# **INDEX OF AUTHORS**

Al-Rammahi, M	185	Fainberg, H. P		Moran, A. W.	185
Batchelor, D. J		Gibbons, C	171	Naslund, E	171
Blundell, J	155	Hall, W. L. Hopkins, M. Hunter, D. C.	171	Sanders, T. A. Sharma, S. Shirazi-Beechey, S. P. Skinner, M. A.	232 185
Calder, P. C		Johnson, I. T	194	Symonds, M. E	
Cottin, S. C.	215	King, N	171	Tipton, K. D	205
Daly, K		Leslie, W. S. Loh, J. M. S. Lovelady, C.	276	Welch, R. W	145
Flliott G O	194	Lund F K		Zhang I	276

Postgraduate Symposium Chairs: S. Drummond, Queen Margaret University; S. Bath, University of Surrey	
The differential effects of EPA and DHA on cardiovascular risk factors S. C. Cottin, T. A. Sanders & W. L. Hall	215–231
Nutrition Society Silver Medal Lecture Chair: I. Macdonald, University of Nottingham	
Development and use of FFQ among adults in diverse settings across the globe <i>S. Sharma</i>	232–251
Plenary Lecture Chair: S. Lloyd, Nutrition and Wellbeing	
Nutrition in an ethnically diverse society: what are some of the key challenges? A. Szczepura	252–262
Symposium 3 (Jointly with the British Dietetic Association): Nutrition management in special populations Chairs: J. Gandy, British Dietetic Association; G. Frost, Imperial College, London	
Improving the dietary intake of frail older people  W. S. Leslie	263–267
University College Dublin, Dublin, Republic of Ireland, 17–19 February 2010	
Irish Section Postgraduate Symposium Chair: S. Bannon, University College Cork, Republic of Ireland The conflicting effects of maternal nutrient restriction and early-life obesity on renal health	
H. P. Fainberg, H. Budge & M. E. Symonds  Platja D'Aro, Girona, Spain, 21–24 October 2009	268–275
3rd International Immunonutrition Workshop	
Session 1: Antioxidants and the immune system Chairs: C. Seal, University of Newcastle, UK; E. Nova, National Scientific Research Council, Madrid, Spain	
Gold kiwifruit (Actinidia chinensis 'Hort16A') for immune support M. A. Skinner, J. M. S. Loh, D. C. Hunter & J. Zhang	276–280
Corrigenda	281–282

## **Proceedings of the Nutrition Society**

# **Directions to Contributors - Concise Version**

The *Proceedings of the Nutrition Society* publishes papers presented by invitation and original communications given at the symposia and meetings of the Society. The geographical scope of the journal is international. As a contributor you should note and follow the guidelines set out below. Further information on how the technical content of your paper should be presented is given in the **Directions to Contributors** on the Nutrition Society web pages at http://www.nutritionsociety.org or contact the Publications Office on +44 20 7605 6555 (telephone), +44 20 7602 1756 (fax) or pns@nutsoc.org.uk (email).

Authors are reminded that their papers will be read by a wide cross-section of the Society's members, many of whom were neither at the meeting nor are they specialists in the subject area. Authors should thus seek to provide an introduction and context to the subject and are encouraged to provide extensive references to allow the reader to further explore the subject, in addition to summarizing the more recent findings, conclusions and hypotheses of their own and other research groups. Authors should avoid unnecessary use of 'jargon' and acronyms and ensure that as far as possible acronyms and abbreviations are defined and explained in the text.

Papers should be accompanied by a signed statement to the effect that the author accepts the conditions laid down in the full Directions to Contributors. Contributors of Symposium papers will be asked to complete a copy of the 'Licence to Publish' (in lieu of copyright transfer) at the proof stage.

**Page format.** The *Proceedings of the Nutrition Society* is printed in double-column format (column width of 85 mm) with a text area of  $235 \times 177$  mm.

Text. Word-processed text provided electronically is required. Text files must be compatible with Microsoft Word 2000 (either in Word format or saved as rich text (.rtf) files. The typescript should be prepared with 1.5 line spacing and margins (at least 1.5 cm) on each side and with no underlining, bold or italics (except for scientific names). Standard abbreviations (e.g. Fig. and Figs.) and SI units should be used. This will enable papers to be handled rapidly, and with fewer typesetting errors. All relevant financial and other interests should be declared.

**Synopsis.** Each paper must commence with a carefully prepared, accurate, informative synopsis, in one paragraph, that is complete in itself and intelligible without reference to text or figures. It should not exceed 250 words.

**Key Words.** Authors should supply two or three key words or phrases (each containing up to three words) for the subject index of the volume.

