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RELATIONSHIP BETWEEN MENTAL HEALTH AND ITS IMPACT ON FAMILY'S
AGGRESSIVE STUDENTS BOYS AND GIRLS

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Introduction: The main purpose of mental health, prevention of the occurrence of adversity and minor behavior disorders and health promotion, mental health is the best form.

Objectives: This study reviews the relationship between mental health and its impact on family aggression male and female students Payam Noor University is the center of Babol.

Methods: Descriptive study methods - is solidarity. Statistical Society study male and female students of Babol University of Payam Noor Centre in 89-88 school year are studying make up. Sample consisted of 100 male and female students to simple random sampling method chosen. Data collected in this study were two questionnaires: General Health Questionnaire (GHQ) and the aggression questionnaire (AQ) is. And to analyze the data and the correlation coefficient R. The T method through SPSS software was used.

Results: Results showed that families with mental health among students, male and female aggression significant relationship exists. The results also show that between family and mental health scores of aggressive students, and significant negative relationship is seen. Whatever the mental health students is more aggressive than they would be.

Conclusions: The Role of Family Mental Health Dreaming family undoubtedly provides mental health and prevents distractions behavior has a major role.