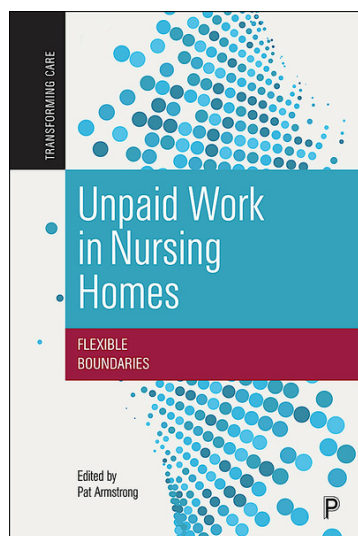


2023

Armstrong, Pat



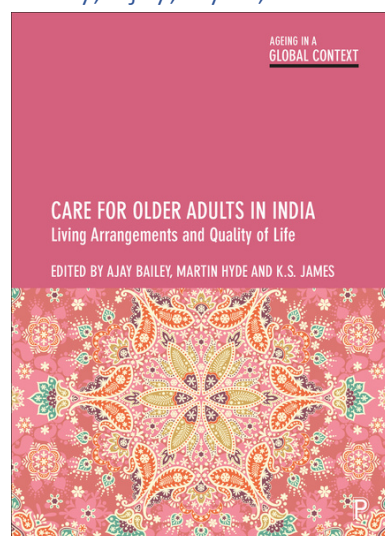
Pat Armstrong (ed.), *Unpaid Work in Nursing Homes: Flexible Boundaries*, 2023, 146 pps, pbk, £27.99, ISBN 978-1447366164

The COVID-19 pandemic has made unpaid care more visible through its absence, while also increasing the need for it. Drawing on a range of research projects covering Canada, Germany, Norway, Sweden, the UK and the US, this book documents a broad spectrum of unpaid work performed by residents, relatives, volunteers and staff in nursing homes.

It demonstrates how boundaries between paid and unpaid work are flexible, varying considerably with conditions, time, place and intersectional populations.

By examining the complex labour process within nursing homes, this book provides insight and understanding which will be critical in planning for nursing home care post-pandemic.

Bailey, Ajay; Hyde, Martin and James, K. S.



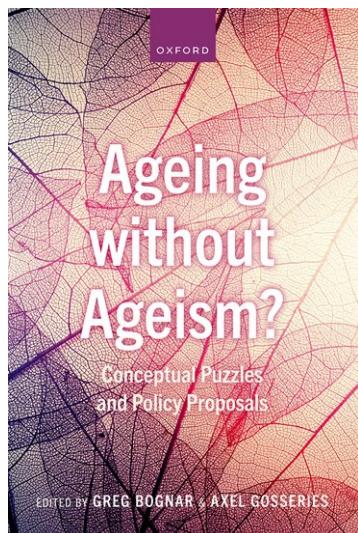
Ajay Bailey, Martin Hyde and K. S. James (eds), *Care for Older Adults in India. Living Arrangements and Quality of Life*, 2023, 264 pps, pbk, £26.99, ISBN 978-1447357391

India's ageing population is growing rapidly; over 60s constitute 7 per cent of the total population and this is projected to triple in the next four decades.

Drawing on a wide range of studies, this book examines living arrangements across India and their impact on the care and wellbeing of older people. Addressing access to welfare initiatives and changing cultural norms including co-residence, family care and migration, it reveals the diversity of living arrangements, cultural customs and the welfare issues facing older adults in India.

This book offers a crucial examination for practitioners, researchers and policymakers seeking to understand and develop the infrastructure required to meet the needs of older people in India.

Bognar, Greg and Gosseries, Axel

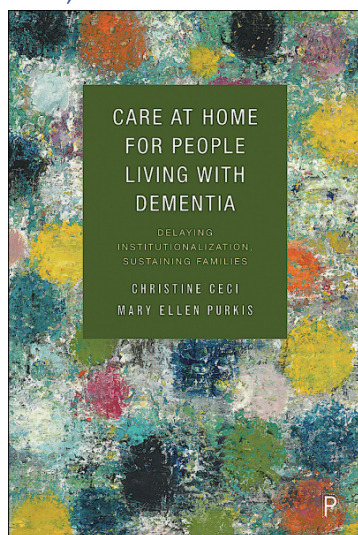


Greg Bognar and Axel Gosseries (eds), *Ageing without Ageism? Conceptual Puzzles and Policy Proposals*. 2023, 288 pps, hbk, £83.00, ISBN 9780192894090

Ageing without Ageism? contributes to the essential and timely discussion of age, ageism, population ageing, and public policy. It demonstrates the breadth of the challenges posed by these issues by covering a wide range of policy areas: from health care to old-age support, from democratic participation to education, and from family to fiscal policy.

With contributions from 21 authors the discussion bridges the gap between academia and public life by putting in dialogue fresh philosophical analysis and specific new policy proposals. It approaches familiar issues like age discrimination, justice between age groups, and democratic participation across the ages from novel perspectives.

Ceci, Christine and Purkis, Mary Ellen



Christine Ceci and Mary Ellen Purkis, *Care at Home for People Living with Dementia - Delaying Institutionalization, Sustaining Families*, Policy Press, 2023, 208 pps, pbk £26.99, ISBN 978-1447359296

What 'kind' of community is demanded by a problem like dementia?

As aspects of care continue to transition from institutional to community and home settings, this book considers the implications for people living with dementia and their carers.

Drawing on extensive fieldwork and case studies from Canada, this book analyses the intersections of formal dementia strategies and the experiences of families and others on the frontlines of care.

Considering the strains placed on care systems by the COVID-19 pandemic, this book looks afresh at what makes home-based care possible or impossible and how these considerations can help establish a deeper understanding necessary for good policy and practice.

Dowler, Shannon



Shannon Dowler, *Never Too Late: Your Guide to Safer Sex after 60*, Johns Hopkins University Press, 2023, 254 pps, pbk £16.50, ISBN 9781421446349

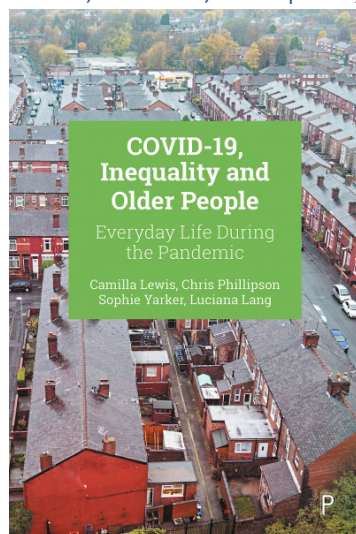
With the advent of dating apps, vibrant 55+ retirement communities, and sexual enhancement drugs, adults are sexually active well into their golden years. Take for example Mary, a widow, who lives a conventional life supporting her family and enjoying her hobbies after the death of her husband. When she's unexpectedly asked out on a date and finally capitulates, two septuagenarians discover an unexpected world of dating and intimacy. Mary's story is the new norm, and with barriers to later life sexuality removed what could go wrong? Plenty, with the number of sexually transmitted infections growing among over-65s (up by 20% from 2017-19 according to a Local Government Association report).

Never Too Late covers a host of crucial topics, including:

- How to identify the signs and symptoms of different STDs, including newer infections
- The importance of regular screening
- Best sexual practices, including guidance on medications
- Preventative measures, tests, and treatments
- Guidance on how to broach difficult conversations with romantic partners and doctors

Never Too Late is the essential guide to sexual health in later life.

