

BJPpsych

The British Journal of Psychiatry



The potential unintended consequences of Mental Health Act reforms
Tromans et al

The efficacy of psychological interventions for PTSD in children and adolescents exposed to single vs. multiple traumas
Hoppen et al

Mother and father depression symptoms and child emotional difficulties: a Network model
Martin et al

The impact of anxiety and depression across childhood and adolescence on adverse outcomes in young adulthood: a UK birth cohort study
Morales-Muñoz et al

BJP Psych

The British Journal of Psychiatry

ISSN 0007 - 1250

Editor Kamaldeep Bhui CBE (UK)**Deputy Editors**

Matthew Broome (UK)
 William Lee (UK)
 (Research Integrity Editor)
 Gin Malhi (Australia)
 (Editorials Editor)
 Rachel Upthegrove (UK)

Associate Editors

Shehzad Ali (UK)
 Jonathan Bissón (UK)
 Rakesh K Chadda (India)
 Emilio Fernandez Egea (UK)
 Elena Garralda (UK)
 Judith Harrison (UK)
 Joseph Hayes (UK)
 Cyrus Ho (Singapore)
 Philipp Homan (Switzerland)
 Edgar Jones (UK)
 Lana Kambeitz-Illankovic
 (Germany)
 Helen Killaspy (UK)
 Rajeev Krishnadas (UK)
 Philip McGuire (UK)
 Aileen O'Brien (UK)
 (Debate Editor)
 Alexandra Pitman (UK)
 Emmert Roberts (UK)
 Zena Samaan (Canada)
 Frauke Schultze-Lutter
 (Germany)
 Jan Scott (UK)
 James Shearer (UK)
 Bart Sheehan (UK)
 Najma Siddiqi (UK)
 Mustafa Soomro (UK)
 Athula Sumathipala (UK)
 Stuart Watson (UK)
 Melvyn Zhang Weibin
 (Singapore)

Editorial Advisors

Sarah Byford (UK)
 John Geddes (UK)
 Martin Knapp (UK)

International**Editorial Board**

Regi T. Alexander (UK)
 Allan Beveridge (UK)
 (Book Reviews Editor)
 (Cover Artwork Editor)
 Alec Buchanan (USA)
 Colin Campbell (UK)
 (Correspondence Editor)
 (Analysis Editor)
 Mary Cannon (Ireland)
 Patricia Casey (Ireland)
 Andrew Cheng (Taiwan)
 Erika Comasco (Sweden)
 John Cookson (UK)
 Pim Cuijpers (The Netherlands)
 David Curtis (UK)
 Claire de Oliveira (UK)
 Kimberlie Dean (Australia)
 Colin Drummond (UK)
 Jianfeng Feng (China)
 Sinan Guloksuz
 (The Netherlands)
 Peter Haddad (UK)
 Madelyn Hicks (USA)
 Louise Howard (UK)
 Khalida Ismail (UK)
 Navneet Kapur (UK)
 Eirini Karyotaki
 (The Netherlands)
 Kenneth Kaufman (USA)
 Steve Kisely (Australia)
 Ivan Koychev (UK)
 Stephen Lawrie (UK)
 Glyn Lewis (UK)
 Lin Lu (China)
 Kwame McKenzie (Canada)
 Marco Mula (UK)
 Roger Mulder (New Zealand)
 Roger Mulder (New Zealand)
 Femi Oyebode (UK)
 (Book Reviews Editor)
 (Extras Editor)
 Sarah Peters (UK)
 Michael Phillips (China)
 Mariana Pinto Da Costa (UK)
 Thomas Schulze (Germany)
 Sukhwinder Shergill (UK)

Emily Simonoff (UK)
 Dan Siskind (Australia)
 Shuichi Suetani (Australia)
 (Highlights Editor)
 Nori Takei (Japan)
 Eric Tan (Singapore)
 Leila Tarokh (Switzerland)
 Derek Tracy (UK)
 (Editor for Public Engagement and
 Education)
 Alexander Tsai (USA)
 Richard Williams (UK)
 Kiriakos Xenitidis (UK)
 (Correspondence Editor)
 Allan Young (UK)
 Yaara Zisman-Ilani (USA)

Trainee Editors

Katherine Adlington (UK)
 (Highlights Editor)
 Angharad de Cates (UK)
 Shubhangi Karmakar (Ireland)

Statistical Advisors

Pak Chung Sham (China)
 Dawn Holmes (USA)
 Anikó Lovik (Sweden)
 Nick Meader (UK)
 Prathiba Natesan Batley (USA)
 Eva Petkova (USA)
 Rob Saunders (UK)
 Jingwei Wu (USA)
 Min Yang (China)
 Nanhua Zhang (USA)

Staff

Head of Publishing
 Elizabeth Hay
Managing Editor
 Holly Drury
Senior Publishing Coordinator
 Diandra Roberts

