

Behavioural and Cognitive Psychotherapy

Instructions to Authors

Submission to Behavioural and Cognitive Psychotherapy

Articles written in English and not submitted for publication elsewhere should be sent via <http://mc.manuscriptcentral.com/babcp>.

Manuscript preparation

A Word document of the manuscript must be submitted electronically and original figures can be supplied as attachments.

Articles must be typed double-spaced throughout allowing wide margins all round. Where unpublished material e.g. behaviour rating scales, therapy manuals etc, is referred to in an article, copies should be submitted as an additional document to facilitate review.

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Tharp, R. G. and Wetzel, R. J. (1969). *Behaviour Modification in the Natural Environment*. New York: Academic Press.**Roskies, E. and Lazarus, R. S.** (1980). Coping theory and the teaching of coping skills. In P. O. Davidson and S. M. Davidson (Eds), *Behavioural Medicine: changing health lifestyles*. New York: Brunner/Mazel.
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Behavioural and Cognitive Psychotherapy

Contents

MAIN ARTICLES

- Perceived Parental Rearing Behaviours, Responsibility Attitudes and Life Events as Predictors of Obsessive Compulsive Symptomatology: Test of a Cognitive Model** 641
Haciomeroglu, B. & Karanci, A. N.
- How Do Trainees Rate the Impact of a Short Cognitive Behavioural Training Programme on their Knowledge and Skills?** 653
Duffy, M., Gillespie, K. & O'Shea, J.
- The Influence of Age on Emotion Regulation Strategies and Psychological Distress** 668
Brummer, L., Stopa, L. & Bucks, R.
- Priming Moral Self-Ambivalence Heightens Deliberative Behaviour in Self-Ambivalent Individuals** 682
Perera-Delcourt, R., Nash, R. A. & Thorpe, S. J.
- Antidepressant and Group Psychosocial Treatment for Depression: A Rater Blind Exploratory RCT from a Low Income Country** 693
Husain, N., Chaudhry, N., Fatima, B., Husain, M., Amin, R., Chaudhry, I. B., Rahman, R. U., Tomenson, B., Jafri, F., Naeem, F. & Creed F.
- Is Post-Event Processing a Social Anxiety Specific or Transdiagnostic Cognitive Process in the Anxiety Spectrum?** 706
Laposa, J. M., Collimore, K. C. & Rector, N. A.
- Core Schemas across the Continuum of Psychosis: A Comparison of Clinical and Non-Clinical Groups** 718
Taylor, H. E., Stewart, S. L. K., Dunn, G., Parker, S., Fowler, D. & Morrison, A. P.
- Manage Your Life Online (MYLO): A Pilot Trial of a Conversational Computer-Based Intervention for Problem Solving in a Student Sample** 731
Gaffney, H., Mansell, W., Edwards, R. & Wright, J.
- Service Use, Drop-Out Rate and Clinical Outcomes: A Comparison Between High and Low Intensity Treatments in an IAPT Service** 747
Chan, S. W. Y. & Adams, M.
- BRIEF CLINICAL REPORT**
- Competences Required for the Delivery of High and Low-Intensity Cognitive Behavioural Interventions for Chronic Fatigue, Chronic Fatigue Syndrome/ME and Irritable Bowel Syndrome** 760
Rimes, K. A., Wingrove, J., Moss-Morris, R. & Chalder, T.
- Book Reviews** 765

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