Lewis, Camilla; Phillipson, Chris; Yarker, Sophie, and Lang, Luciana



Camilla Lewis, Chris Phillipson, Sophie Yarker and Luciana Lang, *COVID-19, Inequality and Older People - Everyday Life During the Pandemic*, Policy Press, 2023, 160 pages, pbk £27.99, ISBN 978-1447367444

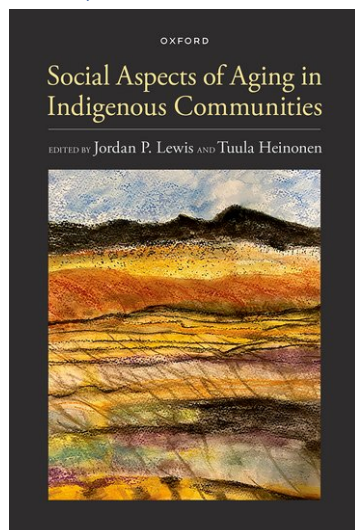
This book provides new insights into the challenges facing older people in the context of the COVID-19 pandemic.

It draws upon novel qualitative longitudinal research which recorded the experiences of a diverse group of people aged 50+ in Greater Manchester over a 12-month during the pandemic. The book analyses their lived experiences and those of organisations working to support them, shedding light on the isolating effects of social distancing.

Covering 21 organisations, as well as 102 people from four ethnic/identity groups, the authors argue that the pandemic exacerbated existing inequalities in the UK, disproportionately affecting low-income neighbourhoods and Black, Asian and minority ethnic (BAME) communities.

The book outlines recommendations in relation to developing a 'community-centred approach' in responding to future variants of COVID-19, as well as making suggestions for how to create post-pandemic neighbourhoods.

Lewis, Jordan P. and Heinonen, Tuula

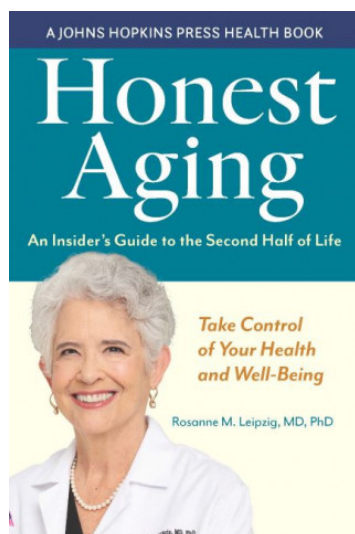


Jordan, P. Lewis and Tuula Heinonen, *Social Aspects of Aging in Indigenous Communities*, Oxford University Press, 2023, 504 pps, hbk £48.99, ISBN 9780197677216

This book represents a collection of chapters by authors committed to Indigenous aging around globe and older adults' contributions to their social, economic, and cultural environments. As the number of older people around the world continues to increase, it is important for families, communities, governments, and nations to have a better understanding of their older adults and their unique contributions, as well as their interests and needs, to ensure that they are able to age with dignity and respect and contribute to the overall health and well-being of their people and environments. The volume will include chapters from authors representing Indigenous populations from many parts of the world, who describe: 1) research studies on the

social aspects of aging among Indigenous populations, including cultural, social, and/or economic contributions of older Indigenous adults in their communities; 2) perceptions of aging and well-being among international Indigenous populations; 3) theories about Indigenous aging; and 4) policy and intervention practices (i.e., programs and services) related to older Indigenous adults. The book's chapters also point to current and emerging areas of tension and challenges facing Indigenous older persons due to economic, social and other changes in society.

Leipzig, Rosanne



Rosanne M. Leipzig, *Honest Aging – An insider's guide to the second half of life*, Johns Hopkins University Press, 2023, 432 pps, pbk \$24.99, ISBN 9781421444703

From Dr. Rosanne M. Leipzig, a top doctor with more than 35 years of experience caring for older people, *Honest Aging* is an indispensable guide to the second half of life, describing what to expect physically, psychologically, functionally, and emotionally as you age.

Leipzig, an expert in evidence-based geriatrics, highlights how 80-year-olds differ from 60-year-olds and why knowing this is important for your health. With candour, humour, and empathy, this book will provide you with the knowledge and practical advice to optimize aging.

The book clarifies mental and physical changes in aging, offers advice for common health concerns and how to make decisions about later life concerns, recommends technology options, includes checklists for medications and hospital visits and provides additional informational resources.

Lloyd, Liz



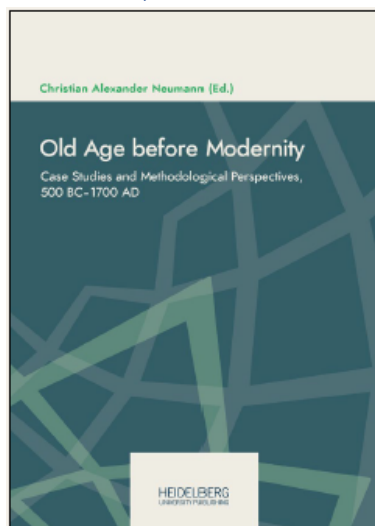
Liz Lloyd, *Unpaid Care Policies in the UK, Rights, Resources and Relationships*, Bristol Policy Press, 2023, 178 pps, hbk £85.9900, ISBN 978-1447361299

This book examines policies on unpaid care throughout the UK since the 1990 NHS and Community Care Act. It questions why, after decades of policies and strategies, unpaid care remains in a marginal position in the social care system and in society more broadly, as demonstrated during the COVID-19 pandemic.

It provides critical analysis of key policies and professional practice over three decades and highlights the continuing challenges faced by people in caring relationships, as well as reflecting on developments in the position of unpaid carers in the system of social care.

By questioning why this crucially important sphere of human life remains under-resourced, it sheds light on the ways in which care is understood and how policy makers and service providers perceive the need for support.

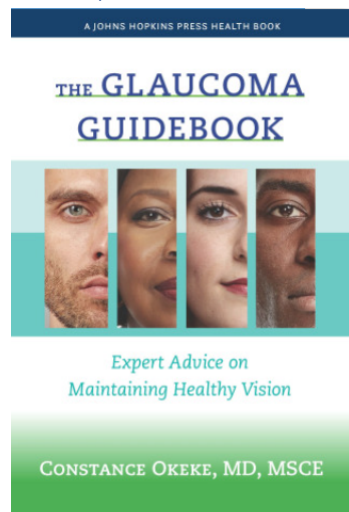
Neumann, Christian Alexander



Christian Alexander Neumann, *Old Age before Modernity, Case Studies and Methodological Perspectives, 500BC – 1700 AD*, Heidelberg University Publishing, 2023, 343 pps, pbk €45, ISBN 978-3-96822-175-5

This book investigates old age and ageing in premodern times, with a special focus on the Middle Ages. Due to fundamental demographic, social, political, economic, and technological changes from the late 19th century onwards, mainly differences in ageing and old age, but also continuities become evident. Perspectives from gerontology and the humanities, and above all from history, are combined to provide novel insights. The gerontological articles explain key theories and methods that are relevant for the analysis of historical developments, while the contributions from the humanities offer historical evidence complementary to these inputs.

