

P-719 - NONPHARMACOLOGICAL APPROACHES IN TREATING MILD AND MODERATE DEMENTIA

E.Doněk¹, J.Doňková¹, O.Výrostková¹, M.Blažková¹, P.Valachová¹, P.Hladíková¹, P.Begovská¹, P.Hrabalová², M.Rajlová¹

¹Mental Hospital Kromeriz, Kromeriz, ²Department of Internal Medicine, Hospital in Prostejov, Prostejov, Czech Republic

Introduction: The treatment of dementia should involve both pharmacological and nonpharmacological modalities (Jirák R, 2004, Lužný J, 2010). The effective treatment may lead to partial improvement of symptoms and may stop further deterioration of dementia at least for a time (Pidrman V, 2007, Lužný J, 2009, Lužný J, 2011).

Objectives: Our study monitored the efficiency of nonpharmacological approaches in treating patient with mild and moderate dementia who have been hospitalized in Mental hospital Kroměříž.

Aims: Evaluation of the effectiveness of nonpharmacological approaches influencing cognitive functions which are used in practice in psychogeriatric ward in Mental hospital in Kromeriz and evaluation of satisfaction with these activities by hospitalized clients.

Methods and design: Cross-sectional study, done in November 2011.

Instruments: Mini-Mental State Examination (MMSE) and Clock Drawing Test (CDT).

Results: At the end of hospitalization significant improvement in cognitive functions was observed in studied sample of patients.

Conclusion: Nonpharmacological approaches have important position in treatment of dementia, they assist in restoring cognitive functions, they help in patients self-esteem and activation.