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COMPARATIVE INVESTIGATION THE ROLE OF PERSONALITY TRAITS AND EMOTIONAL INTELLIGENCE IN TENDENCY TO ADDICTION

A. Khanmohammadi Otaghsara¹, A. Homayouni²

¹Psychology, Amol Branch Islamic Azad University Amol Iran, Amol, Iran; ²Psychology, Bandargaz Branch Islamic Azad UniversityBandargaz Iran, Bandargaz, Iran

Aim: The research aimed to investigate role of personality traits and Emotional Intelligence in tendency to addiction. Methods: In sampling process a total of 73 addicted people and 73 non-addicted people that were randomly selected and completed Schutte's Self- Report E / I Test (SSREIT) (33 items) and Mc Care and Costa's NEO PI-R Inventory. In order to analyzing the data independent T test was used to compare means of two groups. Results: Findings indicated significant differences between two groups in components of Emotional Intelligent. Addicted people had less scores in agreeableness, extroversion, conscientiousness, appraisal of emotion, utilization of emotion and general score of emotional intelligence, and more scores in neuroticism than and openness to experience than nonaddicted people. Conclusion: Considering the current study are congruent with the other research in this field, it is recommended to apply the plans for El education related to personality traits for enhancing emotional intelligent components in order to increasing abilities and competencies in confronting with crisis and bad events and reducing risk of abnormal behaviors, specially addiction.