

P-1491 - EFPT EXCHANGE PROGRAMME: A NEW PROJECT TOWARDS A GLOBAL FUTURE

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Introduction: Excellence in medical training and specialization is no longer restricted to national perspectives. In an ever-growing global exchange of people and ideas, we feel the need to provide a programme offering psychiatry trainees to gather intercultural experience. **Objectives:** The EFPT (European Federation of Psychiatry Trainees) Exchange Programme aims to promote an intercultural professional exchange and cooperation among psychiatry trainees, giving the opportunity to engage in local activities, gaining experience with diverse mental health systems, with different illness manifestations and treatment options, plus to experience a distinct training programme.

Aims: To set up the first European Psychiatry Exchange Programme.

Methodology: The EFPT Exchange has, so far, the participation of 7 countries offering host institutions: Croatia, Denmark, France, Ireland, Portugal, Spain and United Kingdom. It offers 2-6 weeks observational placements. There are 2 main application periods each year: winter and summer. Advertising was done via the EFPT network of trainees by email and locally. The selection criteria included: motivation letter, CV, language proficiency and seniority in training.

Results: This first application period had 36 applications, and candidates were trainees in 11 different countries: Croatia, Finland, France, Ireland, Italy, Portugal, Romania, Serbia, Spain, Turkey and United Kingdom.

Conclusions: Taking into account the high impact of an ever-growing mobility of patients and doctors, the EFPT promotes intercultural learning for improving the mental health care service for the next generation of psychiatrists. In the future, we expect to have more placements and more participating countries.