mental ill health.

We are always looking for interesting and visually appealing images for the cover of the Journal and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London, E1 8BB, UK or bjp@rcpsych.ac.uk.