Okeke, Constance



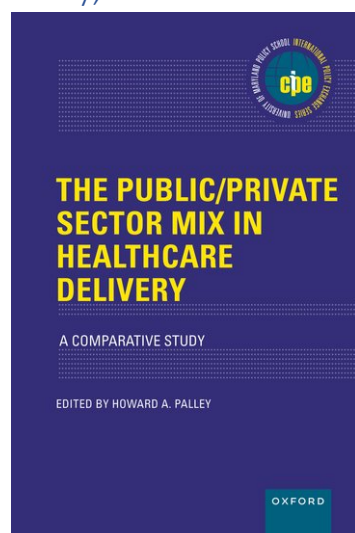
Constance Okeke, *The Glaucoma Guidebook: Expert Advice on Maintaining Healthy Vision*, Johns Hopkins University Press, 2023, 144 pps, pbk £15, ISBN 9781421445823

The Glaucoma Guidebook is an invaluable resource for anyone living with glaucoma and for those who are at high risk of developing the disease. Dr. Constance Okeke, an expert with over 20 years of experience helping thousands of patients see better, provides the critical advice and best practices needed to take control of your vision, including:

- What glaucoma is, including early symptoms
- What causes increased eye pressure
- Treatment options
- How to prevent blindness

With easy-to-follow advice from both Dr. Okeke and actual glaucoma patients, this book helps patients understand and manage glaucoma better.

Palley, Howard

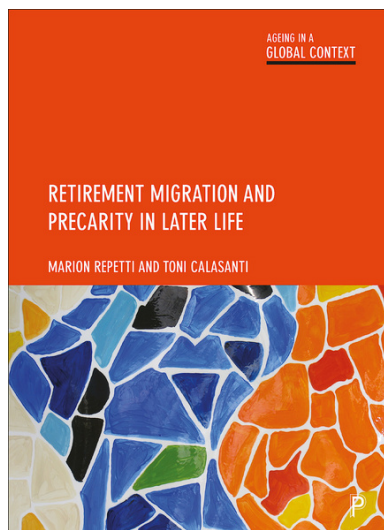


Howard Palley, *The Public/Private Sector Mix in Healthcare Delivery - A Comparative Study*, Oxford University Press, 2023, 352 pps, hbk £62.00, ISBN 9780197571101

This volume examines the public/private sector mix in a variety of national healthcare systems and their interface with the goals of health equity and quality of healthcare. By examining the mix of public and private sector funding of healthcare services as well as the mix of public and private sector delivery of healthcare services in various national contexts, authors address the question of how various national systems are affected with respect to their ability, or the lack thereof, to achieve goals of health equity and quality of healthcare in an efficient manner. The significance of this collection of national studies involving the public/private sector mix is that it provides insights into the factors that enhance the public/private

sector mix in fulfilling the goals of health equity and the quality of healthcare services as well as an understanding of the circumstances in which elements of the public/private sector mix may be harmful for the achievement of such goals. This volume examines these issues as they have arisen in the United States, Canada, Australia, France, Sweden, the Netherlands, Italy, Mexico, Chile, Uruguay, Brazil, the Russian Federation and Taiwan.

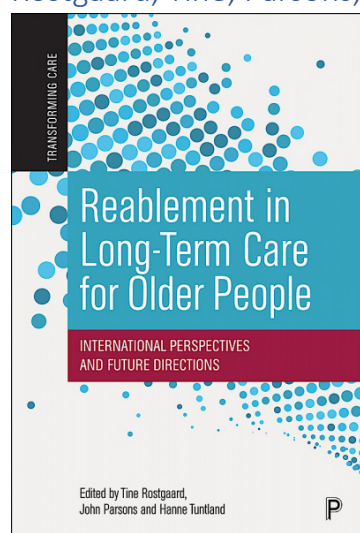
Repetti, Marion and Calasanti, Toni



Marion Repetti and Toni Calasanti, *Retirement Migration and Precarity in Later Life*, 2023, 160 pps, hbk, £79.99, ISBN 978-1447358213

The last few decades have seen an increase in the migration of ageing people from richer Northern and Western countries to poorer Southern and Eastern countries. This book seeks to understand the motivation behind retirement migration and how precarity in later life contributes to this trend. Drawing on accounts of retirees from different nations, the book examines how welfare policies in their home country and their country of migration interact to shape their experiences of migration. It shows how ageism impacts social precarity across different social classes, and across economic, social and health dimensions. It also evaluates how local and global systems of inequalities influence retirement migrants' experience, providing both opportunities and constraints that differ across countries.

Rostgaard, Tine; Parsons, John and Tuntland, Hanne



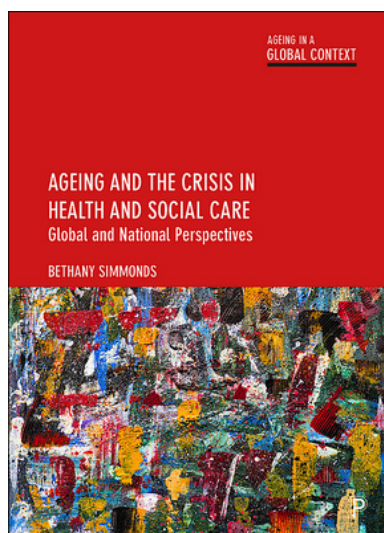
Tine Rostgaard, John Parsons and Hanne Tuntland, *Reablement in Long-Term Care for Older People - International Perspectives and Future Directions*, Policy Press, 2023, 248 pages, hbk £80.00, ISBN 978-1447359913

Our societies are ageing, and we need to identify sustainable and person-centred solutions for supporting frail older people in their homes.

Reablement offers a radical new integrated care approach which supports older people to regain and maintain functioning and independence. This interdisciplinary book provides an introduction to the remarkable if haphazard international growth in reablement policies and practices in aged care over the past twenty years.

Incorporating theoretical and empirical research, it considers benefits for clients and care workers, cost-saving potentials and reablement provision also for persons with dementia. Finally, the book reflects on key findings, challenges and the way forward for long-term care for older people.

Simmonds, Bethany



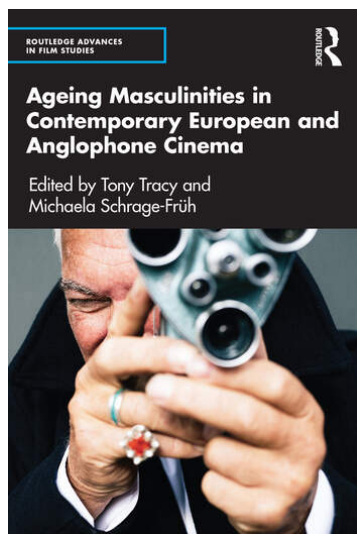
Bethany Simmonds, *Ageing and the Crisis in Health and Social Care: Global and National Perspectives*, 2023, 162 pps, pbk £26.99, ISBN 978-1447348719

Neoliberal political discourses have normalised the belief in northern European countries that individuals are responsible for their health and wellbeing, regardless of social class, gender, or ethnic background.

Drawing on examples from Germany, Sweden and the UK, Simmonds critically examines how the neoliberalisation and marketisation of health and social care have created an adverse environment for older people, who lack social and cultural capital to access the care they need. This crucial analysis scrutinises provision for ageing populations on an individual, national and global level.

Challenging current political and social policy approaches, this rigorous text discusses innovative solutions to contemporary challenges in a complex care system.

