



## The Mouse *Xist* Gene: a Model for Studying the Gametic Imprinting Phenomenon

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### INTRODUCTION

In mammals, normal embryonic development requires differential genomic imprinting of male and female gametes [1, 2]. Many investigations have been directed towards the understanding of the molecular mechanisms of imprinting and the timing of establishment of the imprint during gametogenesis and its erasure during development.

Methylation is the focus of many of these studies as it has been known for some time that this epigenetic modification of the DNA correlates with the status of gene activity. So far, five imprinted genes, expressed from only one of the parental alleles, have been found to be differentially methylated in somatic tissue: mouse *Igf2* [3] and *Xist* [4] and human *SNRPN* [5, 6] expressed from the paternal allele; mouse *Igf2r* [7] and *H19* [8, 9] expressed from the maternal allele. However, so far, a gametic methylation imprint has been detected for only two of these genes: in an intron region of mouse *Igf2r* [7], and in the promoter region [10] and the first exon [11] of the *Xist* (X-inactivation-specific transcript [12, 13] gene.

The data accumulated for the *Xist* gene, during different phases of gametogenesis and development, provides the most comprehensive story about the role of methylation as a primary gametic imprint, and on the timing of its establishment during gametogenesis and erasure during development. Methylation studies have now been performed during oogenesis and spermatogenesis [Norris et al., 1994; 11] and in mature gametes and during early stages of development [10, 11]. In addition, expression of the gene has been described during gametogenesis [14-16] and throughout early development [4-17].

The *Xist* gene, located in the region of the X inactivation centre (Xic) on the X chromosome [18, 19] is believed to be involved in the inactivation of the X chromosome in

female mouse embryo development. Inactivation first occurs in the extraembryonic tissues of the blastocyst and later in the embryonic cells after implantation [20]. Inactivation is random in the embryonic cells (either the paternal or maternal X chromosome is inactivated), whereas the paternal X chromosome is preferentially inactivated in the extraembryonic trophoctoderm and primary endoderm [21-23]. Preferential inactivation of the paternal X chromosome implies the existence of a mark (imprint) distinguishing the paternal and maternal X chromosomes. The identification of the *Xic* [18], and the discovery of the *Xist* gene [12, 13] transcribed only from the inactive X chromosome, shifted the quest for the imprint to a more molecular level.

The question that we addressed when we began our study was the following: is differential methylation the primary gametic imprint distinguishing the paternal and maternal *Xist* alleles in such a way that preferential paternal X inactivation occurs at the blastocyst stage?

Our investigations [10] and those of Ariel et al. [11] have shown that two CpG sites in the promoter region and six sites in the first exon are unmethylated in sperm but methylated in eggs. These differences in methylation correlate with the exclusive expression of the paternal allele in early development. Moreover, the differential methylation of the parental *Xist* alleles appears to be maintained throughout preimplantation development until the time of inactivation of the paternal X chromosome in the extraembryonic lineages. In this review, we discuss these results, together with previous studies, to provide an overall picture of the imprinting of the *Xist* gene in development.

## **Xist expression and methylation: a cronology of events**

Figure 1 is a diagrammatic representation of the data presented below on *Xist* expression and *Xist* methylation in gametogenesis and throughout preimplantation development.

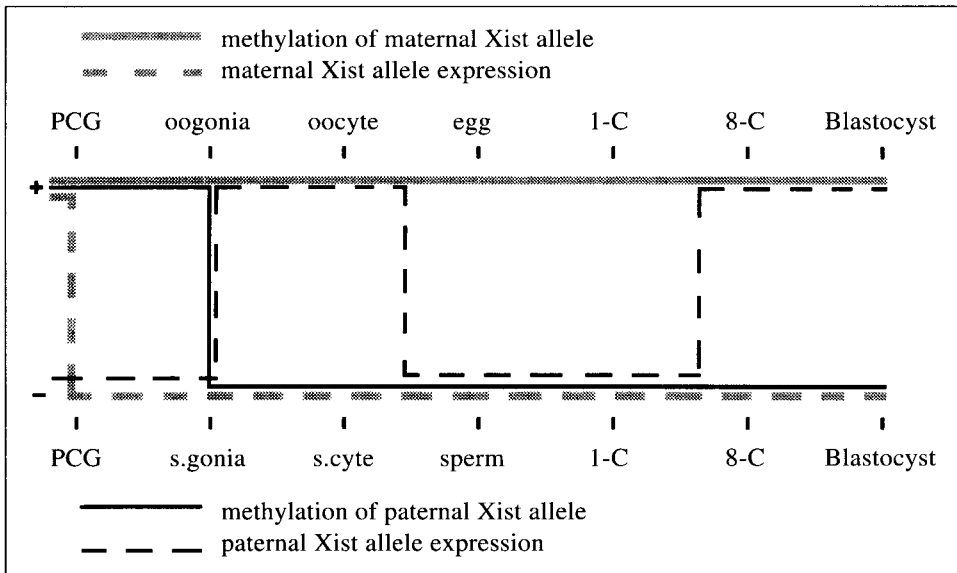
### *Spermatogenesis*

Studies on expression have shown that *Xist* transcripts are not detected in prospermatogonia cells at 15.5, 18.5 and 21.5 d.p.c. Expression is first detected at the spermatogonia stage in 6-day old male mice, continues in primary spermatocytes, and then at a diminished level in round spermatids, to finally cease in mature spermatozoa [14-16].

Studies on the methylation pattern of *Xist* during spermatogenesis reveal a striking correlation in methylation of certain CpG sites within the first exon and *Xist* expression. *Xist* is methylated (and not expressed) in prospermatogonia cells and demethylation occurs in spermatogonial cells with the initiation of expression [11]. The demethylated status is maintained throughout all further stages of spermatogenesis, in spermatids and in mature sperm. The lack of *Xist* expression in postmeiotic male germ cells is associated with the overall cessation of gene transcription occurring at this stage.

