without family obligations, who have the time and interest to take up this work? This is already the case in several Societies with highly-developed volunteer services.

Is it not time, therefore, to accept the fact that Junior Red Cross programmes and activities are an essential complement to the work carried out by adult members of the Society, and that therefore greater effort must be made to open both activities and decisionmaking processes to young people. This will undoubtedly be the best means of interesting them in the work of the Red Cross and of keeping them within the organisation.

Honduras

The Honduran Red Cross has just published the first number of an interesting review under the title « *Superación* » intended mainly for the youth of the country. It is also the organ of the National Society's volunteer relief workers.

The contents include articles on the Red Cross principles approved at Vienna in 1965, the duties of relief teams in many parts of the country, the Society's assistance programme in certain districts of the capital, Red Cross action with student participation, and the 1968 meeting in Mexico of National Society representatives from various Central American countries and the United States. There are also sections dealing with the theatre, psychology and practical first-aid.

It is interesting to note other news items, such as the recent formation by the Honduran Red Cross, under the impetus of its Committee, of twelve first-aid brigades, and the foundation by the San Pedro Sula branch of a new blood bank.

It will be recalled that Mr. S. A. Gonard, then President of the ICRC, called at Honduras in the course of a mission he undertook in several Central American countries in March 1966. In Tegucigalpa he was received by the authorities and was able to see for himself the fine work carried out in the country under the red cross.