Tracy, Tony



Tony Tracy, Michaela Schrage-Früh (Ed.), *Ageing Masculinities in Contemporary European and Anglophone Cinema*, Taylor & Francis, 2023, 252 pages, pbk £24.49, ISBN 9781032306636

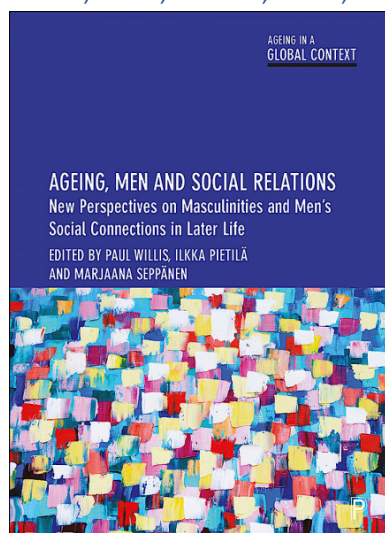
This volume offers a unique exploration of how ageing masculinities are constructed and represented in contemporary international cinema.

With chapters spanning a range of national cinemas, the primarily European focus of the book is juxtaposed with analysis of the social and cultural constructions of manhood and the "anti-ageing" impulses of male stardom in contemporary Hollywood. These themes are inflected in different ways throughout the volume, from considering how old age is not the monolithic and unified life stage with which it is often framed, to exploring issues of queerness, sexuality, and asexuality, as well as themes such as national cinema

and dementia.

Offering a diverse and multifaceted portrait of ageing and masculinity in contemporary cinema, this book will be of interest to scholars and students of film and screen studies, gender and masculinity studies, and cultural gerontology.

Willis, Paul; Pietilä, Ilkka, and Seppänen, Marjaana



Paul Willis, Ilkka Pietilä and Marjaana Seppänen, *Ageing, Men and Social Relations - New Perspectives on Masculinities and Men's Social Connections in Later Life*, Policy Press, 2023, 224 pages, hbk £85.00, ISBN 978-1447363057

While there has been a gradual increase in scholarship on men, ageing and masculinities, little attention has been paid to the social relations of men in later life and the implications for enhancing their social wellbeing and counteracting ageist discourse.

Bringing together scholars in social gerontology and the social sciences from across Global North and South nations, this collection fills the gaps in key texts by foregrounding older men's experiences.

It provides new perspectives across the intersections of old age, ethnicities, class and sexual and gender identity, paying particular attention to older men from seldom heard or marginalised groups.

Zhang, Angela Rong Yang

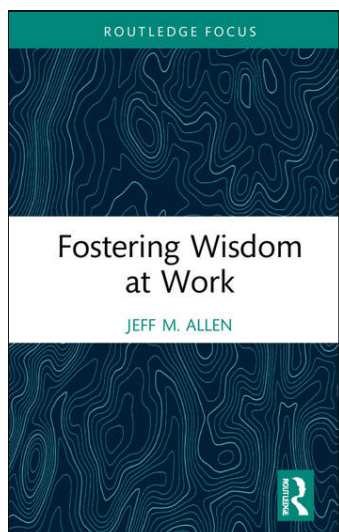


Angela Rong Yang Zhang, *At Home in a Nursing Home: An Ethnography of Movement and Care in Australia*, Berghahn, 2023, 218 pages, hbk. £99.00, ISBN 9781800736641

Focusing on contemporary ideas about how aged care is provided, this book poses the question: How can people who are aged and frail live out the final phase of their lives with dignity? In seeking answers, the author examines what it means to be 'at home' in residential care in a novel and compassionate way. In an ethnographic study of how elderly residents can be given the right care, this book provides a new route into the bodily realities of ageing. It is a vital contribution to the search for alternative approaches to aged care provision.

2022

Allen, Jeff M.

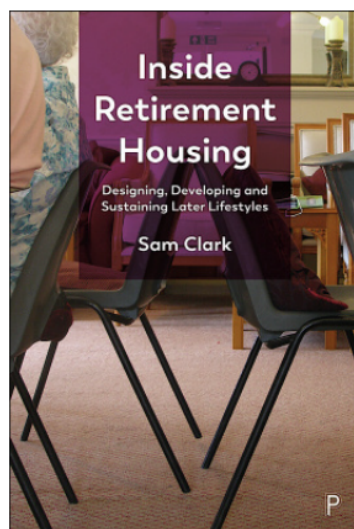


Jeff M. Allen, *Fostering Wisdom at Work*, Routledge, 2022, 142 pps, hbk £44.99, ISBN 9780367893569

Most people can name dozens of knowledgeable people in their private and business lives, but highly value the very limited number deemed as wise. The fields of gerontology, psychology, and social science have attempted to study the phenomena of wisdom with little significant clarity or understanding of the construct within the expansive workforce development field. Wisdom, as an important aspect of a growing global knowledge economy, lacks the frameworks and theories needed for fostering workplace wisdom.

This book brings a scholarly scrutiny to the study of wisdom, propelling the attribute to prominence within the broad field of workforce development and particularly within the growing context of a global knowledge economy. It investigates the characteristics of wisdom and offers theories, frameworks, techniques to foster wisdom in the workplace, recognizing it as a vital key to success for individuals and society.

Clark, Sam



Sam Clark, *Inside Retirement Housing: Designing, Developing and Sustaining Later Lifestyles*, Policy Press, Bristol, 2022, 248 pps, hbk £85,00, ISBN 978-1447357629

Many developed nations face the challenge of accommodating a growing, ageing population and creating appropriate forms of housing suitable for older people.

Written by an architect, this practice-led ethnography of retirement housing offers new perspectives on environmental gerontology. Through stories and visual vignettes, it presents a range of stakeholders involved in the design, construction, management and habitation of third-age housing in the UK, to highlight the importance of design decisions for the everyday lives of older people.

Drawing on unique and interdisciplinary research methods, its fresh approach shows researchers how well-designed retirement housing can enable older people to successfully age in place for longer, and challenges designers, developers and providers to evolve their design practices and products.

Hafford-Letchfield, Trish; Simpson, Paul and Reynolds, Paul



Edited by Trish Hafford-Letchfield, Paul Simpson and Paul Reynolds, *Sex and Diversity in Later Life, Critical Perspectives*, 2022, 264 pps, paperback £26.99, ISBN 978-1447355410

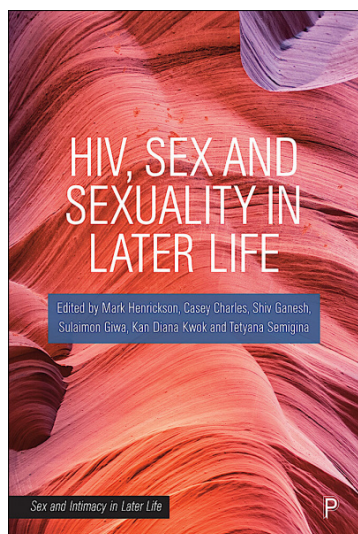
Despite increased awareness of sexual diversity, older people's accounts of sex and intimacy remain marginalised.

This edited volume addresses diversity in sexual and intimate experience later in life (50+) and captures international research and analysis relating to intersectional identities. Contributors explore how being older intersects with differences of ethnicity, gender, sexuality, and class.

Offering a critical focus and original contribution to an emerging, although still relatively neglected field, this collection extends knowledge concerning intimacies, practices, and pleasures for those thought to represent normative, non-normative and 'new normative'

forms of sexual identification and expression.

