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Not Minding

From about the second child onwards
I knew you needed all your energies
just to keep yourself going.
I didn't mind, or so I thought
as I looked after you and them.
Not at all.
I did something with my anger,
hid it subtly somewhere.
Only trouble was, it turned
all the milk in this family sour—
like poisoning the village well—
only I didn't know it.
Everyone found somewhere else to go.
You finished your dying.
Our daughter followed a precocious love
and our son got caught up, as they say,
in drugs.
I hope the milk supply
is purer these days for their visits.



Helen Pavlin