Congenital Herniation of the Gyrus Rectus Resulting in Compressive Optic Neuropathy

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We report a 34-year-old male with a previously uninvestigated lifelong blindness of the right eye from compressive optic neuropathy secondary to congenital herniation of the gyrus rectus (HGR). His past medical history was otherwise unremarkable, with no history of prior head or ocular trauma. On examination, he had no light perception in the right eye, right relative afferent pupillary defect (RAPD), and primary optic atrophy. His left eye had normal visual acuity, color vision, and a healthy optic disc. There was a sensory exotropia in the right eye; however, extraocular movements were intact and the remainder of his neurological exam was normal. MRI revealed compression of the prechiasmatic right optic nerve from HGR and atrophy of the right optic nerve and optic chiasm (Figures 1 and 2), without any parenchymal mass lesions. There were no signal abnormalities in the optic nerves or the chiasm.

The gyrus rectus is located in the floor of the anterior cranial fossa superior to the prechiasmatic optic nerves and the optic chiasm. The posterior aspect of the gyrus rectus lies directly above the anterior aspect of the optic chiasm. Downward HGR can cause compression of the optic nerve, and more a posterior herniation into the suprasellar cistern can also compress the optic chiasm. Mass lesions arising from the frontal lobe can cause an acquired HGR and result in optic atrophy of the ipsilateral side

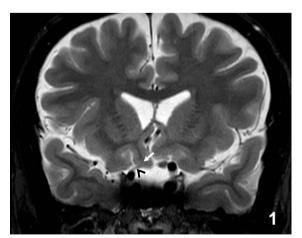


Figure 1: Coronal T2 weighted image demonstrates inferior herniation of the right gyrus rectus (white arrow) with compression and inferior displacement of the pre-chiasmatic optic nerve (black arrowhead). The optic nerve is atrophic.

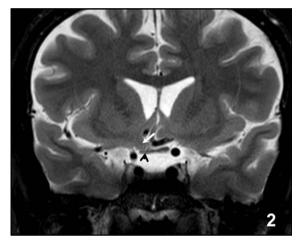


Figure 2: Coronal T2 weighted image shows optic chiasm atrophy on the right side (black arrowhead). White arrow points to the herniated right gyrus rectus.

and papilledema due to raised intracranial pressure in the fellow eye. This entity is called Foster Kennedy Syndrome.⁵ Acquired compressive optic neuropathy from idiopathic HGR has also rarely been reported.¹

Compressive optic neuropathies must be considered in the differential diagnosis of painless visual loss in the clinical context of optic atrophy and RAPD. In most circumstances, compressive optic neuropathies typically present as a protracted course of gradually worsening visual loss. An exception to this typical clinical presentation is the rarely described cases of congenital optic nerve compression that present with blindness in childhood. Previously described compressive optic neuropathies include aneurysm and ectatic internal carotid artery. To our knowledge, this is the first case of congenital HGR causing compressive optic neuropathy.

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CONFLICT OF INTEREST

The authors do not have any conflicts of interests to declare.

STATEMENT OF AUTHORSHIP

KG wrote the manuscript; PJM reviewed the MRI of the patient and provided labeled figures; ANES provided consultation and diagnosis for the patient and supervised the manuscript.

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