Henrickson, Mark; Charles, Casey; Ganesh, Shiv; Giwa, Sulaimon; Kwok, Kan Diana, and Semigina, Tetyana



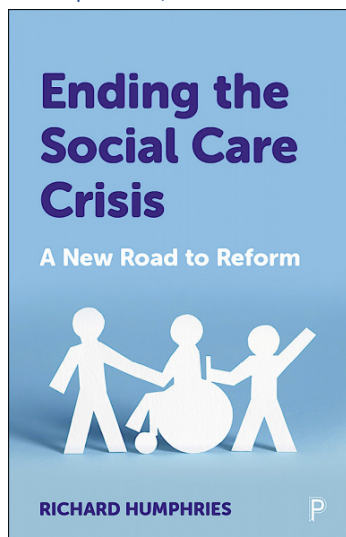
Mark Henrickson, Casey Charles, Shiv Ganesh, Sulaimon Giwa, Kan Diana Kwok and Tetyana Semigina, *HIV, Sex and Sexuality in Later Life*, Policy Press, 2022, 224 pps, hbk £85.00, ISBN 978-1447361978

Following the development of anti-retroviral therapies (ARVs), many people affected by HIV in the 1980s and 1990s have now been living with the condition for decades.

Drawing on perspectives from leading scholars in Bangladesh, Canada, Hong Kong, New Zealand, Switzerland, Ukraine, the UK, and the US, as well as research from India and Kenya, this book explores the experiences of sex and sexuality in individuals and groups living with HIV in later life. Contributions consider the impacts of stigma, barriers to intimacy, physiological sequelae, long-term care, undetectability, pleasure and biomedical prevention.

With the increasing global availability of ARVs and ageing populations, this book offers essential future directions, practical applications and implications for both policy and research.

Humphries, Richard



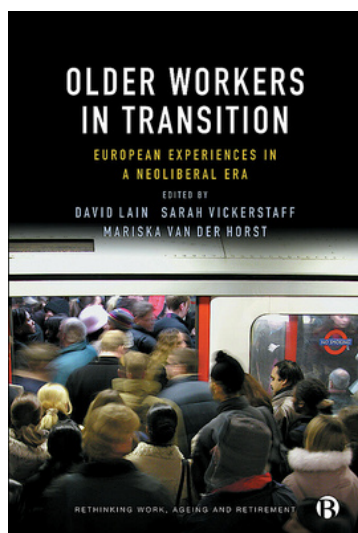
Richard Humphries, *Ending the Social Care Crisis - A New Road to Reform*, Policy Press, 2022, 316 pages, pbk £14.99m ISBN 978-1447364450

What lies behind England's crisis in adult social care, why has real change been so hard and what can be done?

Ensuring effective, sustainable, and affordable care and support for people of all ages is an urgent public policy challenge. This vital book outlines a different vision of social care as an essential part of the country's economic and social infrastructure that enables people to live good lives.

Drawing on the history of social care, international comparisons and lived experience, it sets out a different road to reform that will secure political traction and public support for change.

Lain, David; Vickerstaff Sarah and van der Horst, Mariska



David Lain, Sarah Vickerstaff and Mariska van der Horst, *Older Workers in Transition European - Experiences in a Neoliberal Era*, 2022, 214 pps, paperback £80, ISBN 978-1529215007

More people are extending their working lives through necessity or choice in the context of increasingly precarious labour markets and neoliberalism. This book goes beyond the aggregated statistics to explore the lived experiences of older people attempting to make job transitions.

Drawing on the voices of older workers in a diverse range of European countries, leading scholars explore job redeployment and job mobility, temporary employment, unemployment, employment beyond pension age and transitions into retirement.

This book makes a major contribution and will be essential reading within a range of disciplines, including social gerontology, management, sociology and social policy.

Luk, Sabrina Ching Yuen; Zhang, Hui, and Yuen, Peter Pok-Man



AGEING AND EFFECTING LONG-TERM CARE IN CHINA

Sabrina Ching Yuen Luk, Hui Zhang
and Peter Pok-Man Yuen



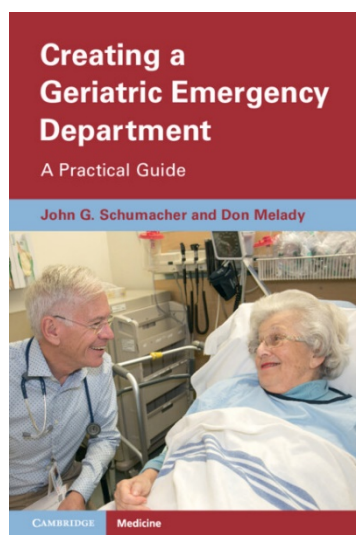
Sabrina Ching Yuen Luk, Hui Zhang, Peter Pok-Man Yuen, *Ageing and Effecting Long-term Care in China*, Routledge, 2022, 194 pps, hbk £84.00, ISBN 9780367174996

Recognizing rapidly ageing population is one key concern faced by cities and the challenge it would present to healthcare system, this book looks at ageing in China's population as well as the delivery and financing of long-term care (LTC) in China.

The book compares key features of long-term care insurance (LTCI) schemes in 15 pilot cities and evaluates the sustainability of various financing models adopted by the cities in the LTCI schemes. The book uses an interpretive case study approach to give an in-depth look into the LTC models in three pilot cities – Qingdao, Nantong, and Shanghai. The three cities represent three different models of financing and delivering LTC. To assess how effective the LTC models in these three cities are, the book uses five criteria, including utilization of medical resources, cost, equity, quality of care and sustainability. Also, the authors discuss how the financing and delivery of LTC can be improved in China, the impact of the 2019 coronavirus (COVID-19) pandemic on older adults in need of LTC in the country and the implications of China's LTCI reform for other countries.

The book will be a useful reference to scholars and policy-makers who look at urban ageing and healthcare costs and delivery.

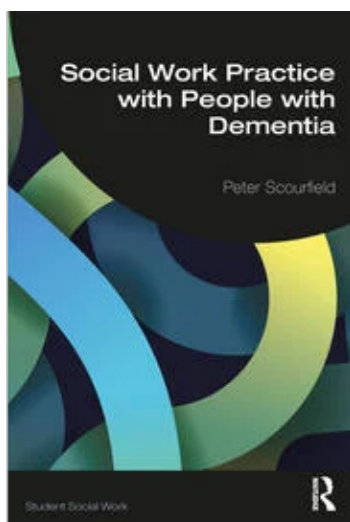
Schumacher, John and Melady, Don



John Schumacher and Don Melady, (2022) *Creating a Geriatric Emergency Department. A Practical Guide*. Cambridge University Press, 2022, 256 pps, pbk £21.99, ISBN 9781009039253

Globally, EDs face new challenges as the world's population ages. Visits from older people are predicted to rise for the next 20 years. This practical and accessible book provides essential guidance on assessing the ED care of older patients - and improving it. It assists ED teams to implement changes tailored to their unique environments, providing guidance across all settings regardless of size, location or resources. Experience- and evidence-based elements combine to guide best practices for older patient flow, staff and patient satisfaction, and improving patient health outcomes. The book features proven ideas for creating a geriatric ED such as specific staff training, modifying job roles, implementing new care processes, and adapting physical spaces. An invaluable resource for practising ED clinicians, leaders, administrators, educators, and system change leaders.

