

Unfortunately, the representation of trainees at hospital level is still poor, which reflects a lack of organization of juniors within their hospitals.

The psychotherapy group found that the availability of supervision varied from place to place and was not always best in the teaching hospitals, of which we have four in this Division. A majority felt that the teaching of basic concepts was most important at registrar level. A few trainees were having personal analysis, and there was some concern about the ambivalent or negative attitudes towards personal therapy which are held by some senior psychiatrists.

The final session was a panel discussion about the relevance of psychotherapy training to general psychiatrists with an eminent panel representing divergent opinions, although with a surprising level of agreement. John Cobb took an eclectic view and supported this with a survey of local consultant opinion. John Sklar felt that Balint groups were an appropriate way of providing psychoanalytic training.

Heinz Wolff emphasized the need to further a trainee's personal understanding of the patient and his relationships, while Tony Clare thought the common features of the various therapies, for example interviewing skills, should be taught.

In general this was a successful day with about seventy trainees present. However, we were disappointed about three aspects. Very few trainees attending were from outside the teaching hospitals. Despite inviting all clinical tutors of the region, only the tutor from the host hospital came. We also wrote to the tutors individually asking them to allow their trainees time off to attend, but many trainees felt unable to ask for this, while others found the courage to ask but were rebuffed. We consider trainees' days to be a most important College activity, and tutors should be encouraged to arrange time off for at least some of their trainees, and should also attend themselves.

Some Prize-Winning Films on Mental Health ***Notes from the Audio-Visual Sub-Committee***

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For the past 25 years the British Medical Association has held an annual film competition. In 1981, 98 films were entered and the following were among the successful ones.

Stepping Out (Colour, sound, 49 mins, Australia 1980)

This film, made for the International Year of the Disabled, is a documentary account of the rehearsals and ultimate public performance in dance and mime at the Sydney Opera House by a group of mentally handicapped persons. It is a beautiful film, sensitively produced, and one which will provoke considerable public sympathy. Its use of film techniques—slow motion music, visual symbolism, etc.—is outstanding, and it is easy to see why it won one of the only two Gold Awards.

Its teaching and clinical values are more limited. The residents in the Sunshine Home seem to include a large proportion of young adults with Down's syndrome and the star appears to be only mildly subnormal with an unusual talent for mime. Nevertheless it is a compelling film that should move even hardbitten fifth year medical students and registrars in training! Made by the Binnaburra Film Company with considerable Government and private sponsorship, it is available on film or video cassette (all formats) from Concord Films Council, 201 Felixstowe Road, Ipswich LP3 9BJ.

The Ghost in the Machine (Colour, sound, 16 mins, 20 mm, UK 1981)

The subjects of this film are body-mind links and possible

neuro-anatomical bases for depression and anxiety states. These form the background to psycho-pharmacological approaches to therapy, and various sophisticated laboratory monitoring techniques are demonstrated.

This is a colourful film with pace and style and which was given a Bronze Award. Its comparative objectivity makes it a valuable teaching film and its graphic expositions are particularly clear, e.g., on the physiology of the autonomic nervous system. It was made by Medi-Cine Productions (with specialist advice from E. Paykel, W. Poldinger, S. Checkley and R. Wilkins) for Hoechst UK and is available from the BMA Film Library, BMA House, Tavistock Square, London WC1H 9JP.

Observing Tardive Dyskinesia (Colour, sound, 16mm, 15 mins, UK 1981)

The various clinical forms and degrees of dyskinesia are shown to underline the need for careful monitoring of neuroleptic drugs. This is a deceptively simple description of what is a very perceptive exercise in clinical recording. It is a well-balanced and convincing film that holds attention throughout, and can be thoroughly recommended for its teaching value. It won a Bronze Award.

It was made in Newcastle upon Tyne by Dr H. McClelland in association with the Audio-Visual Centre Medical School, The University, Newcastle upon Tyne NE1 7RU, from whom it can be borrowed.

Stress at Work (Colour, sound, 16 mm, 25 mins, UK 1980)

This presents a series of what are now called 'trigger' interviews with various persons from different walks of life who have all had some degree of mental or physical breakdown that might be attributed to work stress. They are intended to form a basis for discussion and a 24-page book of notes accompanies the film.

Although it is essentially a series of 'talking heads', technically this production is very competent and it will undoubtedly succeed in its main purpose of holding the attention of managers, trade union representatives, safety officers, etc. Its value for psychiatric teaching is more restricted to the potted

case-histories that are presented, but these tend to lack a critical analysis of the personal nature of stress. However, some tutors might feel that more political issues such as 'what is wrong with Society' and whether mental breakdown is mainly due to social and economic factors, should be aired in contemporary psychiatric teaching. It was given a Bronze Award.

The film was made for the Mental Health Film Council by Dr J. Kearns and Dr T. Cox of the Stress Research Group at Nottingham University along with London Scientific Films. It can be hired from Concord Films Council (above) and can also be obtained on video cassette.

Forthcoming Events

The **MIND Annual Conference** on 'Working Together?—Voluntary and Statutory Mental Health Services' will be held at Kensington Town Hall, Hornton Street, London W8 on 25 and 26 October 1982. Information: Conference Secretary, MIND, 22 Harley Street, London W1N 2ED.

The **Institute of Family Therapy (London)** has moved to 43 New Cavendish Street, London W1 (Tel 01-935-1651). Any details concerning the autumn courses and workshops run by the Institute may be obtained by sending a stamped addressed envelope to the Course Secretary at the above address.

St George's Hospital Medical School is organizing its second '**Course for Diploma in Human Sexuality**'. It will be held on Wednesdays throughout the academic year and commences in October 1982. Information: Postgraduate Secretary, St George's Hospital Medical School, Cranmer Terrace, London SW17.

The Division of Criminological and Legal Psychology and the Oxford Branch of the Division of Clinical Psychology of the British Psychological Society are organizing a **Conference on the Mental Health Act (Amendment) Bill** to be held at Wolfson College, Oxford, on 1 October 1982. The following topics will be covered: the provisions of the Bill; the role of psychologists; an evaluation of the work of Mental Health Review Tribunals; the treatability of personality disorders and a consideration of future developments. All are welcome

to attend. Information and application forms: Tim Williams, Smith Hospital, Henley-on-Thames, RG9 6AB (Henley 2678); or Joanna Shapland, Centre for Criminological Research, Oxford University (Oxford 53171).

The **Eighteenth Paediatric/Child Psychiatry Seminar** will be held on 19 November 1982 at the Postgraduate Medical Centre, Stoke Mandeville Hospital. The **Fourth Aylesbury Ronald MacKeith Lecture**, entitled 'Teacher or Healer?—The Psychiatrist and Paediatrics', will be given by Dr Lionel Hersov. Information: Mrs Janet Lowe, Postgraduate Secretary, Stoke Mandeville Hospital, Aylesbury, Bucks.

The **Institute of Group Analysis** and the **Group-Analytic Society (London)** is running a 'General Course in Group Work' for people working with or interested in groups for therapy and training. It will run from October 1982 to June 1983. A 'Qualifying Course' leading to professional membership of the Institute is also available. Information: The Course Secretary, The Institute of Group Analysis, 1 Bickenhall Mansions, Bickenhall Street, London W1H 3LF (including an s.a.e.).

The **Child Guidance Trust** is holding an Inter-Clinic Conference on 'Treatment—the Clinical Core Reappraised' on 8 October 1982 at Kensington Town Hall, Hornton Street, London W8. Information: Child Guidance Trust, Inter-Clinic Conference, 25 Stratford Road, London W8 (including an s.a.e.).