Past Editors

Eliot Slater 1961–72
 Edward H. Hare 1973–77
 John L. Crammer 1978–83
 Hugh L. Freeman 1984–93
 Greg Wilkinson 1994–2003
 Peter Tyrer 2003–13

Subscriptions

British Journal of Psychiatry (ISSN 0007-1250) is published monthly. The six issues starting January 2023 comprise Volume 222, the six issues starting July 2023 comprise Volume 223. Orders from non-members of the College, which must be accompanied by payment, may be sent to any bookseller or subscription agent or direct to the publishers: Cambridge University Press & Assessment, Shaftesbury Road, Cambridge, CB2 8EA, UK, email journals@cambridge.org; or in the USA, Canada and Mexico, to Cambridge University Press & Assessment, Journals Fulfillment Department, 1 Liberty Plaza, Floor 20, New York, NY 10006, USA, email subscriptions_newyork@cambridge.org. Japanese prices for institutions are available from Kinokuniya Company Ltd, P.O. Box 55, Chitose, Tokyo 156, Japan.

The annual subscription prices (including delivery by air but excluding VAT) for Volumes 222/223 are as follows:

	INSTITUTIONS	INDIVIDUALS
Print and online	£650/\$1156	£524/\$815
Online only	£468/\$717	£304/\$475

Single issues are £57 (US\$101 in the USA, Canada and Mexico) plus postage. EU subscribers (outside the UK) who are not registered for VAT should add VAT at their country's rate. VAT registered subscribers should provide their VAT registration number. Claims for missing issues should be made immediately on receipt of the subsequent issue.

Queries from College members about missing or faulty copies should be sent to Customer Services, Cambridge University Press & Assessment, email journals_societies@cambridge.org, tel. +44 (0)1223 326070.

USPS ID Statement

The *British Journal of Psychiatry*, ISSN 0007-1250, is published monthly by Cambridge University Press & Assessment, Shaftesbury Road, Cambridge, CB2 8EA, UK. The US annual subscription price is \$1156 print and online/\$717 online only for institutions and \$524 print and online/\$304 online only for individuals. Airfreight and mailing in the USA by agent named World Container Inc, 150-15, 183rd Street, Jamaica, NY 11413, USA. Periodicals postage paid at Brooklyn, NY 11256. US Postmaster: Send address changes to The *British Journal of Psychiatry*, World Container Inc, 150-15, 183rd Street, Jamaica, NY 11413, USA. Subscription records are maintained at Cambridge University Press & Assessment, UPH, Shaftesbury Road, Cambridge CB2 8BS, UK. Air Business Ltd is acting as our mailing agent.

Online access

British Journal of Psychiatry is hosted on the Cambridge Core service at <https://www.cambridge.org/core/journals/the-british-journal-of-psychiatry>.

Information about the College's publications is available at <https://www.rcpsych.ac.uk>.

Instructions to authors

Full instructions to authors are given at <https://www.cambridge.org/core/journals/the-british-journal-of-psychiatry/information/instructions-contributors>.

Advertising

Correspondence and copy should be addressed to: Stephen H. P. Mell, Advertising Manager, PTM Publishers Ltd, 41 Hart Close, Uckfield, East Sussex TN22 2DA, UK (email advertising@ptmpublishers.com; tel. 020 8642 0162)

Founded by J. C. Bucknill in 1853 as the *Asylum Journal* and known as the *Journal of Mental Science* from 1858 to 1963.

©The Royal College of Psychiatrists 2023. Unless so stated, material in the *British Journal of Psychiatry* does not necessarily reflect the views of the Editor or the Royal College of Psychiatrists. The publishers are not responsible for any error of omission or fact.

Printed in Great Britain by Henry Ling Limited, The Dorset Press, Dorchester, Dorset DT1 1HD.

This journal issue has been printed on FSC™-certified paper and cover board. FSC is an independent, non-governmental, not-for-profit organization established to promote the responsible management of the world's forests. Please see www.fsc.org for information.



The *British Journal of Psychiatry* is published monthly by the Royal College of Psychiatrists (a charity registered in England and Wales (228636) and in Scotland (SC038369)). The Journal publishes original work in all fields of psychiatry. Manuscripts for publication should be submitted online at <https://mc.manuscriptcentral.com/bjpsych>.

All papers in this journal are peer-reviewed. No person is permitted to take any role in the peer-review of a paper in which they have an interest, defined as follows: fees or grants from, employment by, consultancy for, shared ownership in, or any close relationship with, an organisation whose interests, financial or otherwise, may be affected by the publication of the paper.