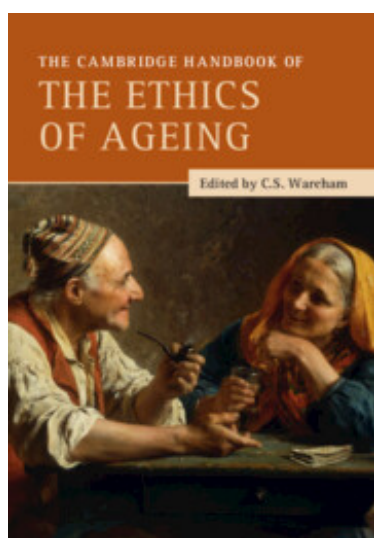
Scourfield, Peter



Peter Scourfield, *Social Work Practice with People with Dementia*, Taylor & Francis, 2022, 196 pps, pbk £35.99, ISBN 9781032043661

Social Work Practice with People with Dementia critically discusses the cultural and discursive contexts in which social work with dementia takes place. This is because how we think about dementia influences how we treat people living with the condition. The book also explains the demographic context that has made dementia a global public health priority in recent years. The different forms of dementia are discussed in a way that is accessible to a non-medical readership. The book discusses the different settings and circumstances in which social work with people with dementia and their carers takes place and examines the chief elements of the social work role. In doing this, it explains the professional knowledge, skills and values that social workers need in order to practice effectively in this area of growing importance. Part of this is appreciating how approaches to dementia care have evolved over time. In this context, the book discusses how the dominant bio-medical model has been challenged by person-centred and rights-based approaches. As a key part of social work is to offer people choices, the book provides information about a wide range of health, social care and other services that are available, whilst also highlighting the gaps that exist for different groups and in different areas. Case studies and activities help the reader apply theory to practice.

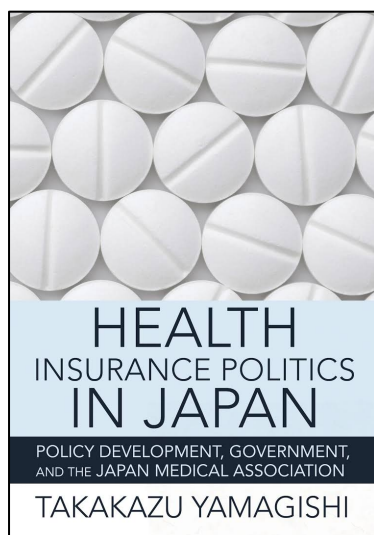
Wareham, C.S.



C.S. Wareham (ed.), *The Cambridge Handbook of the Ethics of Ageing*, Cambridge University Press, 2022, 380 pages, pbk. £26.99, ISBN 9781108817042

We're all getting older from the moment we're born. Ageing is a fundamental and ubiquitous aspect of life. Yet in ethics, not much work is done on the questions surrounding ageing: how do diachronic features of ageing and the lifespan contribute to the overall value of life? How do time, change, and mortality impact on questions of morality and the good life? And how ought societies to respond to issues of social justice and the good, balancing the interests of generations and age cohorts? In this Cambridge Handbook, the first book-length attempt to stake this terrain, leading moral philosophers from a range of sub-fields and regions set out their approaches to the conceptual and ethical understanding of ageing. The volume makes an important contribution to significant debates about the implications of ageing for individual well-being, social policy and social justice.

Yamagishi, Takakazu



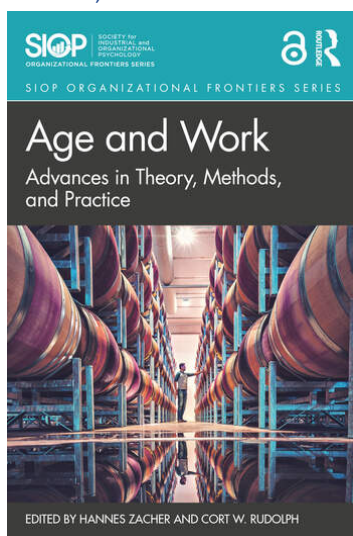
Takakazu Yamagishi, *Health Insurance Politics in Japan – Policy Development, Government, and the Japan Medical Association*, Cornell University Press, USA, 2022, 234 pps, hbk \$46.95, ISBN 978-1-5017-6349-6

Japan is the fastest aging country, with the largest super-aged society in the world and growing larger by the day, yet its universal health care costs are relatively low. In *Health Insurance Politics in Japan*, Takakazu Yamagishi draws back the curtain for an international audience and investigates how Japan has been able to control health care costs through health insurance politics.

Covering the period from the Meiji Restoration to the Abe Administration, Yamagishi uses a historical institutionalist approach to examine the driving force behind the development of health insurance policies in Japan. Yamagishi pays special attention

to the roles of government and medical professionals, the main actors of the policymaking and medical worlds, in this development. *Health Insurance Politics in Japan* pushes Japan into the spotlight of the international conversation about health care reform.

Zacher, Hannes and Rudolph, Cort



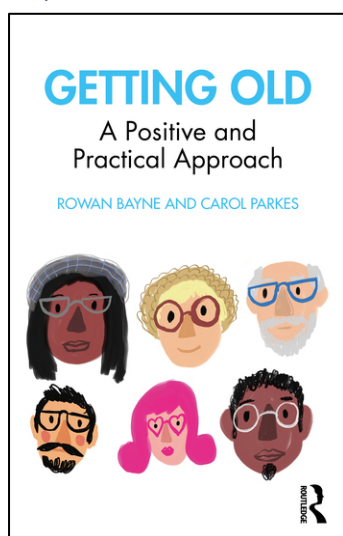
Hannes Zacher, and Cort W. Rudolph, *Age and Work - Advances in Theory, Methods, and Practice*, Routledge, 2022, 372 pps, pbk \$41.99, ISBN 9780367545536

The edited volume *Age and Work: Advances in Theory, Methods, and Practice* presents a systematic collection of key advances in theory, methods, and practice regarding age(ing) and work. This collection develops novel and useful theory, explains underutilized but important methodological approaches, and suggests original practical applications of emerging research topics.

The book begins with a prologue by the World Health Organization's unit head for aging and health, an introduction on the topic by the editors, and an overview of past, current, and future workforce age trends. Subsequently, the first main section outlines theoretical advances regarding alternative age constructs (e.g., subjective age), intersectionality of age with gender and social class, paradoxical age-related actions, generational identity, and integration of lifespan theories. The second section presents methodological advances regarding behavioural assessment, age at the team and organizational levels, longitudinal and diary methods, experiments and interventions, qualitative methods, and the use of archival data. The third section covers practical advances regarding age and job crafting, knowledge exchange, the work/nonwork interface, healthy aging, and absenteeism and presenteeism, and organizational meta-strategies for younger and older workers. The book concludes with an epilogue by an eminent scholar in age and work.

