

## EPV1061

## The deaths of invisible people. A literature review

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**Introduction:** Suicide is a serious public health problem. Each year it is estimated that it causes almost one million deaths worldwide, much more than those caused by war or homicide. These deaths are also devastating, affecting not only the person who commits them, but also his or her environment (family, friends, professionals involved, etc.) and society as a whole. The risk and protective factors for suicide are well known in the literature, which gives rise to the estimation of possible high-risk groups according to their characteristics, especially when risk factors are added, protective factors are reduced, and unfavorable life circumstances are present. Among these groups with greater vulnerability to suicidal behavior are homeless people with severe mental disorders, who are unfortunately little visible in society and in the investigation.

**Objectives:** The aim of this paper is to review the current state of the question of suicide in homeless people with severe mental disorders.

**Methods:** Review of the international scientific literature on the issue published in the last twenty years.

**Results:** The few studies available conclude the higher prevalence of suicidal behavior in homeless people with severe mental disorders compared to the general population, which has not been translated into the development of specific care and prevention plans and programs.

**Conclusions:** It is considered essential to expand investigation in this field, which will be very useful to lay the foundations for the development of guidelines, plans and specific programs, and to know the evidence about them.

**Disclosure of Interest:** None Declared

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## Coping and suicidal ideation in men from the clinical and control groups

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**Introduction:** Suicidal ideation is often an indicator of suicidal risk. However, suicidality is one of the most stigmatized themes thus suicidal ideation can be difficult to diagnose using direct questions. So, it's impotent to look for psychological traits those may be linked to suicidal ideation. This can be useful for the diagnostic of suicidal risk and prevention of suicidal behavior. The identification of copings that correlate with suicidal ideation and do not depend on mental health allows finding universal ways to reduce suicidal risk.

**Objectives:** The aim of the study is to find “copings” which have universal impact on suicidal ideation in men.

**Methods:** The data were obtained using the study of 193 men (clinical group: 67 men with F20, F31, F33 diagnosis aged 17 to 34 (mean age 21,1±4,25); control group: 126 men aged 18 to 63 (mean age 40,04±14,71) who never asked for psychiatric assistance. 3 questions about suicidal ideation (estimate of frequency of last week with Likert' scale from 0 - “not at all” to 4 - “extremely”), COPE (Carver, 1989). Correlation analysis (Spearman) were used.

**Results:** The table consists correlation that are statistically significant for both groups.

Control group					
question	Denial	Behavioral disengagement	Mental disengagement/ self-distraction	Substance use	Venting
Feeling hopeless about the future	,218*	,177*	,237**	,208*	,304**
Thoughts of ending your life	,189*	,217*	,240**	,189*	---
Thoughts of death or dying	,117	---	,290**	,215*	,301**
Clinical group					
Feeling hopeless about the future		,494**	,177*	,478**	,208*
Thoughts of ending your life		,347**	,217*	,363**	,342**
Thoughts of death or dying		,353**	---	,302*	,323**

\* - p≤0,05; \*\* p ≤0,01

**Conclusions:** Our results demonstrate that avoidant copings (Denial, Behavioral disengagement, Mental disengagement /self-distraction) link to suicidal ideation in all men regardless of their mental state. This can be explained by general pathological effect of avoidant copings of people lives: its hinder an identification and settlement of the everyday problems and its contribute to worsening of the situation. This underlines the importance of promotion more active copings as part of prevention antisuicidal work. The “Substance use” coping comforts for a while and anyway helps to formation suicidal ideation through worsening a mental and physical states, increase impulsivity. All this shows that work aimed the substance use prevention constitutes a suicidal ideation prevention work. Increased frequency of use of a Venting coping can leave men in emotional storm state that carries risk of suicide. This points to the importance of wide popularization of affordable ways to the calm, reduce of the power of emotion.

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## Characteristics of Single vs. Multiple Suicide Attempters Among Adult Population: A Systematic Review and Meta-Analysis

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