### *Oogenesis*

The *Xist* transcript has been detected in female primordial germ cells (PGCs) at 12.5 d.p.c. Then, as the oocyte enters meiosis, X chromosome reactivation occurs and *Xist*



**Fig. 1 - Diagrammatic representation of the patterns of expression and methylation of the *Xist* gene throughout spermatogenesis, oogenesis and preimplantation embryonic development. PGC = Primordial germ cell.**

expression terminates (13.5 d.p.c.) [15]. At the time of cessation of expression, female PGCs are methylated at the CpG sites studied by Ariel et al. [11] in the first exon. Methylation of these CpG sites is maintained in germinal vesicle oocytes and in mature oocytes.

### Gametes

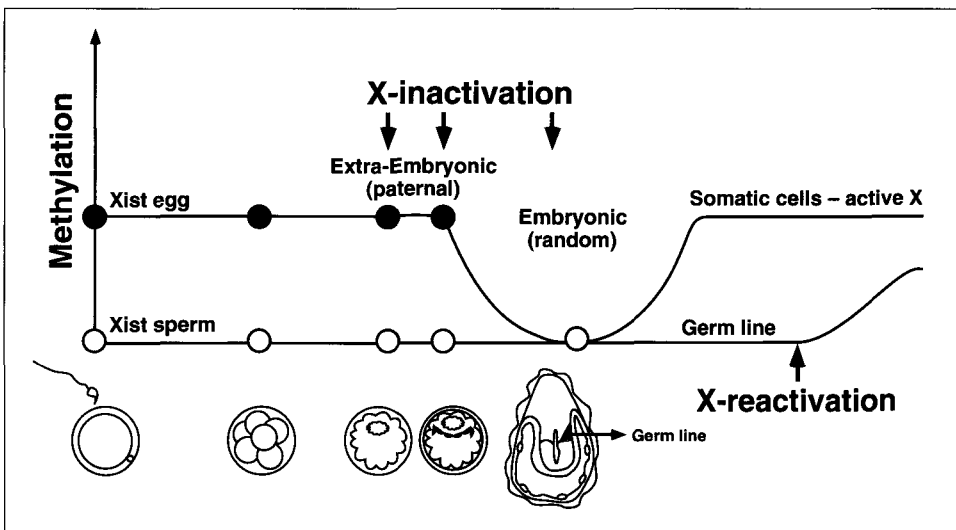
Zuccotti and Monk [10] and Ariel et al. [11] examined the pattern of methylation of a number of CpG sites in the *Xist* gene in sperm and eggs. Both groups found a difference in methylation status which correlates with the differential expression of the paternal allele during preimplantation development [4]. Zuccotti and Monk [10] looked at the promoter region close to the major transcription site and identified two CpG sites that are methylated in the female gamete, but unmethylated in the male gamete. The other three CpG sites studied within the promoter region are methylated in both sperm and eggs. The two differentially methylated sites are located in a promoter domain where the interaction between DNA and putative transcription factors is likely to occur which suggests that differential methylation is the regulatory imprint that governs protein binding. An additional six CpG sites in the first exon of the *Xist* gene were analysed by Ariel et al. [11]. These sites are also unmethylated in sperm and methylated in eggs. The absence of methylation in sperm is likely to be causal to the exclusive expression of the paternal allele in the 4-cell embryo.

*Preimplantation embryos*

Expression of the paternal *Xist* allele in the 4-cell-stage embryo occurs exclusively from the paternal allele, and continues to the blastocyst stage [4]. Expression of the female allele is first seen in the embryo at 6.5 d.p.c. [17]. The exclusive expression of the paternal allele may be explained by the observation that the methylation of the maternal allele, both in the promoter region [10] and in the first exon [11], is maintained throughout preimplantation development, while the paternal alleles remain unmethylated.

*Erasure of imprinting*

Figure 2 shows maintenance of the imprint to the blastocyst and erasure of the imprint after implantation. The paternal allele enters the zygote unmethylated at specific CpG sites, whereas the maternal alleles are methylated at these sites. The differential pattern of methylation of the two alleles is maintained to the blastocyst stage. Thus, the imprint survives the overall demethylation process which begins from the 8-cell stage [Monk et al., 1987] and marks the paternal X chromosome for inactivation in the extraembryonic lineages of the blastocyst. At the time of X inactivation in the embryonic precursor cells at implantation, we assume that the differential methylation has been erased so that now X inactivation is random in these cells.



**Fig. 2 - Diagrammatic representation of the maintenance of the differentially methylated sites during preimplantation development of the female embryo. In this model, the erasure of the methylation imprint occurs before random inactivation in fetal precursor cells and the delineation of the germ line. *De novo* methylation then distinguishes the active X chromosome in somatic cells soon after embryo implantation.**

## CONCLUDING REMARKS

This paper reviews data showing a striking correlation between *Xist* gene expression and its pattern of methylation during the different stages of both male and female gametogenesis and throughout preimplantation development. Differential methylation of CpG sites in the *Xist* promoter and first exon in sperm and eggs regulates differential expression of parental alleles in development.

Further investigations will determine the effect of methylation on the binding of known protein transcription factors to *Xist* DNA and will attempt the isolation of as yet unknown proteins showing differential binding to the unmethylated and methylated *Xist* promoter and exon regions. We expect that the *Xist* gene will continue to be a good model for understanding the genomic imprinting phenomenon. However, it must be borne in mind that other imprinted genes may have different molecular mechanisms of imprinting and a different chronology of establishment and erasure of the imprinted signal.

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