2021

Bayne, Rowan and Parkes, Carol



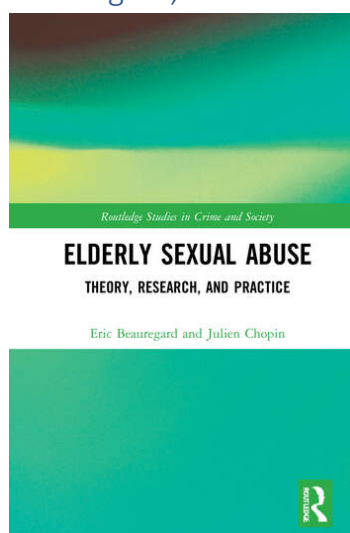
Rowan Bayne and Carol Parkes, *Getting Old. A Positive and Practical Approach*, Routledge, 2021, 146 pps, pbk £11.99, ISBN 9781138566033

Getting Old offers concise advice and practical suggestions for all readers interested in or worried about ageing, either in themselves or in someone they care about. With a focus on a positive view of ageing, it discusses central physical and mental aspects of getting old, as well as the social and psychological aspects such as choosing where to live and becoming more oneself.

Rowan Bayne and Carol Parkes take a pragmatic approach to reviewing what is happening in many aspects of your life as you age. Essential topics covered include mobility; diet and digestion; understanding and improving sleep; memory problems and dementia; being an active participant in consultations about your

own healthcare; attitudes to getting old; romantic relationships and loneliness; deciding where to live, moving house and choosing other types of living arrangements; and death and grief. They invite readers to focus on their own life and experience, to understand who they are and what they really want now. An important part of self-understanding is the application of personality theory to changes associated with getting old, and readers are encouraged to reflect on what might work for people with their personality characteristics, and how to improve their stress management, communication and decision making. With suggestions for further reading and useful organisations that offer support, Getting Old offers valuable, affirming guidance for all those and their relatives going through this life stage, as well as health, social care and counselling students and professionals.

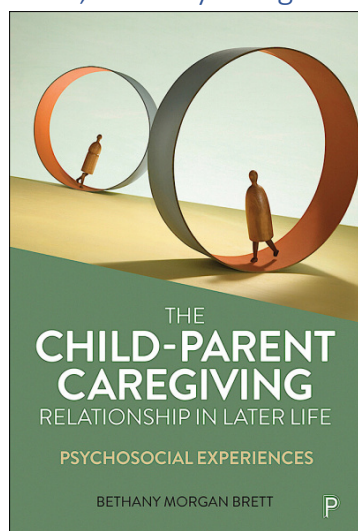
Beauregard, Eric and Chopin, Julien



Eric Beauregard and Julien Chopin, *Elderly Sexual Abuse. Theory, Research, and Practice*, Routledge, 2021, 182 pps, hbk £96.00, ISBN 9780367638597

This book offers an analytical review of the state of knowledge on elderly sexual abuse and presents new data that will confront some of the accepted ideas and some of the myths associated with this specific form of sexual violence. Sexual violence research has often considered children to be the most vulnerable population. However, another population just as vulnerable to sexual abuse but often overlooked by researchers, is the elderly. Evidence shows that elderly victims are more likely to be attacked by strangers, most likely to be victimized in their own homes, and are usually less capable of resisting

Brett, Bethany Morgan



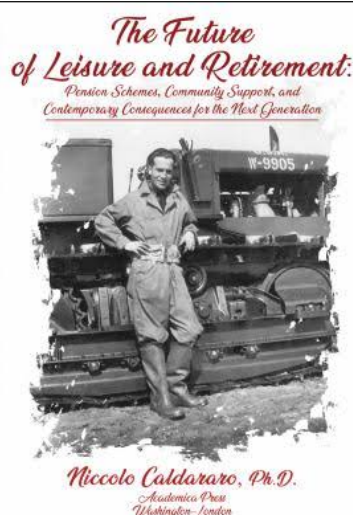
Bethany Morgan Brett, *The Child-Parent Caregiving Relationship in Later Life - Psychosocial Experiences*, Policy Press, 2021, 152 pps, pbk £26.99, ISBN 978-1447319696

This book presents a poignant and sensitive account of the challenges faced by adult children when making difficult decisions about care for and with their ageing parents in later life.

It offers new insights into the practical, emotional and physical effects that witnessing the ageing and death of parents has on those in late midlife and how these relationships are negotiated during this phase of the life course.

The author uses a psychosocial approach to understand the complexity of the experience of having a parent transition to care and the ambiguous feelings that these decisions evoke.

Caldararo, Niccolo

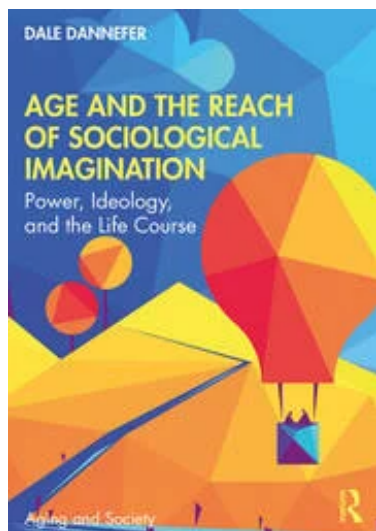


Niccolo Caldararo, *The Future of Leisure and Retirement: Pension Schemes, Community Support, and Contemporary Consequences for the Next Generation*, Academica Press, 2021, 260 pps, hbk \$99.95, ISBN 978-1680532364

The Future of Leisure and Retirement explores social support for the elderly in cross-cultural and historical contexts. Beginning with a comparison of various cultural traditions developed in complex societies from ancient times to modern, this vital new book argues that how a society values its aged citizens and views their contributions to society determines its willingness to provide for their support. Recently, an increasing number of U.S. companies have raided their pension funds to stay afloat or have closed them and transferred liability. Major changes to U.S. federal laws concerning pensions and the responsibility of corporations to fund

them have been made under the Pension Protection Act of 2006. Worldwide, workers' retirement payments are under assault, as are investments by pension funds due to laws governing priority of payment. The need for retirement support of some kind in the post-Covid-19 world will require new forms as well as the recovery of pre-Covid-19 savings and investments.

Dannefer, Dale

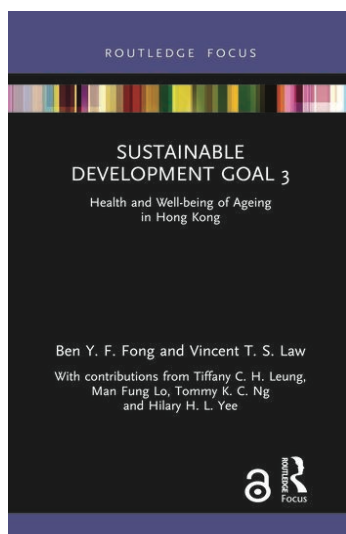


Dannefer, Dale, *Age and the Reach of Sociological Imagination Power, Ideology and the Life Course*, Routledge, 2021, 254 pps, paperback £26.99, ISBN 9780367190897

The dominant narratives of both science and popular culture typically define aging and human development as self-contained individual matters, failing to recognize the degree to which they are shaped by experiential and contextual contingencies. Our understandings of age are thereby "boxed in" and constricted by assumptions of "normality" and naturalness that limit our capacities to explore possible alternative experiences of development and aging, and the conditions – both individual and social – that might foster such experiences.

Combining foundational principles of critical social science with recent breakthroughs in research across disciplines ranging from biology to economics, this book offers a scientifically and humanly expanded landscape for apprehending the life course. Rejecting familiar but false dichotomies such as "nature vs. nurture" and "structure vs. agency", it clarifies the organismic fundamentals that make the actual content of experience so centrally important in age and development, and it also explores why attention to these fundamentals has been so resisted in studies of individuals and individual change, and in policy and practice as well.