**Tables.** Tables should be reduced to the simplest form, and should not be used where text or illustrations give the same information. They should be submitted on separate sheets at the end of the article and must carry headings describing their content that are comprehensible without reference to the text.

Illustrations. All figures should be of sufficient size and quality to allow for reduction by half or two-thirds. Half-tone photographs are acceptable where they make a real contribution to the text. Colour illustrations can be used at the discretion of the Editor. Figure captions should be typed separately at the end of the main text and numbered corresponding to the relevant figures. For illustrations, preferred software packages are Adobe Illustrator, Adobe Photoshop, Aldus Freehand, Chemdraw or CorelDraw. Preferred formats are TIFF or JPEG, if a TIFF file is not possible save as an EPS or a Windows metafile. Microsoft PowerPoint files are also acceptable.

References. References must be based on the numbered (Vancouver) system. When an article has more than ten authors, only the names of the first three should be given followed by et al.; give abbreviated journal titles and conform to the following styles:

- Goel V, Cheema SK, Agellon LB, Ooraikul B & Basu TK (1999) Dietary rhubarb (*Rheum rhaponticum*) stalk fibre stimulates cholesterol 7α-hydroxylase gene expression and bile acid excretion in cholesterol-fed C57BL/6J mice. *Br J Nutr* 81, 65–71.
- Jenkins DJ, Kendall CW, Marchie A et al. (2003) The effect of combining plant sterols, soy protein, viscous fibres, and almonds in treating hypercholesterolemia. Metabolism 52, 1478–1483.
- Brandtzaeg P (2003) Role of local immunity and breast-feeding in mucosal homoeostasis and defence against infections. In *Nutrition and Immune Function*, pp. 273–320 [PC Calder, CJ Field and HS Gill, editors]. Wallingford, Oxon: CAB International.
- 4. Stock M & Rothwell NJ (1982) *Obesity and Leanness: Basic Aspects.* London: John Libbey.

Citations should be numbered consecutively in the order in which they first appear in the text using superscript Arabic numerals in parentheses, e.g. 'The conceptual difficulty of this approach has recently been highlighted<sup>(1,2-4)</sup>'. If a reference is cited more than once the same number should be used each time.

**Proofs.** PDF page proofs will be accessible to authors from the typesetter's website and should be returned within 48 hours (by email or Express mail) to:

Monica Nelson
2 Leicester Road, Wanstead
London
E11 2DP
UK
email nelsonline@btinternet.com

Proceedings of the Nutrition Society, published by Cambridge University Press on behalf of the Nutrition Society 2011©

# Nutrition

# Society

# Vol. 70 No. 2 May 2011

#### **Contents**

#### University of Ulster, Coleraine, 16–18 June 2010

Conference on 'Nutrition: getting the balance right in 2010'

Session 1: Balancing intake and output: food v. exercise Chairs: B. Livingstone, University of Ulster; M. McKinley, Queen's University, Belfast	
Satiety: have we neglected dietary non-nutrients?	145 154
R. W. Welch The control of meal size in human subjects: a role for expected satiety,	145–154
expected satiation and premeal planning  J. M. Brunstrom	155–161
Why liquid energy results in overconsumption	
C. de Graaf	162–170
The influence of physical activity on appetite control: an experimental system to understand the relationship between exercise-induced energy expenditure and energy intake	
P. Caudwell, C. Gibbons, M. Hopkins, E. Naslund, N. King, G. Finlayson & J. Blundell	171–180
Balancing exercise and food intake with lactation to promote postpartum weight loss	
C. Lovelady	181–184
Session 3: Influences of food constituents on gut health Chairs: C. Gill, University of Ulster; A. Nugent, University College Dublin	
Glucose sensing and signaling; regulation of intestinal glucose transport S. P. Shirazi-Beechey, A. W. Moran, D. J. Batchelor, K. Daly & M. Al-Rammahi	185–193
Heriot-Watt University, Edinburgh, 28 June–1 July 2010	

Conference on 'Nutrition and health: cell to community'

## Symposium 1: Nutrition and epigenetics Chairs: M. Symonds, University of Nottingham; E. Williams, University of Sheffield Recent advances in understanding the role of diet and obesity in the development of colorectal cancer E. K. Lund, N. J. Belshaw, G. O. Elliott & I. T. Johnson 194-204

### **Symposium 2: Exercise and protein nutrition**

Chairs: H. McArdle, Rowett Institute of Nutrition and Health; D. Sewell, Heriot-Watt University, Edinburgh

Efficacy and consequences of very-high-protein diets for athletes and exercisers 205-214 K. D. Tipton

(Contents continued facing inside back cover)

#### **Cambridge Journals Online**

For further information about this journal please go to the journal web site at: www.journals.cambridge.org/pns



