

P-1045 - MULTIDISCIPLINARY ASSESSMENT OF PATIENTS IN DAY HOSPITAL (DH) OF PSYCHIATRY DEPARTMENT AT THE HOSPITALAR CENTER OF SÃO JOÃO

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In order to establish an individual plan of care for the patient for promote their psychosocial rehabilitation, was conducted a multidisciplinary assessment protocol. This protocol aims to characterize the patients admitted in DH, through the analysis of sociodemographic and clinical data at moment of clinical admission and discharge of the unit. Another objective is to assess the degree of satisfaction with the services provided, and also quality of life (QOL) (The Short Form Health Survey SF-36), psychopathological state (Brief Symptom Inventory - BSI) and functionality (Occupational Self Assessment - OSA). In a sample of 168 individuals, (assessment between January 2009 and June 2011) 48% were male ($n = 80$). The average age of participants was 44.4 (SD = 11.9), the average age of onset of 29.7 (SD = 13.3). The most frequent diagnoses were the Group of Schizophrenia, Schizotypal and Delusional Disorders at 38.7%, followed by mood disorders with 30.4%. In regard to QOL, it was found out that patients scored significantly higher on some dimensions on discharge, corresponding to a better QOL. The BSI dimensions on exit are generally lower than the results of the entrance, which means that patients have less psychopathological symptoms. The results of OSA indicate that aspects of functionality, chosen by their patients for psychosocial rehabilitation are: self care and problem-solving ability.