Fong, Ben and Law, Vincent



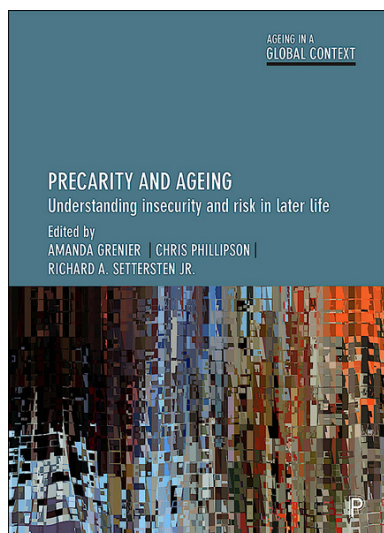
Ben Y.F. Fong and Vincent T.S. Law, *Sustainable Development Goal 3 - Health and Well-being of Ageing in Hong Kong*, Routledge, 2021, 84 pps, hbk £44.99, ISBN 9781032115092

Sustainable Development Goals (SDGs) aim to develop a better and sustainable future for the world, and the goals are part of an action plan to address poverty, hunger, health, gender equity and various pressing world issues. One of these goals looks at health and wellness. Ageing populations have become a crucial issue worldwide, and this short monograph explores ageing and how the consequences of an ageing population may affect our healthcare system through a case study on Hong Kong's population.

The book looks at several critical health issues related to ageing. The elderly, particularly those with low socio-economic status, rely more on acute-centric care rather than primary care. The book suggests that secondary care service may only be effective to a limited extent as a healthcare measure and an optimum healthcare system should be one that focuses on primary care. The authors put forth a compelling argument for disease prevention and screening schemes and explain how they are more cost-effective and beneficial to society and the system.

This thoughtful book will provide beneficial insights into the relationship of ageing and Sustainable Development Goals in the context of health and wellness for policymakers and healthcare professionals.

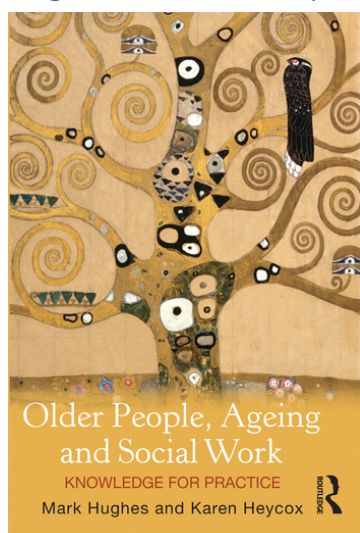
Grenier, Amanda; Phillipson, Chris and Settersten, Jr., Richard A.



Edited by Amanda Grenier, Chris Phillipson and Richard A. Settersten Jr. Precarity and Ageing. Understanding Insecurity and Risk in Later Life, 2021, 272 pps. Paperback, £24.99, ISBN 978-1447340867

What risks and insecurities do older people face in a time of both increased longevity and widening inequality? This edited collection develops an exciting new approach to understanding the changing cultural, economic and social circumstances facing different groups of older people. Exploring a range of topics, the chapters provide a critical review of the concept of precarity, highlighting the experiences of ageing that occur within the context of societal changes tied to declining social protection. Drawing together insights from leading voices across a range of disciplines, the book underscores the pressing need to address inequality across the life course and into later life.

Hughes, Mark and Heycox, Karen



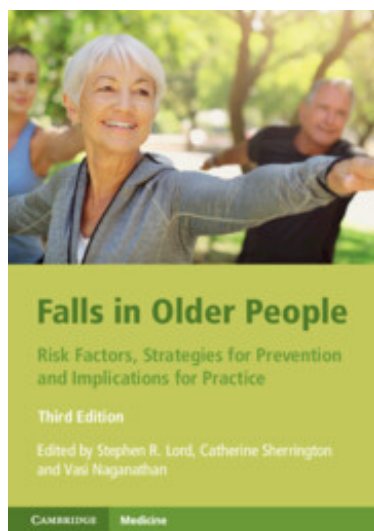
Mark Hughes and Karen Heycox, *Older People, Ageing and Social Work*, Routledge, 2021, 348 pps, pbk £34.99, ISBN 9780367718879

'Essential reading for practitioners, educators and researchers within the general field of social work with older people.' - From the foreword by Mark Lymbery, Associate Professor of Social Work, University of Nottingham

The reality of our ageing population means all social workers need to be confident in working with older people. Social workers are engaged in ongoing practice with older people in a variety of contexts, from hospitals, aged care assessment teams and mental health services to employment services, housing services and rehabilitation services.

Older People, Ageing and Social Work draws on theoretical, research, policy and practice knowledge to inform contemporary practice with older people. Hughes and Heycox demonstrate that high level professional skills are required in this area as well as detailed knowledge of the issues affecting older people's lives. They argue that practitioners need to take into account the social and emotional needs of the older people they work with, as well as the practical and administrative aspects of their roles. They emphasise understanding the diversity of the older population and enabling older people to make the most of their strengths and capacities.

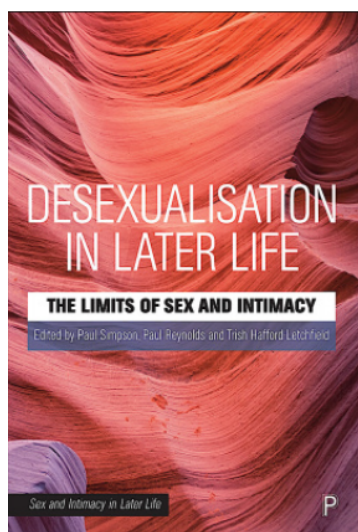
Lord, Stephen, Sherrington, Catherine and Naganathan, Vasi



Stephen R. Lord, Catherine Sherrington and Vasi Naganathan, *Falls in Older People*, Cambridge University Press, 2021, 500 pps, pbk £54.99, ISBN 9781108594455

This third edition of a trusted resource brings together the latest literature across multiple fields to facilitate the understanding and prevention of falls in older adults. Thoroughly revised by a multidisciplinary team of authors, it features a new three-part structure covering epidemiology and risk factors for falls, strategies for prevention and implications for practice. The book reviews and incorporates new research in an additional thirteen chapters covering the biomechanics of balance and falling, fall risk screening and assessment with new technologies, volitional and reactive step training, cognitive-motor interventions, fall injury prevention, promoting uptake and adherence to fall prevention programs and translating fall prevention research into practice. This edition is an invaluable update for clinicians, physiotherapists, occupational therapists, nurses, researchers, and all those working in community, hospital and residential or rehabilitation aged care settings.

Simpson, Paul; Reynolds, Paul; Hafford-Letchfield, Trish, Editors



Paul Simpson, Paul Reynolds and Trish Hafford-Letchfield (eds), *Desexualisation in Later Life: The Limits of Sex and Intimacy*, Policy Press, Bristol, UK, 2021, 208 pps, pbk £26.99, ISBN 978-1447355472

Despite evidence of a more sexually active 'third age', ageing and later life (50+) are still commonly represented as a process of desexualisation.

Challenging this assumption and ageist stereotypes, this interdisciplinary volume investigates the experiential and theoretical landscapes of older people's sexual intimacies, practices and pleasures. Contributors explore the impact of desexualisation in various contexts and across different identities, orientations, relationships and practices.

This enlightening text, reflecting international scholarship, considers how we can distinguish the real challenges faced by older people from the prejudices imposed on them.