

Hupotest - Highly Efficient Mental Test and Training Procedure.

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HuPoTest is the name of a procedure establishing human potentials driven by mental state discovered incidentally in 1967.

This procedure belongs to the classical procedures of calibration of measuring instruments, so that HuPoTest actually calibrates the timer of the person under test (PUT). Timer and mentality are strongly interconnected defining each other. Simply said, a good mentality is based on good timer (stable and well tuned) and both of them define the vital potential driving a good health.

Method: PUT has to count periods of time of 5, 10, 15 and 20 seconds in special conditions, the measured values are retrieved statistically by a software and the final values stored in a data bank in view to reveal the evolution of the health state (vital potential) according to established significances.

Results. The main resulted parameters are given in the example table.

PUT	GH129037107350605071330Sydney	
slope	0.939 ± 0.034	
intercept	0.725 ± 0.47	
correl	0.9987	
AP1	educational potential of action	-27
AP2	native potential of action	-453
a	life motivation	426
C	thinking coherency	389
SC	spiritual coupling strength	2.99
K21	1st harmonic of mental activity	12.7
K23	2nd harmonic of mental activity	28.8
PS	panic stress	200
M	social coupling strength	45.3
N	noise of measurements, %	11.4

Conclusion: HuPoTest is a powerful mental test and a training procedure as well in view to show and improve the life style and avoid any kind of irreversible conditions/diseases. HuPoTest can not be tricked! I.E. the PUT can not appear as he is not in reality