- A17 Editorial Board
A19 Highlights of this issue

Editorials

- 185 **Psychosis prediction 2.0: why child and adolescent mental health services should be a key focus for schizophrenia and bipolar disorder prevention research**
Ian Kelleher

- 187 **Psychiatry in history – The Fairy Tale King and his royal psychiatrist: the contribution to neuroscience of Dr Johann Bernhard Aloys von Gudden, psychiatrist to King Ludwig II**
Madhusudan Dalvi

- 188 **The potential unintended consequences of Mental Health Act reforms in England and Wales on people with intellectual disability and/or autism**
Samuel Tromans, Kamaldeep Bhui, Indermeet Sawhney, Mahesh Odiyoor, Ken Courtenay, Ashok Roy, Harm Boer, Regi Alexander, Asit Biswas, Jane McCarthy, Gautam Gulati, Richard Laugharne and Rohit Shankar

Analysis

- 191 **Antiepileptic medications prescribing for behavioural and psychiatric concerns in adults with an intellectual disability living in England**
David Branford, James J. Sun and Rohit Shankar

- 195 **Psychiatry in literature – The illumination of dreams: André Breton's (1896–1966) *Les vases communicants***
George Ikkos

Review

- 196 **Efficacy of psychological interventions for post-traumatic stress disorder in children and adolescents exposed to single versus multiple traumas: meta-analysis of randomised controlled trials**
Thole H. Hoppen, Richard Meiser-Stedman, Tine K. Jensen, Marianne Skogbrott Birkeland and Nexhmedin Morina

Papers

- 204 **Mother and father depression symptoms and child emotional difficulties: a network model**
Alex F. Martin, Barbara Maughan, Deniz Konac and Edward D. Barker
- 212 **Impact of anxiety and depression across childhood and adolescence on adverse outcomes in young adulthood: a UK birth cohort study**
Isabel Morales-Muñoz, Pavan K. Mallikarjun, Joht S. Chandan, Rasiah Thayakaran, Rachel Upthegrove and Steven Marwaha

Columns

- 221 **Book reviews**
223 **Contents of *BJPsych Advances***
224 **Kaleidoscope**

Cover picture

Erich Spießbach, Anything is Possible, But the Stupidest's Most Likely

1952 • Pencil, coloured pencil, ink pen on paper • 29.5 × 20.7 cm • Inv. 8542 / 358 (2015)

© Prinzhorn Collection, University Hospital, Heidelberg

An outstanding example of humour in psychiatry is the collection of several hundred drawings by Erich Spießbach (1901–1956), almost all of which were created between 1951 and 1952. Spießbach worked from 1920 to 1923 in Gotha as a draftsman in the wagon factory and then as an archeological preparator at the local history museum. In 1928, he was employed as a labourer at the Museum of Prehistory and Early History in Münster. In 1936, he got into conflict with the director, and Spießbach subsequently instituted a large number of court cases against him until he was admitted to the provincial mental hospital in Münster in 1943 with the diagnosis of “querulant madness” (“Querulantenwahnsinn”).

Because of war damage to the hospital, the inmates were transferred to Marsberg in 1944. It was here that Spießbach contracted tuberculosis in 1950 and was placed in an isolation cell. The assistant doctor, Manfred in der Beeck (1920–2004), who had discovered the patient's talent for drawing, gave him paper, pencils, pen and ink. Impressed by Spießbach's motto: “Even stupidity is a gift from God that cannot be misused with impunity,” he asked him one day to illustrate the maxim from a letter to the editor of the Frankfurter Zeitung: “Everything is possible, but the stupidest thing is the most likely”. This commission resulted in a picture showing examples of stupidity from the original sin up to the common musical notation. This triggered a flood of drawings in which Spießbach made fun of the stupidity of others. His often aggressive mockery is aimed at the university city of Münster, for which he designed a monument to stupidity, as well as at the doctors, especially the director of psychiatry. Significantly, however, his most vicious mockery was aimed at an allegory of justice.

For the viewer today, it is clear that these drawings were created out of his hope of communicating with the young doctor. Spießbach hoped that they would laugh together at the stupidity of others. Dr in der Beeck, however, did not understand Spießbach's aim, but, instead, he wanted to collect material for a psychiatric examination of artistic creativity. Realizing his mistake, the patient abruptly stopped drawing. In 1956, he had a fatal accident trying to escape from the institution. Ten years later, Dr in der Beeck published a book about Spießbach's drawings, “Wahnsinn, Ironie und tiefere Bedeutung” (“Madness, Irony and Deeper Meaning”).

Text by Thomas Roeske

Reference:

Eine Ausbruch in Kreativität – Erich Spießbach, “der dreifach diplomierte Idiot”, ed. by Thomas Röske, Heidelberg: Wunderhorn, 2021 (German and English)

We are always looking for interesting and visually appealing images for the cover of the Journal and would welcome suggestions or pictures, which should be sent to Dr Allan Beveridge, British Journal of Psychiatry, 21 Prescot Street, London, E1 8BB, UK or bjp@rcpsych.ac.uk.

