

B.A.B.P. BULLETIN

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BRITISH ASSOCIATION FOR BEHAVIOURAL PSYCHOTHERAPY

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The British Association for Behavioural Psychotherapy was founded in 1972. It is a multidisciplinary organisation and full membership is restricted to members of the helping professions - psychiatrists, psychologists, social workers, nurses, probation officers, teachers, et

Objects of the Association

- (a) To promote the advancement of the theory and practice of behavioural psychotherapy, in particular the application of experimental methodology and learning techniques to the assessment and modification of maladaptive behaviour in a wide variety of settings.
- (b) To provide a forum for discussion of matters relevant to behavioural psychotherapy.
- (c) To disseminate information about and provide training for behavioural psychotherapy, by organising conferences, courses, and workshops or by other means.
- (d) To print, publish and circulate newsletters, reports and other publications containing articles, information and news relating to behavioural psychotherapy.
- (e) To make representation to, and to establish and maintain liaison with, public and professional bodies.
- (f) To foster and promote research into behavioural psychotherapy, and related matters.
- (g) To establish and organise, regional or specialist branches in order to promote the objects of the Association and to provide a service to members.
- (h) To encourage and assist in training in behavioural psychotherapy.
- (i) To study matters of concern to behaviour therapists and to take such action as is consistent with the objects of the Association and in the public interest.

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EDITORIAL

This is the first issue of the bulletin under our joint editorship. The size of the bulletin has been considerably increased and we hope that the new format will prove acceptable.

In this, and subsequent bulletins, we will publish short papers of 2,000 to 3,000 words on issues of relevance to the theoretical basis and practical applications of behavioural psychotherapy. In general, case studies and research reports will not be published, but priority will be given to articles examining basic concepts and both practical and professional matters.

Further regular features will include:-

- Committee activities
- Branch activities
- Correspondence
- Book and Film Reviews
- Forthcoming events