

CORRIGENDUM

Self-Compassion: Evaluation of a Psychoeducational Website – CORRIGENDUM

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Please note that the self-compassion Website (www.self-compassion.org) and the Mindfulness Self-Compassion program (MSC) offer some similar self-compassion and guided meditation exercises, but differ in structure and content. As currently described on www.CenterforMSC.org, MSC is an 8-week empirically-supported program targeting non-clinical populations. It is offered in a group format and is not led by therapists necessarily. MSC is not considered by the authors as a form of group therapy. As such, ‘resource-building course’ should have been used in the original paper in lieu of ‘group therapy’.